



spotlight

what you see

- Marrakech - UNESCO-listed medina, mosques, palaces and souks
- Jbel Sarhro & the Anti Atlas mountain ranges
- Bab-n-Ali - pinnacle limestone rock formation
- Beautiful cultivated valleys, ancient Kasbahs, Berber villages, rivers, mountain passes
- Draa Valley, river and town of Zagora
- Megag, Bounou and Ouled Driss Dunes - Sahara desert
- Tagounite, pottery village and Coranic library of Tamgroute
- Ouarzazate
- Ait Benhaddou - UNESCO Listed fortified Kasbah

what you get

- Arrival transfer from Marrakech airport on day 1
- 7 nights basic Berber camping, 5 nights 2-3 ★ hotel
- Full Board - 12 Breakfasts, 11 lunches, 12 dinners
- Transport in air conditioned 4x4/minivan
- Visit to pottery village & Coranic library
- English speaking mountain guide
- Jbel Sarhro & Sahara Trek includes service of guides, cook and mules/camels to carry rucksacks
- All road taxes, tolls and entrance fees

Local payment: 350 Euros



on location

Your guide to on the ground...

visa requirements

Visas are not required for British, Australian, Canadian, US and other EU nationals for a stay of up to 3 months. Please ensure your passport is valid for six months after your return date and that you get your passport stamped upon entry into Morocco. All other nationalities should contact the Moroccan embassy for details. Visas are your responsibility. Don't forget to check!

climate

Temperatures in Morocco are generally high, particularly during the summer months from May to September, when the sun can be fierce and temperatures are at industrial levels, so take sunscreen. In winter (October to February), it is colder, especially in the Atlas Mountains where it can drop to below freezing - so take plenty of warm clothes including jacket, long-sleeved tops, jumper, gloves and trousers.

time

Morocco is 0 hours ahead of GMT (daylight saving time +1 ahead of GMT)

money

GBP £1 = MAD13 USD \$1 = MAD8 EUR 1 = MAD11 AUD = 7.4 MAD = Moroccan Dirham, rates are subject to fluctuation. Exchange facilities are available at various bureau de changes in major towns and most banks have ATMs.

health requirements

It is recommended that you be vaccinated for Tetanus and Polio, if you haven't had a booster in the last ten years. Food and waterborne diseases are more common, so we recommend vaccinations for typhoid (valid 3 years) and Hepatitis A (validity varies). Please consult a physician or travel clinic for further information.

how much

- **Local Payment** - This will be collected by your tour leader at the welcome meeting on day 1.
It is payable in Euros Cash. **€350**
- Mineral water (local brand, 500ml or 1L) **MAD15**
- Meal for 2 (entree, main, a beer, local restaurant) **MAD50-100**
- Beer (local brew Efes - 330-500ml approx) **MAD20**
- Chocolate bar (local brand) **MAD5-10**

trek info

- **Area covered:** Anti Atlas, Sarhro region & Sahara
 - **Grade:** Moderate/Challenging
 - **Daily walking duration:** 4 - 6 hours for 7 days
 - **Altitude:** Max. 2600 m
 - **Accommodation on trek:** 1 nt lodge & basic camps
 - **Group size:** 2 - 14
- Whilst trekking porters with mules, will carry your baggage and all of the heavy gear, you'll just need to carry a small day pack with your essentials in. All of the camping and cooking equipment is provided and we take care of all your meals. You will need to bring your own sleeping bag.

things to bring

- Rucksack and a day pack/bag for day to day items
- Winter weight sleeping bag for camping
- Towel
- Torch and batteries
- Camera and spare memory card/film
- Mosquito repellent
- Personal Water bottle
- Mini first aid kit, antiseptic hand gel & wet wipes
- Wind/water proof jacket
- Comfortable pair of well worn in walking boots
- Two spare passport photos and a photocopy of your passport





sarhro & sahara trek: itinerary

day 1 - marrakech

Saturday. Welcome to Marrakech! Upon arrival at the airport, you will be met by an on the go/Nomadic Expeditions representative and transferred to our traditional Moroccan Riad in the centre of town. Welcome meeting this evening is at 6:00pm. Dinner and overnight - Marrakech (Riad)

day 2 - tagdilte

Marrakech - Ouarzazate - Tagdilte- breakfast. This morning we journey into the Anti Atlas Mountains. Stopping at Ouarzazate for lunch. Ouarzazate was once used as a resting point for African traders on their way to Europe and is now best known for its film studio, which has been used as the set for many famous movies including; Alexander the Great, The Last Temptation of Christ and The Living Daylights. We drive on through the picturesque Dades Valley and Boumalne du Dades to the small village of Tagdilte, where we meet our trekking team and spend the night in a local house. Lunch, dinner and overnight - Tagdilte

day 3 - jbel sarhro

Tagdilte - Imi-n-Ouarg - K'ouaouch- Igli - breakfast. Today marks the beginning of our trek through the dramatic, rugged terrain of Jbel Sarhro, which has been sculpted over millions of years by volcanic mountains. It's an area of incredible natural beauty, where dusty red, ancient Kasbahs stand in contrast against the green date palm oases and red-black volcanic mountain peaks. There will certainly be no shortage of photo opportunities! We set up camp in the wilderness at Imi-n-ouarg, where you can relax, soak up the atmosphere and enjoy some traditional Moroccan food, freshly prepared by our cook. Lunch, dinner and overnight - Imi-n-Ouarg (camp)

day 4 - ait atta berbers

Imi-n-Ouarg - K'ouaouch- Igli - breakfast. This morning we set out across a steep mountain pass with spectacular views over the surrounding valleys and rugged ranges. We trek down to K'ouaouch where we enjoy lunch on the mountain side. Continuing on to the cultivated fields of the hamlet of Igli, where we set up camp amongst the almond trees. Here we're likely to encounter members of the semi-nomadic Ait Atta Berber tribe, who reside in the area with their goats and sheep. Lunch, dinner and overnight - Igli (camp)

day 5 - bab-n-ali

Igli - Bab-n-Ali- breakfast. Today we see one of the highlights of the trek; an incredible tall rock pinnacle known as Bab n Ali (Gates of Ali). The bizarre surrounding landscape is formed of limestone pinnacles, rocky outcrops and red black volcanic peaks. We camp overnight in this incredible setting. Lunch, dinner and overnight - Bab n Ali (camp)

day 6 - taoudachte river

Bab-n-Ali - Sarhro - Taoudachte River - breakfast. Passing ancient Kasbahs, and cultivated valleys we reach the large village of Sarhro and stop for lunch before continuing to the beautiful Taoudachte River. Here we set up camp for the night beside the river, amongst the palms. Lunch, dinner and overnight - Taoudachte River (camp)

day 7 - draa valley

Taoudachte River - Megag Dunes - breakfast. This morning, giving our weary feet a rest, we drive to the town of Zagora in the bewitching Draa Valley, where the banks of the long winding river are covered by a sea of green palms and contrast against the colourful dusty rocks and old Kasbahs. We have lunch at Zaouite Sidi Salh and after our rucksacks are loaded onto camels, we trek into the desert to the Megag dunes. Setting up camp near the dunes for a memorable night under a sea of stars, in the echoing silence of the vast Sahara Desert. Lunch, dinner and overnight - Megag Dunes (camp)

day 8 & 9 - the sahara

Megag Dunes - Bounou Dunes - Oulid Driss Dunes - breakfast. We spend the next two days in the remote wilderness of the Sahara desert which stretches from the High Atlas Mountains in the west to the Red Sea coast 4800km east. We trek across windblown dunes, dotted with date palms and stony flat expanse broken by the occasional oasis and tamarisk trees. The sheer magnitude of the Sahara and the solitude it provides, is truly amazing. We visit the Megag Necropolis and the ancient village of Bounou before reaching Ouled Driss on day 9. Lunch, dinner and overnight - Ouled Draa (1) Ouled Driss (1) (camp)

day 10 - ouarzazate

Ouled Driss - Ouarzazate - breakfast. Today marks the end of our trek. After breakfast we take the scenic drive back through the date palm oasis of the breathtaking Draa Valley and over the incredible Tiniffit Pass, where the hills give way to canyons. We stop to visit a pottery village and the Coranic library of Tamgroute before heading back to Ouarzazate where we spend the night in a hotel and enjoy the comfort of a bed! Lunch, dinner and overnight - Ouarzazate

day 11 - ait behaddou

Ouarzazate - Ait Behaddou - Marrakech - breakfast. Today you're free to explore Ouarzazate, before driving to the remarkable Ait Behaddou, a 'fortified city', situated along the former caravan route between the Sahara and Marrakech. Ait Behaddou is one of the best preserved ancient Kasbahs in the Atlas region. Granted UNESCO World Heritage listing, some Kasbahs date back to the 16th Century and the site had been the setting for many famous films including Lawrence of Arabia and Gladiator. This afternoon we return to Marrakech. Lunch, dinner and overnight - Marrakech

day 12 - marrakech

Marrakech - breakfast. Enjoy a free day to explore magical Marrakech, with its beautiful, Koutoubia mosque and fabulous central square - Djemaa-el-fna. Packed full of colour, spicy aromas, traders, snake charmers and fortune tellers - Djemaa el fna is a feast for all o-f the senses! Lose yourself in the madness of the souks and perhaps test your bargaining skills, buying some last minute souvenirs! We'll meet up this evening for our final dinner. Lunch, dinner and overnight - Marrakech

day 13 - marrakech

Thursday. Marrakech - breakfast. Our trekking expedition ends after breakfast.

Useful information camping

This expedition involves 7 nights of very basic camping. You will not be staying in fixed campsites with facilities, so you must be prepared to get back to basics! The guides and trekking crew will set up camp each night and there will be a cook to prepare the food. With regards to ablutions, you will have to use of a drop toilet (hole in the ground!) and there will be buckets of water for you to use to wash yourself, but no showers. This is a truly authentic experience, that offers a great insight into the nomadic Berber way of life!

cached up

How much spending money is needed, depends largely on the individual. We currently recommend an average of USD \$15 per day. We can't specify every sundry cost however and you'll need to allow for expenses such as drinks, snacks and the odd souvenir.

tipping

Tipping is an entirely personal gesture and we do not collect a tipping kitty, but do suggest you tip your trekking guides and porters for a job well done. We recommend you budget approximately USD \$30 - \$40 for tipping.

luggage

Pack all your gear in a rucksack/backpack for this type of trip. Also bring a daypack, to keep personal items such as your wallet, camera and water bottle. Your rucksack/backpack must not have an exterior frame. Only the soft, flexible variety is permitted. Leave your suitcase at home, they're simply not practical.

what to pack & bring

Don't overdo it! Luggage is limited to 20kgs. Pack sensibly and take garments that are comfortable for trekking and can be layered for warmth.

Clothing: Although temperatures may be pleasant in the day time at lower altitudes, you will need plenty of warm layers, including hat, gloves and scarf. Bring a good wind/waterproof jacket, thick socks and a well worn in pair of walking boots/shoes.

For camping, all equipment is provided but you will need to bring your own winter weight sleeping bag and we recommend you pack a travel/camping pillow for extra comfort.

We recommend that you check the five day weather forecast online, before packing to gain an accurate idea of the temperature.

travel insurance

All our passengers must be comprehensively insured for travel in Morocco. Most travel insurance does not cover for trekking above 2000m as standard and you may have to pay a premium to cover yourself up to 2600m. on the go are happy to help arrange this for you if necessary. You must bring your insurance policy with you, as it is obligatory for joining any expedition.

PLEASE NOTE: This expedition is run in conjunction with Nomadic Expeditions.

*The go guide & information contained herein has been compiled with care and in good faith. It is as accurate an illustration as can be given with regard to the proposed itinerary. Circumstances beyond our control such as inclement weather or local conditions could force us to amend the proposed itinerary. This document does not form part of a contract between the client and on the go and their affiliates. Any costs shown may be subject to change but are an accurate reflection of costs at the time of writing this go guide. Please also be advised that visa requirements are subject to change and remain the responsibility of the traveller and not that of on the go.



68 north end road, west kensington, london, W14 9EP • 020 7371 1113 • info@onthegotours.com • www.onthegotours.com
3/690 brunswick street, new farm, brisbane, QLD, australia 4005 • 1300 855 684 • aus-info@onthegotours.com

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