

Migration of the Berbers

11 days | Starts/Ends: Marrakech



Come to Morocco and take the road less travelled on our unique bi-annual Migration of the Berbers trek, where you will accompany a traditional nomadic family on their fascinating bi-annual migration with their livestock from the high to the low Atlas Mountains.

HIGHLIGHTS AND INCLUSIONS

Trip Highlights

- Marrakech – UNESCO-listed Place Djemaa el Fna, souks and the Koutoubia Mosque
- Cascades D'Ouzoud – Morocco's most spectacular waterfalls
- High Atlas Mountain Ranges, steep passes, waterfalls, Berber villages and valleys
- Breathtaking panoramic views over the High Atlas mountains and the valleys below
- Dades Gorge - valley and stream
- Ouarzazate - opt to visit the film studio
- Ait Benhaddou –UNESCO-listed fortified Kasbah city
- 5 days trekking with a local Berber family

What's Included

- Arrival transfer from Marrakech airport on day 1

- Full Board - 10 Breakfasts, 8 lunches and 9 dinners
- Services of a driver and an English speaking tour leader
- 7 nights Berber camping, 3 nights 2-3 star hotel in Marrakech
- All transportation and transfers in private 4x4 or mini van/touring vehicle
- Whilst trekking – services of a guide, cook & mules or camels to carry rucksacks
- Guided by a Nomadic Berber family
- All road taxes and tolls
- All entrance fees included

What's Not Included

- Tipping Kitty: USD\$65pp, paid in USD or local currency
- Gratuity for your tour guide. Budget approx USD\$2 - 3 per person per day. Tipping your tour guide is an entirely personal gesture
- International flights and visa

DETAILED ITINERARY

Day 1 : Marrakech

Welcome to Morocco! Arrive Marrakech airport and transfer to our hotel. Be sure to arrive in time for the welcome meeting at 18:00. **Overnight - Marrakech (D)**

Day 2 : Cascades D'Ouzoud



Marrakech – Tamada. This morning we travel by minivan/4x4 to see the magnificent Cascades D'Ouzoud. The three tiered waterfall, drops an impressive 110 metres into the river below, where there is a small foot bridge at its base and it's possible to follow one of the many trails along the river or paddle in the small pools. After lunch in Azilal we continue on to the nomad's camp in Tamada, to meet the Berber family with their sheep, goats and mules, that we will be travelling with for the next 7 days of their bi-annual migration from the High Atlas to the lower Dades Valley. **Overnight - Tamada Camp (B, L, D)**

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Days 3-8 : The Nomadic Migration



Tamada – Central High Atlas – Dades Valley. On the morning of day 3 we begin our nomadic adventure! Leaving Tamada we trek for 4 to 5 hours a day, the pace and distance covered each day will be dependent on the movement of the herd of livestock and the route is not set in stone. The pastoral nomadic Berbers have been making this journey all their lives and have an excellent knowledge of the area and the best routes to take dependent upon the conditions.

The beauty of this experience is that we do not follow a rigid itinerary. Our journey starts in the majestic High Atlas, which is the highest mountain range in North Africa, with several peaks over 4000 metres and breathtaking scenery. We will trek through rugged terrain, crossing steep passes with spectacular panoramic views and passing Berber villages tucked away in picturesque valleys. Camping each night in rustic Berber tents, we'll have time to relax and enjoy our amazing surroundings, whilst a cook prepares tasty traditional Moroccan food for us. We will continue our gradual daily descent towards the Dades Valley, until we reach Ait Youl in the beautiful Dades Gorge on day 8, where we'll camp for the final night. This signals the end of our incredible trek and the Berber family will settle in the lower valleys for the winter, where they are not exposed to the freezing temperatures of the High Atlas. **Overnight - Berber Camps** (B:6, L:6, D:6)

Day 9 : Ait Benhaddou



Dades Valley – Ouarzazate - Ait Benhaddou - Marrakech. Bidding farewell to the Berber family, we head back to Marrakech today stopping en route at Ouarzazate, which African traders once used as a resting point, on their journey up to Europe. Ouarzazate has been used as a setting for several films including, Alexander the Great, The Last Temptation of Christ and The Living Daylights.

Our second stop is at the remarkable Ait Benhaddou, a 'fortified city', situated along the former caravan route, between the Sahara and Marrakech. Ait Benhaddou is one of the best preserved ancient Kasbahs in the Atlas region. Granted UNESCO World Heritage listing, some Kasbahs date back to the 16th Century and the site had been the setting for many famous films including Lawrence of Arabia and Gladiator. Enjoy the comfort of a bed tonight as we return to the riad in Marrakech for some well earned rest and relaxation. **Overnight - Marrakech** (B, L, D)

Day 10 : Marrakech



Enjoy a free day exploring incredible Marrakech. Set within the rose-coloured walls of the medina is a reality that is not that far removed from an exotic film set – a tangle of winding streets that open onto verdant gardens and dark alleyways that lead to bustling souks. The focal point is the central square, the Djemaa el Fna, an

extraordinary gathering and market place. Full of colour, spicy aromas and traders, it is best seen in the evening, when overflowing with food stalls, dancers, acrobats, fortune tellers, musicians and henna artists. Towering above the bustling square is the beautiful Koutoubia Mosque. **Overnight - Marrakech** (B)

Day 11 : Marrakech

The trip concludes after breakfast. (B)

HOTELS

The hotels listed below are ones which we frequently use on this tour. We reserve the right to substitute these hotels to ones of a similar standard when necessary.

El Andalous Hotel & Spa

Just 10 minutes from the airport, the El Andalous Hotel and Spa offers a welcome respite from the hubub of the city. Evoking the golden age of Arab-Andalusian culture; exotic and romantically rich. Guest rooms are well furnished with excellent en suite facilities as well as private balconies. The hotel pool is great place to relax by and enjoy a tasty beverage or two. The medina is just a 20 minute walk from here or a cab can get you there in a few minutes!



Trekking in May

Please note that this itinerary is based upon our September trek when the Berbers migrate from the High Atlas Mountains to the lower valleys for the winter.

If travelling on our May departure, days 3 - 8 of this itinerary run in reverse because the family you are trekking with will be up into the High Atlas Mountains for the summer.

Our Partners in Morocco

This tour is operated in conjunction with our trusted partner and you will join travellers

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who booked through different operators, not solely On The Go.

The sightseeing group may vary in size from 2 – 16 persons.

Arrival Transfers

We provide a complimentary airport arrival transfer on day 1 of your tour from Marrakech Airport or if you arrive early and have booked pre tour accommodation with us. Please proceed to the arrivals hall and look for our representative holding an On The Go Tours sign. If you are arriving earlier and have booked your accommodation independently, you will need to make your own way to our start hotel, which will be centrally located. The hotel name and address can be found on your tour voucher.

If, for any reason you have trouble locating our representative (after waiting 20 minutes in the arrival hall) or your flight to Morocco is delayed, please call or send a text message to the emergency contact number as stated on your tour voucher.

Departure transfers are not included. A taxi to the airport will cost approx MAD100 and can be booked locally.

Pre/Post Tour Accommodation

Pre and post tour accommodation in Marrakech can be booked upon request. Please contact us for rates. If you are arriving early and book pre tour accommodation with us then you will still qualify for our complimentary airport arrival transfer.

Camping

This expedition involves 7 nights of very basic camping. You will not be staying in fixed campsites with facilities, so you must be prepared to get back to basics! The guides and trekking crew will set up camp each night and there will be a cook to prepare the food. With regards to ablutions, you will have to use of a drop toilet (hole in the ground!) and there will be buckets of water for you to use to wash yourself, but no showers. This is a truly authentic experience, that offers a great insight into the nomadic Berber way of life!

Bi-Annual Migration

Berbers have lived in North Africa long before the Arabs and their culture probably dates back more than 4000 years. Berbers tend to reside in less developed rural areas and can be identified by their language, traditional customs and culture.

Among Berbers in the High Atlas mountains, the herding of sheep and goats is a vital part of their economy. In the winter the animals are brought down to the lower valleys where they are protected against the cold and are pastured out in the nearby area. The cattle are then moved back up to higher pastures for the summer months. These patterns of uphill grazing in the summer and downhill in the winter is known as transhumance. The nomads herding their animals within a yearly cycle, tend to camp in the same areas each year, which they consider to be their own tribal territory. The Berbers know the area like the back of their hands!

Luggage

Pack all your gear in a rucksack for this trek and bring a daypack, to keep personal items such as your wallet, camera and water bottle.

Optional Activities

During the free time offered on this tour you are welcome head out and independently explore, relax or take part in one or more optional activities. The optional activities listed at the end of this Go Guide, may be available on your tour, though not guaranteed. Prices may vary and bookings can be made locally.

The half day hot air ballooning excursion from Marrakech includes: Land rover transportation, a traditional breakfast, a 1 hour hot air balloon flight in front of the High Atlas Mountains, a visit to a local Berber house and a camel ride in the palmerie of Marrakech.

KNOW BEFORE YOU GO

Essential Packing

- A sleeping bag for the Sahara Desert camp if travelling between Oct - Apr. From May - Sep a cotton sleep sheet will be adequate. If booking our 'Sahara Hotel Upgrade' (available on our Totally Morocco, Road to Casablanca, Best of

Morocco & Casablanca to Essaouira tours) you will not need to bring either of these.

- Lightweight cotton garments in summer, warm clothing for winter (temperatures can get quite low at night)
- Comfortable walking shoes or hiking shoes
- Electrical adapter. Standard voltage is 220V, 50Hz AC. Sockets require a Continental or European style plug (two round pins)
- DEET based mosquito repellent and antihistamine cream
- Personal first aid kit including Dioralyte
- 2 spare passport photos & a photocopy of your passport
- A small daypack for your day-to-day needs
- Sunglasses, hat, sunscreen, swim costume, torch, money belt
- Either a rucksack or suitcase is suitable
- A towel for swimming

Group tour Tip Kitty & Entrance Fees

A tipping kitty (the amount is noted under 'what is not included' on page one of this document), will be collected by your guide at the welcome meeting on day 1. This is payable in Moroccan Dirhams. USD, Euro or GBP can also be accepted, at the current exchange rate. The tipping kitty is used for the following; hotel porters, hotel waiters, local guides for city tours, airport transfer drivers, Berber camel herders and local restaurant tips.

The tipping kitty does not include a tip for your tour leader or driver and as a guideline we recommend you budget approx USD\$2-3 per day for the tour guide and USD\$1-2 for the driver for a job well done (payable in local currency). Naturally the amount is up to you though, this is simply a suggestion.

Entrance fees are not included on our Signature tours. On all other group tours they are included. If Entrance fees are payable locally on your tour, the amount will be noted under 'what is not included' and this amount will also be collected by your guide at the welcome meeting on day 1. This is payable in Moroccan Dirhams. Again USD, Euro or GBP are accepted at the current exchange rate.

Morocco Country Guide

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Morocco Visas

Please be advised that visa requirements are subject to change and that visa procurement is the responsibility of the traveller and not On The Go Tours. Please also ensure that your passport is valid for at least 6 months from your planned date of departure from Morocco. UK, EU, Australian, New Zealand, Canadian and USA nationals do not require a visa at present to enter Morocco. Please check if you are from another country.

RSA (South African) passport holders need to obtain visas in advance of arrival. Please check your personal visa requirements with the embassy.

Tipping in Morocco

In Morocco it is customary to tip and on our group tours a tipping kitty (the amount is noted under 'what is not included' on page one of this document) will be collected by your guide at the welcome meeting on the day you arrive. This is payable in Moroccan Dirhams. USD, Euro or GBP can also be accepted, at the current exchange rate. The tipping kitty is used for the following; hotel porters, hotel waiters, local guides for city tours, airport transfer drivers, Berber camel herders and local restaurant tips.

The tipping kitty does not include a tip for your Moroccan tour leader or driver and as a guideline we recommend you budget approx Euro 2-3 per day for your tour guide and Euro 1-2 for the driver for a job well done (payable in Moroccan Dirhams. Naturally the amount is up to you though, this is simply a suggestion.

Climate

Morocco is a great year round destination, blessed with lots of sunshine and a temperate climate. It can become incredibly hot in the summer months with temperatures 38°C or higher, particularly in July and August so use plenty of sun screen, cover up and drink plenty of water. The nights can be cooler especially in the mountains or in the desert and it is windy along the coast throughout the year.

During the winter months (November to February), temperatures usually remain pleasant in the cities, averaging around 20°C, but it is very cold at nights, in the desert and in the Atlas Mountains. There is often

snow in the Atlas Mountains from November through until March and temperatures can drop to below freezing - so take plenty of warm clothes including jacket, long-sleeved tops, jumper, gloves and trousers.

Sleeping bag & torch

A lightweight sleeping bag is required for the Sahara Desert camp or a cotton sleep sheet will be adequate if travelling from May to September. You will also need to bring a torch for your night in the Sahara.

Please note that the sleeping bag/sleep sheet and torch are only required if you are camping and will not be needed if you have booked our Sahara Hotel Upgrade.

Time & Voltage

Morocco is on Greenwich Mean Time (GMT). Daylight Savings is currently being observed; however, it changes frequently and is not observed during the holy month of Ramadan. Standard voltage is 220 volts. Primary sockets require the European, 2 pronged variety. We recommend that you pack a universal travel adaptor. You will need a voltage converter, and plug adaptor in order to use U.S. appliances.

Currency & Holiday Money

The currency of Morocco is the Moroccan Dirham.

Pound Sterling, US Dollars and Euro can be exchanged in Morocco at various bureau de changes in major cities and towns (please note Australian and New Zealand Dollars as well as South African Rand are often tricky to exchange and often not accepted so we advise against bringing them for exchange), and most banks have ATMs. Credit cards are virtually useless outside main cities and towns. It's advisable to request bank notes in smaller denominations, as it can sometimes be hard to get change from large notes and smaller notes are handy for smaller purchases and gratuities. Traveller's Cheques are not recommended as they're often difficult to exchange and incur high fees.

How much you spend depends largely on individual tastes and often how much you eat, drink or shop. We currently recommend an

average of Euro 20 - 30 per day on top of optional excursions.

Shopping

Morocco is a shoppers' paradise. The souks of Fes, Marrakech and Meknes are full of pottery, carpets and kilims, leather goods, spices and cloth. Keep space in your backpack for your purchases! Our best buys are: carpets – from the High Atlas mountains or a woven and embroidered Kilim; the burnoose, an elegant hooded cape; spices; or traditional pottery and leather from Fes.

IMPORTANT: Set your budget and don't be swayed, remember the caveat – 'Let the buyer beware'. Any purchases made whilst on holiday with us, irrespective of whether the store is recommended by us or other, are at your own discretion. Please make sure that you are completely happy with the product you are purchasing and the delivery arrangements (we would recommend you take away with you any purchases rather than rely on shipping services). On The Go cannot be held responsible or accountable for items bought in country or shipping arrangements. Proceed with caution.

Hotels in Morocco

The hotels on our group tours in Morocco are simple, clean, comfortable and centrally located. We try to use local and traditional hotels with plenty of character wherever possible. In smaller towns, the choice of accommodation may be limited, but we will always book the best accommodation available for our groups. Please be aware that hotels in Morocco are not of the same standard as Western hotels and facilities are often basic.

It's not like home

Travel to far-flung corners of the earth involves lifestyles and conditions that are sometimes very different from what you are used to back home. You must come prepared to cope with unusual situations, local inadequacies and unpredictable events as and when they occur. Foreign travel is definitely not suitable for people who expect or demand everything to go exactly as planned. With the greatest respect and in the interest of your ultimate enjoyment you must

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understand this. Things can and do change in foreign countries.

Mosques & Religion

Although freedom of religious faith is permitted by the Moroccan law, about 99% of people are Sunni Muslim. About 1% of the population is Christian, and less than 0.2 percent is Jewish. With the exception of the Hassan II mosque in Casablanca, it is not permitted for non-Muslims to enter mosques in Morocco. If you are entering the Hassan II mosque, please remember to dress conservatively. Ensure limbs are covered and shoes removed when entering any mosque. Men must refrain from wearing shorts, as must women.

RAMADAN

Ramadan is a month of fasting observed by Muslims throughout the world and adherents of the Muslim faith fast during daylight hours and break their fast with lavish meals and lively celebrations in the evening. Ramadan culminates a month later in a 3 day celebration called Eid al - Fitr. Many shops (excluding those which cater mainly to tourists) and attractions close earlier during Ramadan. As such we will start our tour earlier during this period to make the best use of time and itineraries will be slightly altered to ensure we visit all attractions, leisure time will be offered in the late afternoon. Non-Muslims are not expected to fast over Ramadan, but it is considered impolite to eat food or drink on the street.

Note: Traffic is exceptionally heavy during Ramadan, especially toward the time of breaking the fast. Forthcoming Ramadan dates are as follows, (approximate) -

05 May – 04 June 2019

24 April – 23 May 2020

14 April – 13 May 2020

Etiquette

Despite the inevitable ups and downs of travelling abroad, you will generally be shown great hospitality in Morocco. In return, please demonstrate sensitivity and respect for the local customs. Morocco is a Muslim country; so care should be taken to dress respectfully in local towns or villages.

- Ladies should avoid wearing 'clingy, tight or suggestive' attire, and stick to cool,

flowing, cottons in small towns, local villages and in rural areas

- Take care to dress conservatively and ensure that limbs are covered and remove footwear prior to entering a mosque
- Ex-military style clothing should not be worn
- Ask permission before taking photographs of people
- The standard form of greeting is a handshake. Men and women do not kiss at any time as a form of greeting

Calling home from Morocco

It is currently not always possible to use VoIP (voice over internet protocol) services like Whatsapp, Viber, Skype and Facebook Messenger in Morocco. The text options on these services are still fine to use but the calling functions might not always work. It is understood that the Moroccan telecom providers have done this in order to push as much voice calls onto their networks rather than people being able to use these free services.

Troubleshooting

These things will most likely never happen, but it's good to be prepared if they ever do. Here are a few tips to keep your trip hassle-free. Morocco is no worse than anywhere else when it comes to crime. The biggest problem seems to be petty theft, including pick-pocketing and bag snatching. Minimise your chances of being robbed with these tips:

- Leave valuables in the hotel safe deposit or better still, at home
- Carry your passport on your person or a photocopy as ID
- Carry your bag close to your person rather than over your shoulder
- Travel in a group or pair, especially if you are female
- Don't catch cabs late at night on your own
- Never drink anything offered to you in the street, unless you opened it yourself

Please note On The Go Tours will not be held liable for loss or damage to personal property under any circumstances

Health Requirements

You should seek medical advice before travelling to Morocco from your local health

practitioner and ensure that you receive all of the appropriate vaccinations. As a guide, Tetanus and Hepatitis A are strongly recommended. While tap water in Morocco is generally considered safe to drink in main cities, it is not advisable in smaller towns and remote areas. It's recommended to only drink bottled mineral water, which is readily available in hotels, shops and restaurants.

Drones Not Permitted

It is forbidden to bring drones into Morocco (even small ones that might fit in hand luggage), a special permit has to be arranged with the appropriate department in Rabat and this can take months to arrange.

OPTIONAL ACTIVITIES

Morocco

Marrakech - hammam 150DH

Marrakech - hot air ballooning (half day excursion) 2000DH

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