

Eye on Shanghai

5 days | Starts/Ends: Shanghai



Shanghai is where east really meets west. Explore the city on our 5 day Visa Free city stay with visits to the Oriental Pearl TV Tower and Anglo-inspired Bund and old city area. Take a cruise along the Huangpu River and after opt for a sunset drink at a jazz bar or some retail therapy on Nanjing Road.

HIGHLIGHTS AND INCLUSIONS

Trip Highlights

- Oriental Pearl TV Tower
- Jade Buddha Temple
- The Bund and Old Shanghai
- Yuyuan Garden
- Huang River skyline of Pudong City

What's Included

- Breakfast daily
- 4 nights 3 - 4 star hotels
- Shanghai - Huangpu River cruise
- Airport arrival and departure transfer on day 1 and day 5
- Touring and excursions as per itinerary
- Guided sightseeing - Day 2 with English speaking guide
- All relevant transfers and transportation
- Entrance fees to all included sites

What's Not Included

- International flights and visa
- Laundry, drinks, items of a personal nature

DETAILED ITINERARY

Day 1 : Shanghai

Shanghai - Welcome to China and the start of your holiday! Enjoy an arrival transfer to our hotel. **Overnight - Shanghai**

Day 2 : Shanghai



Shanghai - breakfast. Shanghai. Just the mere mention of 'Shanghai' conjures up mystery, romance and general decadence. Pre - 1949, cosmopolitan Shanghai was a magnet for seekers of wealth, idle colonialists, explorers and the dispossessed. The city's oddities were due to the unusual circumstances of the city's existence. Written into the Treaty of Nanjing was the notion of extraterritoriality, which translated as foreign nationals not

being bound by Chinese law, but rather by the laws of their own consuls.

Basically anything went. Until 1949, foreigners dominated commerce, banking and industry, amassing huge fortunes and transforming the landscape of foreign concessionary sections of Shanghai, including the French, British and American settlements (which eventually became the International Settlement when the Brits combined with the Yanks), where each concession reflected different national personas and attracted different characters. Everything went belly up in 1949, when Mao and the communists took to power and swept the good times and rock and roll away rather swiftly.

Many Shanghainese fled along with expats to neighbouring Hong Kong and oversaw the economic explosion there. A legacy of the heady times in Shanghai, is The Bund where on and around this waterfront promenade are a vast series of grandiose pre-1949 buildings. After four decades of austerity, economic reforms implemented by Deng Xiaoping reawakened Shanghai. Just across the Huangpu River is the Pudong Special Economic District. Essentially, Pudong is the new Shanghai, a high-tech development of sky scrapers, the centre piece of which is the rocket shaped Oriental Pearl TV tower.

Historically Pudong has been known as the 'wrong side of the Huangpu River'.

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Before 1949, the area was characterised by prostitution, unemployed migrants, murder and other crime and the most appalling living conditions in the city. However, in 1990, as China was getting to grips with economic reform, it was decided that the large tract of what was essentially agricultural wasteland would be developed and granted special status. What you see today, and later on the evening cruise, are the fruits of just 15 years of labour. Resembling a sort of giant set-piece from the Hollywood movie - Bladerunner, Pudong is a neon-lit metropolis where some of its architectural extravaganzas reach the clouds, where Mercedes and BMW cars cruise the new streets and eateries and hotels ooze modernity. The 457-metre high Oriental Pearl TV Tower, despite the high entrance fee and vast crowds eager to pile into the elevators, offers giddy views of Shanghai and plenty of souvenirs in the onsite shops. For a more exclusive viewing experience, consider heading to the Cloud 9 bar, the top-floor cafe of the awesome Hyatt Hotel. It's the highest cafe in China!

Sightseeing of Shanghai takes in the awesome Oriental Pearl TV tower the Jade Buddha Temple, charming Yuyuan Gardens and the Bund and Old City. The Jade Buddha Temple (Yufosi) offers a restored main hall and the remarkable Jade Buddha, a revered likeness of the Lord, brought back from Burma by a local abbot. The temple offers a small complex of buildings, and the grounds are often filled with the faithful. Designed and built in 1559 by a high official in the imperial Ming Court, Yuyuan Gardens are a classic and completely authentic example of Chinese garden architecture, featuring walkways, bridges, ponds of greedy carp and koi fish, rockeries, pools and stone edifices, often embellished with stone dragons or tiles depicting dragons. The famous Huxinting (Heart of Lake Pavillion) tea house where tea is served to paying customers as famous as Queen Elizabeth II, is a good place to cool the pace for 30 mins or so. Adjacent to Yuyuan Gardens is a shopping bazaar and food hawker area, where some of Shanghai's best snacks can be shovelled down. This evening, enjoy a cruise on the Huangpu River. Be sure to take a flash for your camera. The

views of the illuminated Pudong skyline are breathtaking. **Overnight - Shanghai (B)**

Days 3-4 : Shanghai



Shanghai. Two whole days to enjoy Shanghai your way. Perhaps head to Nanjing Road, just off the Bund or Huaihai Lu; the main street of the French Concession for amazing shopping, explore the Old City or drop into the historic Peace Hotel for a drink and a spot of jazz. The Peace Hotel is a landmark institution on Shanghai's famous Bund. Formally known as the Cathay Hotel, it was built on the fortunes of the Sassoon family who were big hipsters and shakers in Shanghai real estate prior to 1949. It catered to the rich and was the place to be seen. Today, it's well worth a visit for the bar with its legendary jazz band, which play nostalgic rhythms amidst 1930s Art Deco elegance. In fact, right along the Bund, you'll be amazed by the foreign architectural influences. Sort of a cross between the Liverpool, England and Manhattan 1920s skyline. It's a good area to explore, as it offers all this, plus amazing views of the impressive if futuristic Pudong skyline, plenty of eateries with close proximity and the hustle and bustle of Shanghai's premier shopping street. Pre-1949, in the days of the foreign concessions, expatriates described Nanjing Road as across between Broadway and Oxford Street. Blow a bit of cash at Xiangyang Clothing Market, Shanghai. A Silk Alley and similar shoppers markets across the city are retail havens for bargain knock-off ski jackets, big brand handbags, jewellery, accessories and souvenirs. Some bling jewellery for the lady and perhaps a genuine copy Rolex Sub-Mariner watch and matching Mont Blanc fountain pen and rollerball set for the gent.

Overnight - Shanghai (B:2)

Day 5 : Shanghai

Shanghai. Hotel check-out and included onward transfer to airport.

the 20th century & chairman Mao

During the 20th century, China was shaken and stirred by a series of major upheavals, brought about the struggle to modernise the nation after around 2,000 years of imperial rule. Naturally, the process was rocked by ideological battles, importantly between the conservative nationalists and the communists who believed in forging a new Chinese order based on the principle of common ownership of property and resources. In 1912, the last emperor, 6-year old Puyi was forced to abdicate and leave his throne. The Chinese Republic was declared and Sun Yat-sen, the leader of the reformist movement was elected Provisional President. He wanted to create a new China, but Yuan Shikai had other plans. Yuan grabbed hold of the presidential reins and China entered a grim phase, when various warlords who controlled sections of the Chinese army, battled against one another for supremacy over Northern China and the possession of Beijing. Meanwhile, Sun Yat-sen busied himself and his cronies with reform in Canton. When Sun Yat-sen died in 1925, Chiang Kaishek took his place as leader of the Nationalist Party. Preparing for armed rebellion, the nationalists were conditioned and trained by advisers from the newly created USSR who were working to shape China's political situation. Meanwhile, in Shanghai, Soviet revolutionaries were actively preaching the good of communist ideals and the Chinese Communist Party was subsequently formed in 1921. In 1923, the communists joined forces with the nationalists but strong tensions existed between the two parties. Chiang Kaishek knew that his goals for reform would mean turning to the West and foreign governments, and the Marxists were having none of this. Chang led his army north in 1927, declaring a new nationalist government in Nanjing. He swiftly banned the Communist Party and purged his party of left wingers. Many were killed during this period, as communists fought to keep the nationalists at bay. To escape the purge, the communists undertook an arduous 23 200 km trek, heading through China's west

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in 1935, known as the Long March. Of the 100,000 who took part, only around 10,000 survived. The veterans of this march included their leader Mao Zedong would go on to form an elite arm within the Communist Party that would eventually rule China. Eight years of war with the Japanese had sapped the nation but taught the communists how to survive in extreme hardship. The communists outclassed the nationalists in every aspect of the fierce civil war that began in 1946 and end in October, 1949, when Mao Zedong stood with his supporters at the gates of the Forbidden City in Beijing. Meanwhile, Chiang Kaishek fled to offshore Taiwan where he set up a rival government. Better known as Chairman Mao, Mao Zedong or Mao Tse-tung (1893 - 1976) was the founder of the People's Republic of China. Still revered as a true statesmen to the people, he transformed China into a Communist nation. Land was redistributed, industry was absorbed by the state and, most unfortunately, opposition was not tolerated. Tibet was bought under control in the 1950s. When Mao wanted to wipe the slate clean and construct a totally new China, thousands of intellectuals, teachers and others were imprisoned or killed during the Cultural Revolution of 1966 - 1970. Despite the conclusion of the Cultural Revolution in 1970, oppression continued until his death in 1976. At that point, Den Xiaoping, Mao's long term political enemy emerged as China's new leader. With his new communist ideals and wish for economic reforms, China strengthened and blossomed. However, the introduction of a comparatively free market has allowed China to trade and present itself on the world's stage.

Note: This itinerary is semi-independent in style. The city stay is arranged and operated exclusively for you on a departure date of your individual choosing. You travel by yourself (with local representation at various points) without joining a group. However, on occasion consolidation of travellers may occur during some sightseeing. Whilst a rating of 3-4 star hotels is given, accommodation can be upgraded at additional cost. Please ask!(B)

HOTELS

The hotels listed below are ones which we frequently use on this tour. We reserve the right to substitute these hotels to ones of a similar standard when necessary.

Ramada Encore Shanghai Hotel

Ideally located close to several plazas and shopping centres, this modern hotel offers you a comfortable stay in one of China's fastest growing cities. Guestrooms are equipped with all the essential amenities, with free WiFi and access to the breakfast buffet included. The onsite Dakang Restaurant also serves lunch and dinner, and you can expect a tasty menu featuring both Western and Chinese cuisine. Other amenities include a fitness centre, coffee shop and small convenience store.



KNOW BEFORE YOU GO

Entrance fees - collected in Yuan

Entry fees to most sites are not included, although reasonably priced. In China, we collect entrance fees on Day 2 of the tour (the amount is noted under exclusions on page one of this document). A comprehensive breakdown of the entrance fee total is provided upon arrival.

All funds collected in China for entrance fees and optional excursions, that you may wish to undertake are payable in local currency - Chinese Yuan (CNY).

Tipping Kitty

At the start of your group tour, we take a small tipping kitty (the amount is noted under exclusions) from all tour participants to cover tips throughout your holiday. This saves you the hassle of knowing when and how much to tip bellhops, luggage handlers, bus drivers, train conductors and other support staff throughout the tour.

This amount does not include a tip for your tour guide. For a job well done, we would suggest USD\$3 - 5 per person per day. Tipping your guide is an entirely personal gesture and ultimately the amount is up to you.

If travelling on a short stay, private tour or a group tour with less than 6 participants we do not collect a tipping kitty and recommend the following amount to cover tips paid directly by you to bellhops, luggage handlers, your driver and local guide: CNY50/USD\$8 - per person per day of your tour.

Arrival Transfers

For tours starting in Beijing When arriving into Beijing International Airport and attending to immigration and customs formalities, please proceed to the arrival hall. If arriving to Beijing into Terminal 2, when exiting immigration to the arrivals hall, please turn right where our representative will be waiting. If arriving into Terminal 3 you will be met just outside the restricted area.

Please have your tour voucher handy and make it available to our representative who will be waiting for you in the arrivals hall, holding a prominent On The Go Tours logo signboard, ready to escort you to our awaiting transportation and onward to your tour start hotel.

If, for any reason you have trouble locating our representative (remember Beijing is a busy International Airport) after waiting 30 minutes in the arrival hall or your flight to China is delayed please call the emergency contact number as stated on your tour voucher. Please do not leave the airport and travel to the hotel yourself. Please call the contact number as stated on your tour voucher.

China Country Guide

Visas

China Visa

Visas are required by all visitors to China. It is essential that a tourist visa is procured prior to travel. We will provide you with an invoice/itinerary indicating that you are travelling to China on a pre-arranged holiday. The visa is valid for entry within 3 months, so you cannot apply any earlier. Please ensure your passport

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is valid for at least 6 months from your planned date of return from China.

If you're a resident of the UK and would like someone to handle your visa application for you then we recommend CIBTvisas. Please visit <http://www.cibtvisas.co.uk/onthego> for more information.

Visa for Hong Kong

Most Western visitors to the Hong Kong Special Administrative Region (HKSAR) of the People's Republic of China do not require a tourist visa issued in advance of travel. Currently, UK nationals can stay up to 180 days. Nationals of Australia, Canada, Eire, most other EU countries, New Zealand and the US do not require a visa for a stay not exceeding 90 days, while holders of RSA passports can remain for up to 30 days. If entering Hong Kong from mainland China and returning to mainland China a multiple Chinese entry visa is required.

Visa for Tibet

Tibet - If travelling to Tibet, a Tibet Travel Permit is required. The permit will be arranged by our office in China. Please contact On The Go Tours prior to departure for the most up to date Tibetan entry information.

The information above is not applicable for the Beijing and Shanghai Visa Free Tours
NOTE: Visa requirements are subject to change, please check with your embassy before booking this trip.

Climate

In all, China has a great diversity of climates. To sum it up - China experiences hot summers in most parts of the country, very cold winters in the north and comfortable winters in the south! Sep-Oct is warm to hot and dry across the country. Nov-Mar is winter with very cool temps in the north, whilst mild in the south. If combining the north and south, you'll experience 2 distinct weather patterns. Apr-May - perfect in the north, if a little humid and rainy in the south. Jun-Aug can bring a few showers.

Health & Water

You should seek medical advice before travelling to China from your local health practitioner and ensure that you receive all of the appropriate vaccinations. As a guide it is recommended that you be vaccinated

for Tetanus and Polio, if you haven't had a booster in the last ten years. Food and waterborne diseases are more common, so we recommend vaccinations for Typhoid (valid 3 years) and Hepatitis A (validity varies). There is a malarial risk in remote southern areas of China, so do check the current situation before travelling.

As tap water is not safe to drink in China, only drink bottled mineral water which is readily available from hotels, shops and restaurants. Make sure bottled water is sealed.

Currency

The currency of China is the Chinese Yuan. Pound Sterling, US Dollars, Euro and other major currencies can be exchanged in China. Exchange facilities are available at various bureau de changes and banks in major towns have ATMs or it is possible to get some before you leave home. It's advisable to request bank notes in smaller denominations, as it can sometimes be hard to get change from large notes and smaller notes are handy for smaller purchases and gratuities. Traveller's Cheques are not recommended as they're often difficult to exchange and incur high fees.

Time & Voltage

China is 8 hours ahead of GMT. The country operates on one time zone, so clocks are set according to Beijing time, meaning, given the size of the country, sunrise and sunset can occur at peculiar times! Voltage is 220v, 50Hz AC. Chinese plugs come in many designs: 3-pronged angle pins as used in Australia; 3-pronged round pins as used in Hong Kong; 2-pronged flat pins as used in the USA; or 2 round narrow pins as used in Europe. To cover all bases, pack a travel adaptor!

Essential Packing

As light as possible! In China, most often portorage is not available at railway stations and you will be required to carry your own luggage. Bags with wheels can be a hindrance when climbing several flights of stairs, though are a blessing when walking lengthy distances to reach our awaiting transportation. If travelling in early spring we recommend you pack warm clothes, layering works best this time of year.

- Food in China is very different and arguably better than your local takeaway! If you prefer western snack food, consider bringing a supply
- Sunglasses, hat, sunscreen, swim costume, basic torch/ flash light & umbrella for sun or rain
- Comfortable closed in walking shoes for climbing the Great Wall
- DEET based mosquito repellent & antihistamine cream
- Chinese plugs come in many designs: 3 prong angle pins similar, though smaller than those used in Australia; 2 prong flat pins (type A) or 2 round pins, European style (type C). To cover all bases, pack a travel adaptor!
- Two spare passport photos & a photocopy of your passport
- A small daypack for your day-to-day needs
- Plastic poncho to go over your jacket. Whilst site-seeing, you can be in the rain for an extended period and even a rain jacket can get soaked. You can purchase a cheap one locally, but we suggest taking one from home of a better quality that doesn't rip easily

PLEASE NOTE: If your tour includes an internal flight, that most airlines have a 20kg baggage limit.

Toilets/Washrooms

Public toilets, when found, are usually 'squats' - holes in the ground with footrests at either side and often don't possess a door! The custom is to wash with water from a jug or little pipe attached to the toilet using your left hand. Doesn't appeal? Here are some hints!

- Time yourself with the accommodations you are staying at
- If you are out and about, find the nearest hotel, restaurant, fast food outlet, or toilets at tourist attractions, which all tend to have Western style facilities
- Ask your tour guide to make a stop
- Pack a roll of toilet paper and anti-bacterial wipes for your own comfort

Media Restrictions

There are restrictions on all media, including social media and free press throughout China. Whilst on holiday, you will have limited or no access to social media channels such as

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Facebook, Instagram, Twitter, Google Plus - so no Google Maps and no Play Store. To bypass the firewall, you could download a VPN. It is much easier to do this before you go to China.

WeChat: If travelling on one of our budget tours, communication between the group and Adventure Leader is via the app: WeChat. Please install this App and open an account before your trip as it is harder to do so in mainland China.

There is also limited international calling options, so please check with your local provider before leaving home, to source the best roaming or online options to keep in regular contact with family and friends during your travels.

Travelling By Train

Fast and efficient, China's first rail lines were laid in the 19th century, and today, the government continues to invest heavily in this crucial mode of transport which connects many parts of the country. When travelling during the day, 'soft' seats, that is to say 'upholstered' seats are provided. For overnight travel, clients are accommodated in 'soft class' sleeper cabins. Aboard each wagon are 9 compartments that comprise 4 bunks per compartment. Four people of mixed sex share one compartment. On occasion, dependent upon group size, you may be sharing with local people on the overnight journey, though sometimes dependent upon how the Chinese Railways Booking Office configure the bookings, the cabin may be filled with four of our passengers. A dining wagon serves reasonably priced Chinese food of the noodles and rice variety, along with snacks and drinks. A very simple menu is published in English. On the Beijing - Xi'an service, there is also a small bar serving drinks including alcohol. Each wagon offers a WC and hand basin facility. At one end, is a Chinese squat-style WC, whilst at the other end is a modern Western-style WC. Cabins are lockable from the inside and luggage is stowed in overhead compartments and under the bottom bunk. Bed linen and slippers are supplied, and often there is a TV mounted on the wall at the end of each bed that may even work. Most channels are broadcast in Mandarin, excluding one

English Channel, which has little of interest on it!

Porterage

In China most often porterage is not available at railway stations and you will be required to carry your own luggage. We recommend you pack as light as possible as there can be several flights of stairs and a lengthy walk to our awaiting transportation.

Shopping

China is a virtual Aladdin's Cave. Government-run Friendship Stores in almost all cities stock a range of fixed-price souvenirs and handicrafts and can offer a reasonable idea of what is acceptable in terms of quality and price. After a visit to the Friendship Store, visit private stores, craft shops and local department stores. However, the best shopping is often at public markets. If you see something you want, buy it when you see it - prices don't vary greatly, but selection can vary from location to location.

Top buys include silk products, embroidery, Chinese calligraphy and paintings, ceramics, jade and stone carvings, lacquer ware, Chinese tea, Cloisonne, Mao reproduction propaganda souvenirs such as the famous 'Red Book', caps and buttons, personalised ink seals and clothing of every kind. Markets in Beijing and Shanghai commonly sell top quality ski jackets and leisure attire by big name brands. Additionally, copied goods such as handbags, watches and shoes are available in plentiful supply in these markets. Ethnic crafts are a speciality in some regions including Xi'an and Kunming. If wishing to buy antiques, proceed with caution. It's highly likely that the antique will be a skilful reproduction. However, if it is the real deal, you'll need paperwork the Chinese Administrative Department of Cultural Relics which must then accompany the article being exported.

IMPORTANT: Set your budget and don't be swayed, remember the caveat - 'Let the buyer beware'. Any purchases made whilst on holiday with us, irrespective of whether the store is recommended by us or other, are at your own discretion. Please make sure that you are completely happy with the product you are purchasing and the delivery

arrangements (we would recommend you take away with you any purchases rather than rely on shipping services). On The Go cannot be held responsible or accountable for items bought in country or shipping arrangements. Proceed with caution.

It's not like home!

Travel to far - flung corners of the earth involves lifestyles and conditions that are sometimes very different from what you are used to back home. You must come prepared to cope with unusual situations, local inadequacies and unpredictable events as and when they occur. Foreign travel is definitely not suitable for people who expect or demand everything to go exactly as planned. With the greatest respect and in the interest of your ultimate enjoyment you must understand this. Things can and do change in foreign countries.

- Be prepared as locals smoke everywhere in China
- The Chinese don't have an awareness of personal space, be ready to have people standing very close to you, nudge you or even walk into you, they are not being rude, it's just a very different culture
- Many tourists report scams in Shanghai, so be friendly but careful. Never ever follow a stranger anywhere
- Spitting and snorting is common in China as they see the use of tissues as unhygienic.
- Some locals won't queue and will often walk straight to the front of a line with no awareness or care of what they have done wrong
- Always take some antiseptic hand gel or antibacterial hand wipes with you and BYO toilet paper as its rare in public toilets. Squat toilets are very common, they can be a novelty and are easy to use
- Chinese people are delighted if you make any attempt to speak Mandarin, even if it's only a couple of words

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