

# Cape to Falls

22 days | Cape Town to Victoria Falls



From Cape Town to the adventure capital of the world, Victoria Falls, travelling through Namibia and Botswana along the way. Take in some of Southern Africa's best game parks and reserves on this exciting 22 day adventure.

## HIGHLIGHTS AND INCLUSIONS

### Trip Highlights

- **South Africa:** Cape Town - extend your stay to explore the city. The Cederberg Area and the Gariiep River.
- **Namibia:** Fish River canyon. Namib Naukluft National Park - Sossusvlei & Dune 45. Etosha National Park, Namibia's finest wildlife sanctuary. Swakopmund, a charming colonial coastal town. Spitzkoppe and Windhoek.
- **Botswana:** Chobe National Park, famous for its herds of elephants. Boat cruise along the Chobe River. Okavango Delta.
- **Zimbabwe:** UNESCO Listed Victoria Falls, one of the natural wonders of the world.

### What's Included

- Arrival transfer from Cape Town Airport on day 1
- 1st night dorm accommodation at Ashanti Lodge in Cape Town (upgrade available), 2 nights twin share accommodation in

Swakopmund and 18 nights camping. Tents and sleeping mats provided

- All camping fees & appropriate equipment
- 20 breakfasts, 17 lunches and 16 dinners
- Services of 3 person crew (leader, driver, cook)
- A fully equipped overland truck for transportation and game drives
- Wine tasting in Cederberg, half day canoeing on the Orange River, transfer to Sossusvlei for Desert Walk
- 2 day/1 night Okavango Delta Excursion (camping)
- Park Entry & Game drive - Etosha NP and Chobe NP. Park Entry into Victoria Falls National Park
- All road taxes and tolls

### What's Not Included

- International flights and visas
- Sleeping bag - please bring your own
- Tipping - an entirely personal gesture
- Optional activities

### Local Payment

\$600pp, paid in USD.

The local payment is a cost per person which needs to be paid in US Dollars cash only. It is this payment which in part covers the park fees and other inclusions such as meals as detailed under 'what you get'. The local payment also covers your arrival transfer and 1st night's accommodation. Please note that due to exchange rate fluctuations in the US dollar, the local payment amount may be subject to

changes. This payment will be collected by your tour leader at the Welcome Meeting on day 1.

## DETAILED ITINERARY

### Day 1 : Cape Town

Saturday. Welcome to Cape Town, South Africa! You will be met in the arrivals hall of Cape Town Airport by our representative holding an on the go tours/Africa Travel Company sign and transferred to the Ashanti Lodge - 11 Hof Street, Gardens, Cape Town, Ph (+27-21) 423 8721. At 17.00pm today there is a pre departure meeting today at the lodge, where you will meet your guide and the rest of the group. Your accommodation tonight is in a dormitory, upgrades can be requested upon arrival, subject to availability. **Overnight - Cape Town**

### Day 2 : Cederberg

#### Included Activity: Wine tasting in Cederberg

Cape Town - Cederberg. Leaving Cape Town, we head around Table Bay and continue north through the wheat growing 'bread basket' of South Africa. In 2019 We cross the Piketberg Pass into the rich fruit growing area along the Olifants River, named for the vast Elephant herds that used to roam in this fertile valley. Tonight is spent in a picturesque campsite with a view of the surrounding wine farms. This afternoon we sample some of the nectar of the gods with included wine tasting

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after taking a short walk in the surrounding vineyards to explore the exquisite views of the Cederberg Mountains. Tonight we camp under a canvas of stars – the perfect way to begin our African adventure. **Overnight - Cederberg** (L, D)

## Day 3 : Gariep River



Cederberg - Gariep River. From the Cederberg we travel further north through the region known as Namaqualand, well known for its prolific display of Namaqua wildflowers that occur each spring. After stopping for supplies in the small mining town of Springbok, we continue on through the desert area of the Richtersveld to the Gariep River, the natural land border between South Africa and Namibia, where we camp at a beautiful campsite on the South African bank of the river. **Overnight - Gariep River** (B, L, D)

## Day 4 : Fish River Canyon

**Included Activity: Canoeing on the Gariep River and a visit to the Fish River Canyon**

Gariep River - Fish River Canyon (Namibia). This morning we take a half-day canoe trip on the beautiful Gariep River, affording us the opportunity of some bird watching or just a scenic and relaxing paddle. After lunch we cross into Namibia where, after a short drive, we reach the Fish River Canyon. At 161 km long, 27 km wide and about 550 m deep, it's the second largest canyon in the world. The outer canyon was formed by tectonic activity, while the erosion of the Fish River formed the inner canyon. A road follows the eastern rim, giving us access to several viewing points from where we can take in the spectacular vistas. **Overnight - Fish River Canyon** (B, L, D)

## Day 5 : Sesriem



Fish River Canyon - Sesriem. An early start today, heading north we travel into the Namib-Naukluft desert, one of the oldest in the world. We base ourselves at Sesriem, a good place to experience the Namib and its many moods. A short distance away is Sossusvlei, surrounded by a dramatic sea of sand dunes reputed to be the highest in the world. Magnificent views of the desert can be seen from the top of the dunes, some over 300 m high. Make sure you look up at the stars tonight; the desert puts on a show like nowhere else in the world! **Overnight - Sesriem** (B, L, D)

## Day 6 : Namib Naukluft National Park

**Included Activities: Climbing Dune 45, Namib Naukluft National Park. Desert walk to Sossusvlei and Deadvlei**

This morning we enter the Namib-Naukluft National Park where we spend the morning exploring this amazing area. We take some time to climb to the top of Dune 45 - a truly memorable experience. Following our sunrise experience we head a further 5kms into the desert where you can take a walk to Sossusvlei and Deadvlei and explore the surrounding area. **Overnight - Sesriem** (B, L, D)

## Days 7-8 : Swakopmund



**Optional Activities: Sky diving, quad biking, sand boarding, scenic desert flights, dolphin cruises, fishing trips, golf, horse riding and more. An activity briefing will be held on arrival in Swakopmund (see price guide at the end of this document)**

Sesriem - Swakopmund. This morning after breakfast we head off in a north-westerly direction to meet the Atlantic Ocean at Walvis Bay. Our drive takes us across the Tropic of Capricorn – the 'imaginary line' that shows the southernmost point of direct sun, and signals the southern hemisphere's mid-summer day. From Walvis Bay, we follow the coast for some 35 km to arrive at Namibia's prime holiday resort - Swakopmund where we enjoy 2 nights (in twin rooms) of rest, relaxation and a little bit of adrenalin for those that are keen!

Founded by the Germans in 1892, their colonial influence is still evident today. Swakopmund has a selection of excellent coffee shops, restaurants & bars as well as many arts and crafts shops selling Namibian curios. There are fine beaches to walk along as well as a great museum, aquarium and galleries to visit. Alternatively, the lovely beach and promenade make for a great relaxing walk – though bathing in the ocean waters may be somewhat chilly! **Overnight - Swakopmund** (B:2)

## Day 9 : Spitzkoppe

Swakopmund - Brandberg. Our departure from Swakopmund takes through the 'Matterhorn of Namibia' - Spitzkoppe. The 1728m high rock formation, one of Namibia's most recognised landmarks, is well known as an ancient San sacred site. Explore the surrounding area and its San rock paintings or simply enjoy the magnificent views. After our visit to Spitzkoppe we head off to our

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next destination – Brandberg **Overnight - Brandberg** (B, L, D)

## Days 10-11 : Etosha National Park

**Optional Activity: Etosha game drive (day 11)**

Brandberg - Etosha National Park area. On day 10 our drive takes us further north through the Namibian countryside to our campsite, located in the vicinity of Etosha National Park. The following day we explore Etosha National Park. Covering 22,700 km, Etosha is Namibia's premier nature and wildlife reserve. Situated around the Etosha Pan with a large variety of animal and bird life, the extensive network of gravel roads affords us the opportunity of accessing even the most remote areas of the park. After lunch, and once it has cooled off a bit, we spend the remainder of the day exploring the park's southern area. Keep an eye out for the striking Oryx and Springbok as these are endemic to desert National Parks! Tonight's camp is situated just outside the parks boundaries, only 10kms from Anderson Gate. Perhaps a quick dip in the pool or a sun downer on the deck before dinner, followed by a relaxing evening in this interesting bar. **Overnight - Etosha National Park area** (B:2, L:2, D:2)

## Day 12 : Etosha National Park



**Included Activity: Etosha game drive in the overland truck. Optional Activity: Etosha night game drive**

Today we make our way 150 km across the park, keeping a look out for the many different mammals, reptiles, birds and insects in the various regions. As the vegetation types change, so does the animal and bird life that relies on it, and so different sections of the Park offer a variety of different game options. After a full day of game viewing, we spend the

evening relaxing at our camp in the north of the park, at Namutoni. After dinner why not head to the waterhole where you can sit and observe the animals may come to drink in the evenings. **Overnight - Etosha National Park** (B, L, D)

## Days 13-15 : Windhoek & Ghanzi

**Optional Activities: Dinner at Joe's Beerhouse in Windhoek and Bushman Experience in Ghanzi.**

Etosha - Windhoek - Ghanzi - Maun (Botswana). From Etosha, we head to the capital Windhoek for some free time in the afternoon. Departing on day 14 we enter into Botswana and stop in Ghanzi in the middle of the Kalahari Desert - home to the famous San Bushmen.

Continuing on day 15 we head to Maun - our base for the Okavango Delta. Tonight we prepare our provisions and packs for our 1 night excursion. We suggest bringing along a smaller daypack on your trip as this can be used to pack the supplies needed for this short excursion. Your trip leader will brief you fully on what is needed, and what to expect prior to your trip to the Delta. **Overnight - Windhoek (1), Ghanzi (1) Maun (1)** (B:3, L:3, D:2)

## Day 16 : Okavango Delta

**Included Activity: Okavango Delta Excursion**

Maun - Okavango Delta. The Delta is a huge expanse of water, which has travelled from the Angolan highlands, spreading out to form the largest inland delta in the world. Studded with exotic islands, The Delta is renowned for its incredible variety of bird life and animals and is unique to Southern Africa.

Here we take a 2 Day / 1 Night Drive In Mokoro Excursion into the Delta. After an early rise, we pack our expedition vehicle and from Maun we drive north for a couple of hours to reach the mokoro poler's station. The Delta region is studded with many local villages where many families live in a traditional way. Some of the villages are very remote and can only be reached by the traditional mode of transport – the Mokoro. Mokoros are dugout canoes manoeuvred through the waterways by local

guides who "pole" them through the reeds. At the Mokoro station, we meet our 'Polers' and pack our supplies before heading out into the waterways. After a couple of hours along the waterways, we arrive at our mobile tented camp situated in the heart of the Okavango.

On arrival you will meet the local staff who will be your host during your stay. A brief introduction to the camp will show you your dome tent with twin beds and a bush ensuite bathroom – long drop toilet and a bucket shower. Relax in the tent with a cold drink or take a paddle in the Delta in a canoe. The activities at the camp include Mokoro trails and guided walking.

**Overnight - Okavango Delta** (B, L, D)

## Day 17 : Okavango Delta

Okovango Delta – Maun. This morning affords us a final opportunity for a game walk before packing up and setting off back to Maun. After our Mokoro ride and vehicle transfer, we arrive back around lunch time and have the chance to complete our picture of the Okavango Delta by taking an optional scenic flight over the Delta (dependent on weather conditions & availability). **Overnight - Maun** (B, L, D)

## Day 18 : Nata Region



Maun - Nata Region. We leave this beautiful part of Botswana behind us this morning and transfer to the lush campsite called Elephant Sands. The drive will take you through a sparse landscape where donkeys roam freely. On arrival, there's an optional game drive or bushwalk. **Overnight - Nata Region** (B, L, D)

## Days 19-20 : Chobe National Park

**Included Activity: Chobe Overnight Mobile Excursion**

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Nata Region - Chobe. We travel north to the town of Kasane where we set up camp on the banks of the Chobe River. The Chobe River forms a border between Botswana and Namibia and Zambia and is the main water source to the Chobe National Park. The next morning we have a chance to sleep in or explore the town of Kasane.

Once we are packed and prepared on day 20, we leave for our Chobe National Park overnight mobile excursion – an overnight experience in the wilds of the Chobe National park. Chobe is one of Botswana's premier game parks, renowned for its large elephant herds. Spend the afternoon in search of wildlife while we game drive to our camp within the park where we spend the evening surrounded by the night-time noises of the local wildlife. Look out for the rare Sable and Roan Antelope on your game drive, with their majestic backward slanting horns, or try keep a count of the Lilac Breasted Roller's that swoop by! **Overnight - Kasane (1), Chobe (1)** (B:2, L:2, D:2)

### Day 21 : Victoria Falls



Chobe - Victoria Falls (Zimbabwe). After our night in the bush, we head out early to continue our search for wildlife, before packing up the camp and heading back to Kasane, and Victoria Falls. Once returning to camp, we get back on our truck and continue to the border of Zimbabwe. Once we've completed border formalities, we have a short drive to the nearby Victoria Falls. Named after the famous World Heritage site and Water Falls, the town of Victoria Falls is situated on the Zambezi River and surrounded by the Victoria Falls National Park. Our campsite is conveniently situated in the centre of town, and within walking distance of the adventure booking agents, restaurants and shops. A

20 minute walk down the main road takes you to the entry point to view the falls, which are situated between Zimbabwe and Zambia. Victoria Falls, or Mosi-oa-Tunya (the Smoke that Thunders), was named by David Livingstone on his explorations, and is one of the Seven Natural Wonders of the World. At 1700 m wide and around 100 m high, this is the world's largest sheet of falling water and a memorable sight on any African Safari! After our adventure activities briefing (see price guide at the end of these trip notes for options), the afternoon is spent relaxing at the campsite's swimming pool, viewing the Victoria Falls, or exploring the many sights and delights of this town.

**Overnight - Victoria Falls (B)**

### Day 22 : Victoria Falls

**Optional Activities: See below**

Saturday. After breakfast, we exchange addresses and part ways, having just experienced a trip of a lifetime! We suggest booking additional days after your trip to take advantage of the optional excursions available at Victoria Falls.

**Optional Activities** - Horseback safaris, a visit to the crocodile ranch, boat cruises and golf at The Elephant Hills Resort. Adrenalin junkies can bungee from the Victoria Falls Bridge connecting Zimbabwe and Zambia or abseil down the Batoka Gorge - neither activity is for the faint hearted! All year round, flights in fixed wing, micro light and ultra light aircraft or helicopters provide an aerial perspective over this magnificent World Heritage Site. White water rafting on the Zambezi is world class. Beside the excitement of the Grade 5 rapids, there are the "floats," where there is time to admire the scenic cliffs and the occasional wildlife on the riverbanks.(B)

### HOTELS

The hotels listed below are ones which we frequently use on this tour. We reserve the right to substitute these hotels to ones of a similar standard when necessary.

### Ashanti Lodge Gardens Backpackers

Situated in a Victorian mansion at the foot of Table Mountain, within walking distance of the city centre, Ashanti Lodge offers a range of 6 to 8 bed dormitories, in addition to private rooms with shared bathroom facilities. After a long day of sightseeing, travellers can unwind with a cocktail at the café-bar, take a dip in the outdoor pool, or relax in the landscaped garden. Kitchen/BBQ facilities and complimentary Wi-Fi are also available.



### Highlanders Campsite & Lodge

Nestled among the wine farms at the foot of the Cederberg mountains, this campsite is a perfect stopover in the Namaqualand region. Highlanders is set on 3 levels, giving campers plenty of space between each of the 5 individual camp areas, and a 12-room ensuite lodge has recently been added to the site. Each camp has a 'braai' pit, sink unit & power. There are stunning mountain views from the solar-powered hot showers, and a locally-sourced wine bar by the scenic swimming pool.



### Oasis Sossus

This luxury campsite at the gates of Sossusvlei features 12 individually shaded camps, each with its own bathroom facilities, kitchen basin, barbecue, and electricity points. The campsite has a sparkling pool, and is within walking distance of a fully stocked shop, Internet café, and service station. The adjacent Sossusvlei Lodge offers a restaurant and Adventure Centre, where exciting desert activities such as quad

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biking, sunset drives, and scenic flights over the dunes can be arranged.



### Urban Camp

Centrally located in Windhoek (a short walk from the legendary Joe's Beerhouse restaurant), Urban Camp is a comfortable campground combining city convenience with a quiet getaway. Free Wi-Fi, a sparkling pool, and private bathrooms all contribute to an oasis of calm in campsites housing up to 18 people. Nearby is a small shopping centre for amenities, and for sightseers looking to explore the history and architecture of Windhoek, the city centre is less than 2km away.



### Delta Rain Bushcamp

This unique campsite is located in the heart of the Okavango Delta, as part of the Delta Rain safari experience. Accommodation consists of dome tents with twin beds, and "bush en-suite" bathrooms with a long-drop toilet and bucket shower. After settling in, guests can relax in the mess tent, partake in game viewing trips, or go on guided walks, while admiring the beauty of this UNESCO World Heritage Site.



### Shearwater Explorers Village

Situated in the bohemian town of Victoria Falls, and 400m from the Falls themselves, the affordable accommodation at the

Shearwater Explorers Village consists of 5 campsites with modern bathroom facilities, and 16 private chalets with en-suite showers and A/C. Shearwater operates a range of activities at the Falls, from bungee jumping to river rafting - and when the day is over, guests can wind down with Wi-Fi in the lounge areas, a drink by the pool, or even a back rub in the massage tent.



### Victoria Falls Rest Camp

Located a stone's throw away from the Artist village & Elephant Walk Shopping is the Victoria Falls Rest Camp. Offering camping and dorm room accommodation, this camp features a year-round outdoor pool and barbecue facilities. Daily continental or cooked breakfast is served at the in-house restaurant, which also offers a variety of local African dishes. Wi-fi is available and some units feature equipped kitchens.



### About Overlanding

- To get the most out of your overland tour of Africa we highly suggest you read the 'About Overland Safaris' page on our website. It can be found under the Africa travel guide section on our website and is a comprehensive resource for understanding what to expect on an overland tour in Africa
- Overlanding is not considered a luxury holiday but is undoubtedly a lot of fun if camping under the stars and being part of an entirely self-sufficient travelling group is to your liking
- Africa is a vast continent and distances between the highlights we visit can be very far apart, but some early morning starts and late

arrivals into camp will ensure that your time is maximised to see as many sights as possible

- We believe that a flexible approach to travel and good sense of humour are essential when undertaking overland safaris, although we trust that any hiccups in the itinerary will be resolved as soon as possible by our trusted partners

### Tour Leaders and Groups

Our longest Overland Camping Safari we offer is our Great African Expedition - 57 Days, generally all other safaris we offer are sectors of this larger safari or similarly a fragment of one of the another safari's we offer. As such, on your holiday you may have travellers join you part way through your safari and also there may be travellers who end their safari when you continue on. There may also be times when there is a change of crew and truck (changed to suit group size or local road conditions).

### Please Note

**This tour is operated in conjunction with our trusted partner and you will join travellers from different operators, not solely On The Go.**

This itinerary should be used as a guide only and may vary from day to day depending on road & weather conditions, political situations and group decisions.

All prices & Local Payments are subject to change.

Due to Tourism Laws in some of the countries we visit, there may be a truck and crew change during the trip.

### Family Friendly Departures

Parents with children and teens aged 6 to 17 are welcome on select departure dates of this trip. Children under 12 get 5% off the trip price but there is no reduction to the local payment. To see which departure dates are family friendly please refer to our website.

**IMPORTANT, PLEASE NOTE:** A South African regulation aimed at fighting child trafficking came into effect in June 2015. Please read the 'Travelling with Children to/through South

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Africa' information in these trip notes for details.

## Who's on tour?

People from all over decide that the back to basics and close-up approach to viewing Africa is for them – from Canada to New Zealand to Singapore and the UK. Generally people are 30-50yrs, easy going and happy to participate. They have a love of camping and as some days are long, don't mind a drive. Whilst the truck is purpose built and ideal for this style of safari, for those who require more comfort we suggest you opt for one of our lodge safaris.

## Things To Bring

- A rucksack/back pack is the best luggage to bring as your main bag
- A sleeping bag
- For extra comfort, bring a travel pillow
- A towel
- Spare camera batteries/film and dustbag
- Mosquito spray (with active DEET ingredient)
- Your own personal first aid kit
- A torch
- A small daypack for your day-to-day needs.
- Antibacterial wipes
- A photocopy of your passport data pages
- Your Yellow Fever Vaccination Certificate
- Your travel insurance policy details
- Hat, sunglasses & sunscreen
- Warm clothing - raincoat, warm hat, socks, gloves etc as across Africa wet/dry and hot/cool climatic periods change invariably.

## Transport on Tour

Our overland vehicles are custom built converted Mercedes Benz or MAN trucks that have seating space for our passengers and a storage areas for luggage and all trip equipment. The trucks seat between 27-30 passengers on our camping trips. Most seats are forward facing, though some models have a combination of forward, backward and some inward facing seats with tables. There is no air-conditioning on board, instead vehicles have sliding glass windows, and the seating area is raised providing a great advantage for game viewing and photography. Seats are cushioned and

there is storage space for personal items like cameras, snacks and day packs in the seating area.

## Meals on Tour

Meals and menus vary as food is purchased en-route, and is subject to produce that is available

seasonally in the areas we travel through. As we support the local communities along the way, fresh produce is mostly purchased direct from the producer or local grower and therefore has an organic appearance. Our safari cooks are able to offer a wide variety of menus with the ingredients available, even if the produce on offer is not of the same selection as what you may be used to back home. The breakfast spread consists of bread (toast when time allows), spreads and cereals with a hot breakfast every few days. Lunches are mostly prepared en-route with a supply of 'build your own' sandwich ingredients available. Dinners are cooked in the evenings on arrival at the campsite. A wide array of dinner menus are on offer during your safari, consisting of curries, stews, pastas, BBQs and even roasts!

## Participation on Tour

All of our overland safaris are participation trips meaning that all passengers are expected to help out around camp. The crew members running the trip will set up a rota system that will be followed. One day you may be on cleaning duty, the next day you may be on cooking duty and so forth. This is not only to make the trip easier for all involved but also for you as the passengers to get to know one another while on trip.

## Budgeting

Africa is not as cheap as many people believe and we recommend that you budget between US \$50-70 per day for expenses such as drinks, snacks and curios. Budget more if you plan on buying a lot of souvenirs and budget for your optional excursions and visas separately.

### KNOW BEFORE YOU GO

## Passports & Visas

Please ensure that you have at least two blank pages in your passport, plus an additional blank page for each visa/African country you a visiting. If travelling on one of our longer overland safaris we recommend that you have at least 12 blank pages in your passport.

Please also note that your passport must be valid for a minimum of six months from the end date of your trip.

Any visa information provided in this document is for general guidance purposes only, visa requirements and fees are subject to change. It is essential that you check current entry requirements with each relevant embassy/consulate prior to departure. Visa procurement is the responsibility of the traveller and not of On The Go.

## Booking Your Flights

When booking your departure flight you should allow time at the end of your African safari for any unexpected delays. We recommend that you book your onward flight no earlier than 24 hours after the end of your safari. In the case of our longer overland camping safaris (22 days or more) we advise against making any firm arrangements for at least 48 hours after the scheduled departure date. We can help to arrange post tour accommodation upon request.

## Allergies/Likes/Dislikes

Whilst all will done to accommodate everyone, sometimes the choice available is limited as your cook may be making the best of very limited availability, so some flexibility may be required when encountering something you're not particularly fond of or have chosen not to eat as a lifestyle choice. Should you possess allergies which will result in an medical emergency or a life threatening situation then please ensure you speak to your cook on arrival so you can discuss the options available whilst en-route. This will ensure also that they are fully aware of what you can or cannot eat and make adjustments.

### Botswana Country Guide

## Visa

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## Vaccinations

You should seek medical advice before travelling to Botswana from your local health practitioner and ensure that you receive all of the appropriate vaccinations. As a guide Polio, Diphtheria, Hepatitis A and Tetanus is strongly recommended. Rabies may also be recommended.

There is the risk of malaria in certain areas of Botswana so it is very important to check with your doctor before you go, to see whether malarial medication is required for the areas you are visiting. A valid Yellow Fever vaccination certificate is also required if travelling into Botswana and you have previously been in an infected country.

## Currency & Banking

The currency of Botswana is the Botswana Pulas (BWP) 1 Pula = 100 Thebe. Notes are in denominations of BWP10, 20, 50 and 100.

Coins are in denominations of BWP1, 50, 25, 10, 5, 1.

There are no restrictions on the import of local or foreign currencies, provided they are declared on arrival. Export of local currency is limited to BWP50 and foreign currencies up to the amount declared on arrival. It is easy to change most forms of currency including US\$, GB£, Euros and South African Rand. The best place to change money in Botswana is the bureau de changes as banks charge commission to change either cash or travellers cheques. ATMs are available in all main towns, cities, shopping centres and most petrol stations. MasterCard, Visa, American Express and Diners Club are all widely accepted.

Travellers cheques should be in US Dollars or Pound Sterling to avoid additional exchange rate charges. Proof of identity may be requested in some instances, so it's useful to carry a passport or some form of photo identification. In large cities travellers cheques can incur a high surcharge.

Banking hours: Mon-Fri 0900-1530, Sat 0830-1100.

## Time & Voltage

Time Zone - Botswana is 2 hours ahead of GMT. Daylight saving time is not observed.

The standard voltage is 220 - 240V. Primary sockets require a 'Type M' - South African, electrical plug which has three thick circular pins. You will need a voltage converter, and plug adapter in order to use U.S. appliances.

## Climate

Botswana's climate is mainly temperate. During the summer months (October-April) the weather can be very hot with daytime temperatures of around 30 Celsius and higher. The rainy season (typically lasting from January to March) can be hot with temperatures still in the mid 30's and only dropping to around the mid 20's overnight. Winter (May-September) brings a cool change yet is still reasonably warm and mostly pleasant with an average temperature of around 25°C. Early mornings and evenings may be cold and frosty especially in the Kalahari region. The amount of rainfall decreases the further you travel west or southwards during the winter and rainy season months.

## Travelling with children in Botswana

The Ministry of Nationality, Immigration and Gender Affairs informs the general public that it has imposed requirements for minors (children under 18) travelling through the country's ports of entry.

Effective from the 1st October 2016 minors travelling through the country's borders will be required to produce certified copies of unabridged birth certificates in addition to their valid passports. In the event that one parent is not travelling with the child, the other parent's affidavit consenting to such travel should be availed. However, an affidavit will not be required if the father's name does not appear on the child's birth certificate."

To summarise the above, should families be travelling with children below the age of 18 they will require the following:

- Valid Passports
- Certified unabridged birth certificates for all minors below the age of 18
- An Affidavit signed by the non-travelling parent should the minor be travelling with one parent.

Unfortunately these regulations are very strict therefore we urge all parents travelling to Africa with their children to contact all relevant embassies well prior to departure to ensure they have the correct documentation as if you do not, there is a high chance you will be denied entry.

## Namibia Country Guide

### Visas

Please be advised that visa requirements are subject to change and that visa procurement is the responsibility of the traveller and not On The Go Tours, therefore it is essential that you check current visa requirements with the embassy before travel. Please also ensure that your passport is valid for at least 6 months from your planned date of departure from Africa.

UK, Ireland, Australian, New Zealand, USA, Canadian and South African citizens do not require a visa for stays of up to 90 days in Namibia.

Very few countries require Namibian visas. Those that do require a visa must obtain it prior to departure. Visas are not issued at Namibia ports of entry, if you arrive without a visa, immigration officials will refuse you entry to Namibia.

The border crossings we use in Namibia include:

Noordoewer (South Africa/Namibia border)  
Muhembo (Namibia/Botswana border)

### Under 18s Travelling to Namibia

Parents travelling to Namibia with children (under 18) will be asked to show the child's unabridged (full) birth certificate which lists the child's details and both parents' details. The abridged (short) birth certificate which only lists the child's details won't be accepted. Uncertified copies of birth certificates will not be accepted.

Where only one parent is accompanying a child, parental or legal consent for the child to travel (eg an affidavit from the other parent or – if applicable – a death certificate) is required

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# Cape to Falls

and there are other requirements for children travelling unaccompanied or with adults who are not their parents.

If you are travelling with children (under 18) it is essential that you contact your Namibian Embassy for further information relating to these regulations. If you do not carry the correct documentation you will not be allowed to enter the country. Obtaining the correct paperwork is the responsibility of the traveller and not On The Go Tours.

## Health & Vaccinations

You should seek medical advice before travelling to Namibia from your local health practitioner and ensure that you receive all of the appropriate vaccinations. As a guide Polio, Diphtheria, Hepatitis A & B and Tetanus is strongly recommended. Rabies may also be recommended.

There is the risk of malaria in certain areas of Namibia so it is very important to check with your doctor before you go, to see whether malarial medication is required for the areas you are visiting. A valid Yellow Fever vaccination certificate is also required if travelling into Namibia and you have previously been in an infected country.

## Currency

The currency of Namibia is the Namibian Dollar (\$NAD) 1 \$NAD = 100 cents. Notes are in denominations of \$NAD10, 20, 50, 100 and 200. Coins are in denominations of 5, 10, 50, \$NAD1, \$NAD5.

It is possible to change money and use ATMs in all sizeable towns. Bureau de Changes offer quicker and commission free service but are only found in Swakopmund and Windhoek. ATMs are widely accessible and very reliable and offer the best rates of exchange for cards.

The Rand and Namibian dollar are tied to each other on an equal level and as such the Rand and Namibian dollar can be used interchangeably in Namibia. However Namibian dollars are not accepted in South Africa.

All unused Namibian Dollars need to be exchanged to South African Rand before leaving Namibia. The Rand can then be used

in Botswana or South Africa. Namibian Dollars can be changed to Rand at banks and bureau de changes and swapped over in some shops.

Banking hours: 09:00 to 15:30. Some close between 13:00 and 14:00

## Time & Voltage

Time Zone - Namibia is 2 hours ahead of GMT. Daylight saving time is not observed.

Standard voltage in Namibia is 220 - 230V. Primary sockets require a 'Type M' - South African, electrical plug which has three thick circular pins. You will need a voltage converter, and plug adapter in order to use U.S. appliances.

## Climate

Namibia's climate is typical of a semi-desert region, with hot days and cool nights. Namibia is blessed with an average of 300 days of sunshine a year. Temperatures are cooler along the coast and on the central plateau. Rainfall is typically low in Namibia and normally only occurs during the summer months from December to March, mostly in the form of heavy thunderstorms. During the winter months from May to September days are typically warm but temperatures can drop below freezing at night.

## South Africa Country Guide

### Visas

Please be advised that visa requirements are subject to change and that visa procurement is the responsibility of the traveller and not On The Go Tours, therefore it is essential that you check current visa requirements with the embassy before travel. Please also ensure that your passport is valid for at least 6 months from your planned date of departure from Africa.

UK, Australian, USA and Canadian citizens do not require a tourist visa for South Africa for stays of up to 90 days.

Since 16th January 2017 all New Zealand passport holders have been required to obtain a visa prior to travelling to South Africa. New Zealanders arriving in South Africa on or after 16th January 2017 should ensure they have the correct visa.

Nationalities who don't require a visa are able to get an entry stamp at the border on entering South Africa. Please contact your local South African embassy to find out if you require a visa prior to entering SA. If you are subject to visa requirements, you must apply and receive your visa before your departure for South Africa, visas are not issued at South African ports of entry.

The border crossings we use in South Africa include:

Noordoewer (South Africa/Namibia border)  
Groblerberg/Martin's Drift (South Africa/Botswana)  
Lebombo (South Africa/Mozambique)  
Oshoek (Swaziland/South Africa)

## Under 18s Travelling To Or Through South Africa

Parents travelling with children (under 18) into or out of South Africa, or transiting in South Africa will be asked to show the child's unabridged (full) birth certificate which lists the child's details and both parents' details. The abridged (short) birth certificate which only lists the child's details won't be accepted. Uncertified copies of birth certificates or copies of the parents/guardians identification will not be accepted. A parental consent affidavit (PCA) must have a certified copy of the parent's/guardian's identification (ie passport) attached to it.

Where only one parent is accompanying a child, parental or legal consent for the child to travel (eg an affidavit from the other parent or – if applicable – a death certificate) is required and there are other requirements for children travelling unaccompanied or with adults who are not their parents.

If you are travelling with children (under 18) it is essential that you contact the South African High Commission or the South African Department of Home Affairs for further information relating to these regulations. If you do not carry the correct documentation you will not be allowed to enter the country. Obtaining the correct paperwork is the

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# Cape to Falls

responsibility of the traveller and not On The Go Tours.

## Health & Vaccinations

You should seek medical advice before travelling to South Africa from your local health practitioner and ensure that all you receive all of the appropriate vaccinations. As a guide tetanus, diphtheria, polio, hepatitis A (for stays over 4 weeks) and hepatitis B (for stays over 3 months) are recommended.

A yellow fever vaccination certificate is required from travellers over one, coming from infected areas.

A low malaria risk occurs in northern parts of Mpumalanga (as well as Kruger National park, northern and northeastern parts of KwaZulu-Natal). If travelling to these regions and/or the countries north of South Africa, where there is a high malaria risk, we strongly recommend that you take anti-malaria medication. Precautionary measures to take to prevent contact with mosquitoes include: insect repellent, cover up at sundown, sleep under a mosquito net and wear long sleeve clothing and long trousers in the evenings.

## Currency

The currency in South Africa is Rand (ZAR; symbol R)

1 Rand = 100 cents. Notes are in denominations of R200, 100, 50, 20 and 10. Coins are in denominations of R5, 2 and 1, and 50, 20, 10 and 5 cents.

Obtaining local currency within South Africa is very easy. ATMs are widely accessible and very reliable and offer the best rates of exchange. International credit cards are accepted in almost all shops, restaurants, hotels and game reserves.

Bureau de changes offer a quick and commission free service but are only found in the main centres such as Cape Town and Johannesburg. Travellers cheques can be changed at banks. These should be in US Dollars or Pound Sterling to avoid additional exchange rate charges. Please note that proof of identity may be requested in some instances, so it's useful to carry a passport or

some form of photo identification. Travellers cheques can be difficult to exchange and tend to attract high commission fees.

Banking hours: Mon-Fri 0900-1530, Sat 0830-1100.

Rand can be used in Botswana, Namibia and South Africa, so if you are travelling on one of our overland safaris ample money for these three countries can be obtained prior to beginning your trip in Cape Town or Johannesburg. The Rand and Namibian dollar are tied to each other on an equal level and can be used interchangeably in Namibia. The Rand can also be easily converted to Pula in Botswana at good rates.

## Time & Voltage

Time Zone - South Africa is 2 hours ahead of GMT. Daylight saving time is not observed

Standard voltage is 220-230V. Primary sockets require a 'Type M' - South African, electrical plug which has three thick circular pins. You will need a voltage converter, and plug adapter in order to use U.S. appliances.

## Climate

Climatic conditions generally range from Mediterranean in the south western corner of the country to temperate in the interior plateau, and subtropical in the northeast. A small area in the northwest has a desert climate. Most of the country has warm, sunny days and cool nights. Rainfall generally occurs during summer (November-March), although in the southwest, around Cape Town, rainfall occurs in winter (from June-August). Temperatures are influenced by variations in elevation, terrain, and ocean currents.

## Zimbabwe Country Guide

### Visas

Please be advised that visa requirements are subject to change and that visa procurement is the responsibility of the traveller and not On The Go Tours, therefore it is essential that you check current visa requirements with the embassy before travel. Please also ensure that your passport is valid for at least 6 months

from your planned date of departure from Africa.

UK, Ireland, Australian, New Zealand, USA and Canadian passport holders require a visa to enter Zimbabwe, these visas are available at the border for the following costs: Australian, New Zealand and US citizens: US \$30 single/\$45 double entry visa. British and Irish is US\$55 single/\$70 double. Canadians can only obtain a single entry visa at the border for US \$75. South African passport holders can obtain a visa for free. Visas can be brought using post 2003 US\$ notes, GB£ or South African Rand.

### KAZA Visa

Zimbabwe and Zambia have re-introduced the popular, and much-awaited KAZA (Kavango-Zambezi) "Uni-Visa", which allows visitors to stay in either (or both) countries for up to 30 days for a single payment of US\$50.

The UniVisa is available at Harare, Victoria Falls, Lusaka and Livingstone International airports, the Victoria Falls land border (Zimbabwe/Zambia) and the Kazungula land border (Zimbabwe/Zambia/Botswana).

The border crossings we use in Zimbabwe include:

Kazungula (Botswana/Zimbabwe)

## Vaccinations

Seek advice from your doctor or travel clinic at least six weeks prior to departure about what vaccinations you require. Typically the list includes typhoid, tetanus, diphtheria, polio, hepatitis A and B (for stays over 4 weeks).

In Zimbabwe a malarial risk exists from November to June in all areas below 1200m and throughout the year in the Zambezi Valley. We strongly recommend that you take your anti-malaria medication. Other precautionary measures to prevent contact with mosquitoes include: insect repellent, cover up at sundown, sleep under a mosquito net and wear long sleeve clothing and long trousers in the evenings.

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# Cape to Falls

**Yellow fever:** A yellow fever vaccination certificate is required from travellers over one year of age coming from infected areas.

## Currency

The Zimbabwean Dollar was abandoned in April 2009. The country has adopted a multi-currency scheme; the US Dollar and South African Rand can be used for domestic transactions.

Zimbabwe is essentially a cash-only society now with ATMs pretty useless for the foreigner. Credit cards only used in a handful of places, however all major hotels will now accept this payment. We recommend bringing enough cash to cover your stay in Zimbabwe (in either USD or ZAR) especially in the smaller denominations (US\$1-20 and ZAR10 - 200) as there is always a shortage of change and shopkeepers will often refuse larger bills. Please also be aware it is illegal to leave Zimbabwe with over \$1000 (or equivalent) in cash.

Zimbabwe introduced Bond Notes into circulation on 28 November 2017 which will be used alongside the US dollar and other currencies. These Bond Notes will be at a 1:1 parity with the US dollar. However, they are only legal tender within Zimbabwe and as such can only be used there. These Bond notes will be in \$2 and \$5 denominations and there will also be a new \$1 Bond coin.

Banking hours: Mon, Tues, Thurs, Fri - 0800-1500, Wed 0800-1300 and Sat - 0800-1130. In major towns/cities most banks have an ATM. American Express, Diners Club and Visa cards are widely accepted. Major foreign currencies can be exchanged at bureaux de change and banks at the official exchange rate. Please also be aware it is illegal to leave Zimbabwe with over \$1000 (or equivalent). As of June 2016 it is becoming increasingly difficult to withdraw money from ATMs in Zimbabwe. There is a cash limit of \$500 per day - however a lot of banks are not replenishing the ATMs. It is strongly advised that you bring enough money with you before you enter Zimbabwe and don't rely on getting any whilst there.

Travellers cheques are accepted at banks, these should be in US Dollars or Pound Sterling to avoid additional exchange rate charges. Most banks will want to see your passport and proof of purchase receipt before cashing your travellers cheques. Please Note: Travellers cheques can be difficult to cash so do not rely upon them as your sole source of funds.

## Time & Voltage

Standard voltage is 220-240V. Primary sockets require a 'Type G' - British plug, or 'Type D' - old English plug or Indian plug. You will need a voltage converter and plug adapter in order to use U.S. appliances.

Zimbabwe is 2 hours ahead of GMT. Daylight saving time is not observed.

## Climate

Although located in the tropics, temperate conditions prevail all year round in Zimbabwe as the climate is moderated by altitude and the inland position of the country.

Zimbabwe has a rainy season from November/December to March, during this time days are hot and sunny with possible afternoon thunderstorms. By April and May most of the rain is gone, skies are clear and days are sunny and warm. Night time temperatures drop dramatically between June and August although daytime temperatures remain pleasantly warm. Late August sees the start of the hot and dry season which continues until October.

## Zambian Airport Departure Tax

NOTES FOR THOSE FLYING OUT OF LIVINGSTONE AIRPORT IN ZAMBIA

An airport departure tax is in place for all flights departing from Zambian airports. It will no longer be included on the ticket and will now be collected in Zambian Kwacha cash direct from the passenger. The amount payable is currently K28,000 for Domestic Flights and K56,000 for International Flights and is payable on departure from all Zambian airports. Passengers need to have ZMK cash

available for this tax. Please note, departure taxes are subject to change.

## OPTIONAL ACTIVITIES

We offer a number of locally operated optional activities and excursions on each of our expeditions. We feel that offering optional excursions affords a greater degree of flexibility, independence and choice to our travellers. To help you budget, below is a selection of optional excursions available on this trip.

### Please note the following:

All prices are in US Dollars and are subject to change. Where activities occur away from your base, there may be an additional transfer cost. Make sure you have \$US dollars with you before you travel to Africa as it is notoriously difficult to get them here.

Victoria Falls activities (if applicable) - must be paid for in US\$ cash (GBP & ZAR also accepted at a lower rate).

Gorilla Trekking (if applicable) - the price varies dependant on where gorilla trek takes place ie Uganda, DRC or Rwanda.

We offer camping excursions in the Serengeti/ Ngorongoro Crater and Okavango Delta.

All optional excursions are offered by 3rd parties and independently of On The Go Tours. They are undertaken at your own risk and On The Go Tours take no responsibility for personal loss/injury caused.

### Botswana

Chobe National Park Game Drive US \$80

Chobe River Cruise US \$70

Ghanzi San Bushmen Experience US \$15

Scenic Flight Over Okavango Delta (5 per plane) US \$140 per person

### Namibia

Quad Biking Swakopmund US \$120

Sandboarding Swakopmund US\$80

Sky Diving Swakopmund US \$270

Township Tour Swakopmund US \$60

### South Africa

Abseiling Table Mountain. Pre/Post tour US \$110

Cape Point - Day Trip US \$100

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# Cape to Falls

Whale Viewing (June to November). Pre/Post tour US \$100

Winelands - Day Trip US \$180

## Zimbabwe

Bungee Jump (111m) US \$160-170

Helicopter Over The Falls 15 mins US \$165

Microlight Over The Falls 15 mins US \$180

Rafting & Boarding Combo US \$210

Rafting On The Zambezi Full Day US \$150

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