

## Great Wall & Warriors - 9 days

# go guide

don't leave home without it



Beijing, Xi'an, Shanghai and Suzhou.  
Warriors, walls, waterways and wontons.  
See the sights and taste the delights on our fantastic journey through China - both ancient and modern.



### WHAT YOU SEE AND WHAT YOU GET

#### Trip Highlights

- BEIJING - Tiananmen Square, Forbidden City, UNESCO listed Emperor's Summer Palace, Silk Alley markets, Cloisonne Factory, Hutong area of Beijing, Chinese Acrobatic Show
- BADALING - UNESCO listed Great Wall of China
- XI'AN - UNESCO listed Terracotta Warriors, Clay warrior workshop, Big Wild Goose Pagoda, City Wall and bike ride.
- SHANGHAI - Oriental Pearl TV Tower, Jade Buddha Temple, The Bund and Old Shanghai, Yuyuan Garden, Huangpu River skyline of Pudong City
- SUZHOU - UNESCO listed gardens, Grand Canal and waterways, Silk factory, Humble Administrator's Garden

#### What's Included

- 8 breakfasts, 3 lunches and 2 dinners including a Peking Duck dinner.
- 6 nights 3 - 4 star hotels
- 2 overnight trains (soft sleeper cabin)
- Touring of Beijing, Badaling, Xi'an, Shanghai and Suzhou
- Chinese acrobatic performance
- Rickshaw ride through Beijings' Hutongs
- Xi'an - bike ride on medieval City Wall
- Shanghai - Huangpu River cruise
- Suzhou - historic Grand Canal cruise
- Tour Guide escorted for groups of 6 or more
- Airport arrival and departure transfer on day 1 and day 9
- English speaking specialist guides at local sights
- All relevant transfers and transportation in private A/C vehicles

#### What's Not Included

- Tipping Kitty: \$55 USD
- Entrance Fees: \$100 USD
- International flights and visa
- Tip for your tour guide. We recommend you allow USD\$3 - 5 per day, per traveller. Tipping your guide is an entirely personal gesture

#### DETAILED ITINERARY

##### Day 1 : Beijing

Saturday. Huan ying, welcome to China and the start of your holiday! Arrive Beijing Airport and included transfer to our hotel. The remainder of the day offers free time. **Overnight - Beijing**

##### Day 2 : Forbidden City

This morning we gather for a short a Welcome Meeting. Your entrance fees and tip kitty will be collected at this time. Then, it's time to set off and see some of Beijing. A patriotic vision of grandeur, Tiananmen Square is a square for the public and also home of the mausoleum of Chairman Mao Tse-tung, the Communist father of the Communist

People's Republic and the striking Monument to the People's Heroes. In the square Mao's gargantuan mausoleum is an austere behemoth in granite where since his death in 1976, he has lain in state in his crystal coffin. We'll have a stroll on the square, which attracts many pleasure seekers wishing to take photos, all under the watchful eye of the dutiful guards.

Perhaps one of Beijing's most famous sights is the Gate of Heavenly Peace. Up above the gate and looking out across to all his people, is a famous colour portrait of Chairman Mao Tse-tung. Perhaps today, he is looking at a different Beijing, one that is quickly entering the 21st century. The Gate of Heavenly Peace is the main entry point into the Forbidden City. A vision in grandeur with its imperial yellow roofs and vermilion walls, the Forbidden City, once forbidden to all those except on imperial business until 1911, when the last emperor, Puyi, was turfed off his throne. Built between 1406 and 1420, it served as the imperial palace for the Ming and Qing dynasties. We enjoy a guided walk through the city's many temples, grand halls and courtyards. An all-out assault on the eyes, it said 720,000 sq m lavishly constructed Forbidden City boasts 9999 rooms!

This afternoon we take rickshaws to explore the Hutongs of Beijing. As our trusty rickshaw driver peddles us through the network of alleys, old back lanes, traditional courtyards and compact houses we gain a fascinating snapshot of the city's traditional way of life. There is time to meet a local family and take a peek inside their home, before returning to our hotel. Tonight, we enjoy a Peking Duck dinner at a city restaurant. **Overnight - Beijing (B, D)**

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This Go Guide has been compiled with care and good faith. It gives an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. This document does not form part of a contract between the traveller and on the go and their affiliates. Any costs shown are subject to change though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of on the go



## Day 3 : The Great Wall



Today, we drive beyond Beijing to Badaling, where we can walk a section of the famous Great Wall. An enduring symbol of Chinese civilisation and genius, the UNESCO protected Great Wall of China was built as a defensive structure. The immense construction took place over a period of 2,000 years and followed different routes and building extensions as required. Snaking some 6700 kms across barren hills, deserts, mountains and plateaux, the now partially ruinous Great Wall stretches east to west in northern China. At one time perhaps nearly 9700 kms long, the wall was garrisoned by 1 million soldiers and featured over 1,000 fortified passes and 10,000 beacon towers. A little steep in sections, but the photo opportunities are worth a million dollars! Continuing, we visit to a cloisonne workshop.

Tonight, we witness a choreographed death-defying acrobatic feats. Doing the 'splits' is an elementary skill, when compared to what these showstoppers will pull out on the night. Bicycles and rings of fire are common props in a show that will leave you wanting to see more. **Overnight - Beijing (B, L)**

## Day 4 : Summer Palace



Beijing - Xi'an. This morning you can independently explore the local street markets near our hotel or go to Wangfujing Street to try a few stir fried scorpions or silk worms on a skewer?

Later we set off to see the Summer Palace set on picturesque Kunming Lake. It is said that the Dowager Empress Cixi liked to travel with a retinue of at least 1,000. Her arrival at the rebuilt Summer Palace in 1905 was met by 458 eunuchs, and her two main meals consisted of some 100 dishes. Perhaps most famous of all the structures at the Summer Palace is the wonderful Long Corridor, a covered walkway 730m long, and extraordinarily

hand-painted with scenes from Chinese history, legend and literature. There is also an impressive solid marble boat on Kunming Lake!

After there's a chance to cross a few palms with silver at Silk Alley markets, where even the most hardened non-shoppers manage to walk away with something they really desire! Tonight, we travel by overnight sleeper train (4 berth soft sleeper cabins) to Xi'an in Shaanxi Province. **Overnight - Sleeper Train (B)**

## Day 5 : Terracotta Warriors



Arrive to Xi'an, hotel check in, breakfast and time to freshen up.

Most famous for the Terracotta Warriors, perhaps the find of the 20th century and only just usurped by the discovery of King Tut's gold-laden tomb in Egypt, Emperor Qin's Terracotta Warriors comprise more than 7,000 life-sized soldiers which stand in military formation in excavated pits under the cover of a modern protective hanger. Made of local clay, no two faces are alike, each is said to be an individual portrait. We visit a workshop where you'll see modern-day crafts people producing terracotta warrior figurines before we continue to the archaeological site itself.

Emperor Qin's army of 2,200 year old terracotta warriors were discovered in 1974 by local farmers who happened to be digging a well. Previous emperors used to be buried with their slaves but slavery had been abolished. So, to make up for this, Qin had the warriors made to be buried near him to protect him in the afterlife. Delicate excavation continues on site, where hundreds of warriors remain smashed like eggs, not due to the passage of time but rather a peasant revolt after the emperor's death.

The emperor's tumulus (ancient grave mound) is located about a mile away and is said to contain untold treasures. To date, only trial archaeological digs of the main site have been completed.

Tonight, opt to attend a Tang Dynasty dinner and performance. See details of our Tang Dynasty bolt-on in our brochure or on our website. **Overnight - Xi'an (B, L)**

## Day 6 : Big Wild Goose Pagoda

Xi'an - Shanghai. Early this morning opt for our Panda excursion to the Shaanxi Rare Wildlife

Rescue and Breeding Centre a 2hour drive from Xi'an.

Originally established as Louguantai wild animal breeding and protection centre, it was the first dedicated crested ibis breeding centre in China. Later it became a shelter for ill or injured Giant Pandas in the region. With an estimate of only 1000 - 3000 Giant Pandas remaining on the planet, the species is one of the world's most endangered mammals. Of these some (less than 20) are based at the Shaanxi wildlife centre with those of maturity taking part in artificial insemination breeding programs. The centre has gained much success recently with 6 year old Lousheng giving birth to two baby cubs (one female and one male) on 18 August 2009.

It is not always possible to see panda at the centre, taking some 14 hours to consume an average of 15 kg of Bamboo requires a lengthy nap afterward, often taken away from the prying eyes of visitors. Never the less there are plenty of other rare animals to be seen at the centre including golden monkeys, takin, black bears, crested ibis leopards, giant salamanders, white lipped deer, musk deer, vulture and owl. Please note: The centre is emphatically not a wild life park or zoo with a remit to educate the general public. In fact a major part of the centres role is to temporarily house and care for sick and injured animals. Most animals once fit and well, will return to the wild. Some animals are located in the centres forestry reserve, others are housed in concrete pens with a grassy enclosure attached. The housing for some of the animals is not purpose built, as for most, this is only a temporary stay before returning to their natural habitat.

Later, we tour the Big Wild Goose Pagoda and take a casual bicycle ride on top of the 9 mile Xi'an City Wall (no need to go the entire way around) perimeter peeking down upon the lively city beneath us. Later, this evening we board the express soft sleeper train to Shanghai. **Overnight - Sleeper Train (B, D)**

## Day 7 : Sizzling Shanghai!



Just the mere mention of 'Shanghai' conjures up mystery, romance and general decadence. Pre - 1949, cosmopolitan Shanghai was a magnet for seekers of wealth, idle colonialists, explorers and the dispossessed. The city's oddities were due to the unusual circumstances of the city's existence. Written into the Treaty of Nanjing was the notion of extraterritoriality, which translated as foreign nationals not being bound by Chinese law, but

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rather by the laws of their own consuls. Basically anything went. Until 1949, foreigners dominated commerce, banking and industry, amassing huge fortunes and transforming the landscape of foreign concessionary sections of Shanghai. Everything went belly up in 1949, when Mao and the communists took to power and swept the good times and rock and roll away rather swiftly. A legacy of these heady times, is Shanghai's Bund where on and around this waterfront promenade are a vast series of grandiose pre-1949 buildings. After four decades of austerity, economic reforms implemented by Deng Xiaoping, reawakened Shanghai.

Today our sightseeing of Shanghai takes in the awesome Oriental Pearl TV tower, the Jade Buddha Temple, charming Yuyuan Gardens and the Bund and Old City. This evening, enjoy a cruise on the Huangpu River. **Overnight - Shanghai (B)**

## Day 8 : Suzhou - an oriental Venice



Shanghai - Suzhou - Shanghai. Today, we journey to Suzhou by the new high speed bullet train. A sort of oriental Venice, ancient Suzhou is interwoven by a series of striking canals and pretty waterways which feed a series of classical gardens, laid out here since the Song dynasty, a thousand years ago. They are justly famous across China. Suzhou sits very close to the Grand Canal. At 1800km, it is the longest canal on earth and ranks alongside the Great Wall as China's greatest engineering achievement.

We enjoy a cruise along the Grand Canal and visit a silk workshop. The silk trade has flourished here since the Tang dynasty. Later, we return to Shanghai. Evening time to enjoy your last night in Shanghai. **Overnight - Shanghai (B, L)**

## Day 9 : Shanghai

Sunday. Shanghai. Our tour ends after breakfast, hotel check out is at 12 noon and included departure transfer to airport. Happy Travels!(B)

## Beijing

China's capital city, host of the 2008 Olympics, is also China's political, economic and cultural centre. Established in 1045 BC, for 800 years alone it served as the capital of several powerful dynasties. A heady mix of old and new, with stunning sights, excellent shopping at Silk Alley market and the traditional Hutongs, with alleys and courtyards sandwiched together in the old back lanes.

## Forbidden City

Built between 1406 and 1420, The Forbidden City served as the imperial palace for the Ming and Qing dynasties and is said to contain 9999 rooms. Residence of the emperors and focal point of the empire, entry was forbidden to all those, except on imperial business until 1911, when the last emperor, Puyi was overthrown. It is a giant complex, dominated by vast gates, temples, halls and palaces, replete with imperial yellow tiled roofs, surrounded by a protective moat.

## The Great Wall

An enduring symbol of Chinese civilisation and genius, the UNESCO protected Great Wall of China was built as a defensive structure. Some 20 states and dynasties were involved in its immense construction over a period of 2,000 years. Snaking some 6700 kms across barren hills, deserts, mountains and plateaux, the now partially ruinous Great Wall stretches east to west in northern China. At one time, the wall was garrisoned by nearly 1 million soldiers and featured over 1,000 fortified passes and 10,000 beacon towers. Today, a visit offers a healthy, if steep and vertiginous walk on perhaps one of the world's most legendary attractions.

## Terracotta Army - Xi'an

The discovery of Emperor Qin's army of 2,200 year old terracotta warriors was made in 1974 by a local farmer who happened to be digging a well. More than 7,000 life-sized warriors stand in military formation in excavated pits under the cover of a modern protective hanger. Made of local clay, no two faces are alike – each is said to be an individual portrait. Delicate excavation continues on site, where hundreds of warriors remain smashed like eggs, not due to the passage of time but rather a peasant revolt after the emperor's death.

## Shanghai

Pre - 1949, cosmopolitan Shanghai was a magnet for seekers of wealth, idle colonialists, explorers and the dispossessed. A legacy of these heady times, is Shanghai's Bund, where on and around this waterfront promenade, are a vast series of grandiose pre-1949 buildings. After four decades of austerity, economic reforms implemented by Deng Xiaoping reawakened Shanghai. Just across the Huangpu River is the new Shanghai, a high-tech development of sky scrapers, the centre piece of which is the rocket-shaped Oriental Pearl TV tower. Mercedes and BMW cars cruise the neon-lit streets, modern department stores rub shoulders with cool bars and Shanghai is staking it's claim to being China's foremost metropolis.

## Suzhou

Suzhou, a 2,500-year-old cultural city is located in an area of rivers that crisscross the Yangtze River Delta of southeastern China. In the city, boats bob along waterways interwoven with small bridges that run parallel to the streets and traditional houses built along them. Coupled with a stunning collection of UNESCO-listed gardens and famed for it's silk, Suzhou is an oriental treasure. Just

southeast of Suzhou is the charming Venetian-like town of Zhouzhuang. Surrounded as well as divided by lakes and rivers, various stone bridges offer amazing views of this pretty town that is popular with Chinese artists.

### KNOW BEFORE YOU GO

#### Please Note

Collection of entrance fees and tipping kitty is collected in local currency, CNY - Chinese Yuan.

#### Visas

##### China Visa

Visas are required by all visitors to China. It is essential that a tourist visa is procured prior to travel. We will provide you with an invoice/ itinerary indicating that you are travelling to China on a pre-arranged holiday. Visa forms are also available from us and also supplied upon booking. The visa is valid for entry within 3 months, so you cannot apply any earlier. Please ensure your passport is valid for at least 6 months from your planned date of return from China. We also offer a visa service for those residing in the UK, please contact us for information. Visa requirements are subject to change. Visa procurement is also the responsibility of the traveller and not of On The Go Tours.

##### Visa for Hong Kong

Most Western visitors to the Hong Kong Special Administrative Region (HKSAR) of the People's Republic of China do not require a tourist visa issued in advance of travel. Currently, UK nationals can stay up to 180 days. Nationals of Australia, Canada, Eire, most other EU countries, New Zealand and the US do not require a visa for a stay not exceeding 90 days, while holders of RSA passports can remain for up to 30 days. If entering Hong Kong from mainland China and returning to mainland China a multiple Chinese entry visa is required.

##### Visa for Tibet

Tibet - If travelling to Tibet, a Tibet Travel Permit is required. The permit will be arranged by our office in China. Please contact On The Go Tours prior to departure for the most up to date Tibetan entry information.

#### Climate

In all, China has a great diversity of climates. To sum it up - China experiences hot summers in most parts of the country, very cold winters in the north and comfortable winters in the south! Sep-Oct is warm to hot and dry across the country. Nov-Mar is winter with very cool temps in the north, whilst mild in the south. If combining the north and south, you'll experience 2 distinct weather patterns. Apr-May - perfect in the north, if a little humid and rainy in the south. Jun-Aug can bring a few showers.

#### Health Requirements

It is recommended that you be vaccinated for Tetanus, Polio, Typhoid and Hepatitis A. A Malarial risk exists in remote areas of the south, and Rabies and Meningitis are present in Tibet and remote



areas. Vaccination requirements can change so please check with your local health care provider before travel.

## Currency

USD, Euro and other major currencies can be converted into Chinese Yuan (CNY) prior to your departure or upon arrival to China. A number of ATM's are located in the baggage collection area at Beijing Airport should you wish to withdraw cash upon arrival. We recommend you bring a mix of cash and credit/ debit cards for use at ATM's. Exchange rates are subject to fluctuations.

- USD 1 = 6.5 CNY
- GBP 1 = 10 CNY
- AUD 1 = 6.2 CNY
- EURO 1 = 8.6 CNY

Note: In Tibet the Chinese Yuan is the only acceptable form of currency. If bringing foreign currency for exchange USD is best. ATM's and credit card facilities are limited.

## Holiday Money

Funds collected in China for entrance fees and tip kitty (if applicable to your holiday) or optional excursion that you may wish to participate are payable in local currency (CNY).

## Time

China is 8 hours ahead of GMT. The country operates on one time zone, so clocks are set according to Beijing time, meaning, given the size of the country, sunrise and sunset can occur at peculiar times!

## Essential Packing

As light as possible! In China most often portorage is not available at railway stations and you will be required to carry your own luggage. Bags with wheels can be a hindrance when climbing several flights of stairs, though are a blessing when walking lengthy distances to reach our awaiting transportation.

- Food in China is very different to your local takeaway! If you prefer western snack food consider bringing a supply.
- Sunglasses, hat, sunscreen, swim costume, torch & umbrella for sun or rain.
- Comfortable closed in walking shoes for climbing the Great Wall
- DEET based mosquito repellent & antihistamine cream
- Chinese plugs come in at least 3 designs: 3 prong angle pins similar, though smaller than those used in Australia; 2 prong flat pins (type A) or 2 round pins, European style (type C). To cover all bases, pack a travel adaptor!
- Two spare passport photos & a photocopy of your passport
- A small daypack for your day-to-day needs.

## Arrival Transfers

If your tour or short stay includes an airport arrival transfer (as indicated in the 'What you Get' section of this Go Guide) our arrival procedure is as follows:

Arrive to Beijing International Airport, where after you have attended to customs and immigration formalities, please proceed to the arrival hall. If arriving to Beijing via Terminal 2, when exiting immigration to the arrivals hall, please turn right where our representative will be waiting. If arriving via Terminal 3 you will be met just outside the restricted area.

Please have your tour voucher handy and make it available to our representative who will be waiting for you in the arrivals hall, holding a prominent On The Go Tours logo signboard, ready to escort you to our awaiting transportation and onward to your tour start hotel

If, for any reason you have trouble locating our representative (remember Beijing Airport can be very busy) after waiting 30 minutes in the arrival hall or your flight to China is delayed please call the emergency contact number as stated on your tour voucher.

If travelling on our Eye on Shanghai Short Stay (with arrival via Shanghai Airport) or one of our 'Short Stays' where an airport arrival transfer is included in your holiday, the procedure for meeting you at the airport is the same as those detailed above.

## Toilets/Wahrooms

Public toilets, when found, are usually 'squats' - holes in the ground with footrests at either side and often don't possess a door! The custom is to wash with water from a jug or little pipe attached to the toilet using your left hand. Doesn't appeal? Here are some hints!

- Time yourself with the hotels you are staying at.
- If you are out and about, find the nearest hotel, restaurant, fast food outlet, or toilets at tourist attractions, which all tend to have Western style facilities.
- Ask your tour guide to make a stop.
- Pack a roll of toilet paper and anti-bacterial wipes for your own comfort.

## Travelling By Train

Fast and efficient, China's first rail lines were laid in the 19th century, and today, the government continues to invest heavily in this crucial mode of transport which connects many parts of the country. When travelling during the day, 'soft' seats, that is to say 'upholstered' seats are provided. For overnight travel, clients are accommodated in 'soft class' sleeper cabins. Aboard each wagon are 9 compartments that comprise 4 bunks per compartment. Four people of mixed sex share one compartment. On occasion, dependent upon group size, you may get the opportunity to share with local people on the overnight journey, though sometimes dependent upon how the Chinese Railways Booking Office configure the bookings, the cabin may be filled with four of our passengers. A dining wagon serves reasonably priced Chinese food of the noodles and rice variety, along with snacks and drinks. A very simple menu is published in English. On the Beijing - Xi'an service, there is also a small bar serving drinks including alcohol. Each wagon offers a WC and hand basin facility. At one end, is a

Chinese squat-style WC, whilst at the other end is a modern Western-style WC. Cabins are lockable from the inside and luggage is stowed in overhead compartments and under the bottom bunk. Bed linen and slippers are supplied, and often there is a TV mounted on the wall at the end of each bed that may even work. Most channels are broadcast in Mandarin, excluding one English channel, which has little of interest on it!

## Porterage

In China most often porterage is not available at railway stations and you will be required to carry your own luggage. We recommend you pack as light as possible as there can be several flights of stairs and a lengthy walk to our awaiting transportation.