

Himalayan Spa Break 8 days



Ananda Rejuvenation Spa offers a serene and truly unforgettable experience of pure pampering and relaxation in exquisitely beautiful surroundings in the tranquil foothills of the Himalayas.

TOUR DETAILS:

- Starts in: Delhi / Ends in: Delhi
- Departs: Any day of the year
- No local payment required
- Breakfast: 7, Lunch: 6, Dinner: 6
- Hotel Rating: Deluxe
- Tour Guide: No

ONLINE RESOURCES:

- For a detailed GO GUIDE - [click here](#)
- To book this trip - [click here](#)
- To enquire about this trip - [click here](#)

TOUR MAP:



QUICK WEB LINKS

[India Prices](#) ::: [Why Us for India?](#) ::: [Best Places to Visit](#) ::: [Best Time to Visit](#) ::: [India Reviews](#) ::: [Hotels in India](#) ::: [India - Useful Info](#) ::: [FAQs on India](#) ::: [India Visas](#) ::: [India Gallery](#)

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Day 1: Delhi

Morning transfer to Delhi railway station for the train to Haridwar. Travel comfortably in the air-conditioned 1st class wagon of the Dehradun Shatabdi Express to Haridwar. Onward private transfer to Ananda Spa in the foothills of the Himalayas. Overnight - Ananda Spa

Days 2 - 7:

Soothe your senses with serene silences at Ananda. Situated 260km away from Delhi, set amongst the 100 acres of virgin forest, 3000 feet above the sea level and soaring over the calming counters of the Ganges, nestles South Asia's first resort and spa. Once the residence of the Maharaja of Tehri Garhwal, the palace and precincts now invite the leisure, lifestyle and business traveller. A legendary fount of religion and spirituality, Narendra Nagar, inspired the creation of the santurary for the Maharaja. The Palace itself was built at various stages for different reasons of hospitality. In 1910 an annexe was added to commemorate the arrival of the British viceroy, who often visited and this new annexe served to house his entourage. The annexe which currently hosts the Billiard Room, the Tea Lounge, the Library, the Viceregal Suite and other facilities, boasts of having hosted some of the most extravagant occasions for both royalty and nobility, who were frequent visitors here. Orchestras played in the ballroom, political dignitaries came up for a breath of cool air and to gaze at the stars.

Spiritual heads like Ma Anandamayi and Swami Sivananda lent the palace an aura of peace, tranquillity and learning when they blessed it with their presence. They had disciples who flocked from near and far to hear their preachings. Experience the lifestyle of royalty. Wander through the palatial sweep of gardens, tarry at the Tea Lounge and holistically relax your body, mind and soul with a full range of spa treatments and extensive selection of therapies. Overnight - Ananda Spa



Day 8: Delhi

Ananda - Haridwar - Delhi. Relaxed and rejuvenated you depart taking the Shatabdi Express westbound to Delhi. Your holiday

concludes upon your arrival to Delhi, onward departure transfer to the airport or hotel.

WHAT YOU SEE AND WHAT YOU GET:

Below is a list of key highlights and what is included on this tour. Further, where appropriate, we have listed the items that are not included in the tour price.

Trip Highlights

- Himalayan mountain range - exquisite scenery
- Deluxe Ananda Spa - spa treatments and use of facilities

What's Included

- 7 breakfasts, 6 lunches, 6 dinners
- 7 nights - 5 star deluxe Palace View room
- Return train journey Delhi - Haridwar (executive air-conditioned chair car)
- Ayurvedic and Wellness Consultation
- Abhyanga treatment
- For Her: Himalayan Honey and Rose Facial
- For Him: Himalayan Honey and Sandalwood Facial
- Ancient Indian Honey and Sandalwood Scrub
- Ancient Indian Body Mask treatment
- 3 personalised Yoga sessions and Personalised Pranayama and Meditation session – per room
- Morning Wake Up Signature tea & fresh fruits bowl (replenished daily)
- Introductory Spa & Fitness Orientation Sessions with Initial Spa Consultation
- Daily use of the Hydrotherapy Facilities: Indoor & Outdoor Jacuzzi, Steam, Sauna, Chill Plunge Pool, Kneipp Hydrotherapy Foot Bath & Heated Lap Pool
- Daily use of the Nutritional, Wellness & Lifestyle Library
- Opportunity to participate in scheduled Spa Lifestyle and Wellness Activities: Yoga, Pranayama, Meditation, Fitness, Cooking demonstrations, Lectures and Workshops/ Excursions
- All transfers by Chauffeur driven air-conditioned vehicle
- All applicable taxes on room, meals & spa treatments
- Porterage

What's Not Included

- International flights and visas
- Laundry, drinks, items of a personal nature
- Tipping - an entirely personal gesture

PRICES AND DATES: from USD \$3,809

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Prices shown are 'per person', based on a travelling party of at least 2 adults. The single supplement price needs to be added to the twin/double price if single rooms are required. If travelling solo, an additional '1-person' supplement will apply. Prices are indicative and will vary depending on your chosen hotels, room availability as well as time of travel i.e. during India's peak travel season of 21 Dec - 10 Jan, additional supplements will apply. Equally, if you wish to travel to India during the summer, rates will be cheaper than those quoted. Please bear this in mind if comparing prices as we always aim to deliver exceptional value. Please note that discounts will apply if there are more 4 or more people in your travelling party, since fixed costs like transportation and guiding are shared across the group.

Date	Price/Person	Single Supp.
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