

# Highlights of Nepal

9 days | Starts/Ends: Kathmandu



Combine exploration of ancient cities, temples and palaces, breathtaking mountain ranges and thundering waterfalls. Go wild in one of Asia's finest game parks and immerse yourself in local life and culture. Get to know the real Nepal!

## HIGHLIGHTS AND INCLUSIONS

### Trip Highlights

- Kathmandu - Rickshaw ride through the city, explore Kathmandu Durbar Square and visit the Swayambhunath Stupa and Bodhnath Stupa
- Bhaktapur - Roam around the beautiful Durbar Square and test your pottery making skills
- Chitwan National Park - Go on a jeep safari in Chitwan, home to the one horned rhino and the elusive Bengal tiger
- Admire spectacular views of the Annapurna mountain range
- Pokhara - Visit the World Peace Pagoda, see the daily prayers at Matapani Monastery and go boating on Lake Phewa
- Patan - Explore the temples and shrines of Patan Durbar Square

### What's Included

- 8 breakfasts, 2 lunches and 3 dinners including dinner at a Nepali cultural evening
- 8 nights 4 star hotels
- Airport arrival and departure transfer day 1 and day 9
- Economy class flight from Pokhara to Kathmandu
- Touring of Kathmandu, Patan, Bhaktapur and Pokhara
- Chitwan National Park jeep safari in the buffer zone, jungle activities and park fees
- Rickshaw ride in Kathmandu
- Boating on Lake Phewa in Pokhara
- Escorted by English speaking local tour guides
- All relevant transfers and transportation in private air conditioned vehicles

### What's Not Included

- Entrance Fees: USD\$45-55pp, paid in local currency
- International flights and visa
- Tipping - an entirely personal gesture

## ITINERARY

### Day 1 : Kathmandu

Friday. Welcome to Kathmandu and the start of your holiday! You'll be met and transferred to your hotel where you will receive a

welcome drink and a briefing about your trip.

### Overnight - Kathmandu

### Day 2 : Kathmandu Valley



Nepal's capital Kathmandu is a fascinating blend of old and new and the largest and most cosmopolitan city in Nepal. This morning we visit Bodhnath stupa, a beautiful Buddhist worship site with spinning prayer wheels and prostrating pilgrims. Our next stop is the ancient city of Bhaktapur, Nepal's cultural gem which has maintained its traditional lifestyle and is famous for its pottery. We explore Bhaktapur's beautiful Durbar Square and visit Pottery Square we can try our hand at pottery making. Our final stop is Patan, the old Newari city with a historic Durbar Square full of temples. This evening enjoy dinner and a cultural Nepali dance performance.

### Overnight - Kathmandu (B, D)

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www.onthegotours.com  
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 AUS 1300 855 684 aus-info@onthegotours.com  
 NZ 0800 44 77 69 CAN 1 866 890 7038  
 USA 1 866 606 2960 SA 0800 990 311

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## Days 3-4 : Chitwan National Park



Kathmandu – Chitwan. On day 3 we travel by road to Chitwan National Park (approx 5 hr drive), arriving in time for lunch. Chitwan is hailed as one of Asia's finest game parks, home to more than 500 species including the endangered one horned rhino and the elusive Bengal tiger.

Over the next two days we enjoy a selection of activities offered by the lodge including a jeep safari, hoping to encounter the one horned rhino, various types of deer, boar, monkey, leopard and if we're very fortunate the Bengal tiger. Other activities at the lodge include a local village walk and nature walks in the jungle, a scenic dugout canoe ride down the Rapti River, bird watching and a visit to the Crocodile Breeding Centre. We'll also watch a traditional Tharu dance performance one evening with dinner. **Overnight - Chitwan National Park (B:2, L:2, D:2)**

## Day 5 : Pokhara



Chitwan National Park – Pokhara. After breakfast we travel to scenic Pokhara, gateway to the magnificent Annapurna Range, which consists of five mountains over 7200m and Machhapuchare Mountain at 7000m. The local people believe that Machhapuchare is sacred to the god Shiva and therefore is off limits to climbing. Arriving

in the afternoon, there's time to relax and perhaps take a stroll around the lakeside market. **Overnight - Pokhara (B)**

## Day 6 : Boating on Lake Phewa



This morning we watch a beautiful sunrise at the hill top World Peace Pagoda which offers spectacular views of the Annapurna range. Then we take a scenic 2 hour walk through Raniban forest back down to Lake Phewa where we enjoy a boat ride across the lake. Our sightseeing continues with an excursion to the beautiful Devi's waterfall and the spectacular Seti Gorge, where the Seti River has carved a 200m deep chasm through the Pokhara Valley.

This afternoon we visit a Tibetan refugee camp and the Matepani Monastery which sits on top of a mountain, overlooking the city. Monks from all over the country come to the monastery to study and here we will watch the monk's daily prayer. **Overnight - Pokhara (B)**

## Day 7 : R&R in Pokhara

Today is free day for you to explore Pokhara and participate in optional activities such as paragliding, ultra-light flight, zip line, bungee jump, mountain biking, cycling, boating and horse riding, or if you prefer, simply relax down by the lake.

**Overnight - Pokhara (B)**

## Day 8 : Kathmandu



Pokhara - Kathmandu. This morning we take the short flight back to Kathmandu and in the afternoon we explore more of the city. After visiting the beautiful Swayambhunath stupa which offers wonderful views of the city, we walk to Kathmandu Durbar Square, which is home to over 50 stunning temples and shrines. We'll also enjoy a rickshaw ride from Hanuman Dhoka to Thamel, through the bustling back streets of the city which is a great way to observe the everyday life of the locals. This evening is free for you to wander around the Thamel market, where you can pick up some last minute souvenirs. **Overnight - Kathmandu (B)**

## Day 9 : Kathmandu

Saturday. Our tour comes to an end today with a transfer to the airport. (B)

### HOTELS

Highlighted below are some of the hotels which we frequently use on this tour, though we reserve the right to substitute these hotels to ones of a similar standard.

**Please refer to your Tour Voucher for your confirmed arrival hotel and further arrival information.**

### Vivanta Kathmandu

This stylish 4 star hotel offers an oasis of modern comforts in the bustling city of Kathmandu. Conveniently located in the vibrant Patan District, just 1.1km from Patan Durbar Square, Vivanta Kathmandu offers spacious en suite guest rooms, equipped with a desk, flat screen tv, mini bar and free WiFi. After a busy day of sightseeing, head to the rooftop to relax in the heated infinity pool, enjoy a drink at the Koko Bar and watch the sunset, taking in the wonderful

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panoramic views of the Kathmandu Valley. For those that like to work up a sweat there's a state-of-the-art fitness centre and a spa complete with a steam room and sauna to rejuvenate. The hotel has a choice of two restaurants, offering authentic local dishes in addition to international cuisine, and the kitchen is open 24/7, so you can enjoy delicious food at any time of the day or night.



## Jungle Villa Resort

Situated at the northern borders of Chitwan National Park, the Jungle Villa's cottages contain well-furnished rooms with fully equipped ensuite bathrooms. Wake up to the sights of the World Natural Heritage Site from your private balcony overlooking the Rapti River. The resort's restaurant and outdoor bar serve a variety of cuisines and cocktails crafted from local produce. During the day, the National Park is right on your doorstep, should you wish to view the endangered flora & fauna on a safari tour, or join a village tour to learn about life in local communities.



## Kasara Resort

Situated on the border of Chitwan National Park, Kasara Resort blends simple luxury with a lush jungle setting. Each guestroom boasts a private, water-garden courtyard, an indoor-outdoor bathroom space and a sun deck set up for personal dining. Alongside a restaurant and spa facilities, guests can take part in an exciting range of outdoor activities. Perhaps enjoy a scenic cruise along the Rapti River in a dugout canoe, take a guided jungle walk in search of native wildlife or cycle around the nearby villages.



## Atithi Resort and Spa

Atithi (Sanskrit for 'guest') offers genuine Nepalese hospitality in the centre of Pokhara, just a 5 minute stroll from beautiful Lake Phewa. At the heart of the resort is its spa, which incorporates yogic methods into a range of modern treatments, and an outdoor pool looking out upon the majestic Annapurna range. The all-day restaurant serves tasty Indian, Chinese and Continental cuisine and the lounge-bar is the ideal place to relax with a drink and enjoy light bites, after a day exploring the enchanting Lake City. The comfortable rooms are ensuite, with rosewood furniture, LCD television, free WiFi and mountain views.



## PRICES / DATES INFO

Departure dates noted with a 'G' are guaranteed to operate. All other departure dates are guaranteed with a minimum of 4 persons. The 'Twin Share' price is per person when there are 2 people sharing a room. The 'Solo Room' price is applicable to all solo travellers, or if your booking party cannot reach the minimum of 2 persons in a room. Solo Rooms can also be booked by any other person wanting the comfort and privacy of their own room. Departure dates noted with a 'S' allow Solo travellers the comfort of a single room on this tour at no additional cost. The number of single rooms available is limited.

## PRICES / DATES 2021

Date	Twin Share	Single
10 Sep	USD 1,695	USD 2,295
24 Sep	USD 1,695	USD 2,295
08 Oct	USD 1,695	USD 2,295
22 Oct	USD 1,695	USD 2,295
05 Nov	USD 1,695	USD 2,295
19 Nov	USD 1,695	USD 2,295
03 Dec	USD 1,545	USD 2,145
24 Dec	USD 1,695	USD 2,295

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