

Peru, Canyon & Jungle

17 days | Starts/Ends: Lima



Discover the treasures of Peru from the spectacular depths of Colca Canyon to the dizzying heights of Machu Picchu and the Incan citadel. Take in the floating islands of Lake Titicaca staying with the local Aymara people before delving into the exotic Amazon Rainforest for a jungle experience.

HIGHLIGHTS AND INCLUSIONS

Trip Highlights

- Lima - take in the highlights of Peru's capital including the fascinating Larco Herrera Museum
- Arequipa - explore UNESCO-listed Arequipa and the impressive Santa Catalina Convent
- Colca Canyon – marvel at the world's deepest canyon, home to soaring condors
- Lake Titicaca – discover the floating islands of Uros and enjoy a homestay on Amantani Island
- Cusco - enjoy a city tour including key historical monuments like Plaza de Armas, the cathedral, Koricanca Temple and surrounding ruins
- The Sacred Valley – visit the Andean textile centre of Awanacancha,

archaeological complex of Pisac and local market, and the fortress of Ollantaytambo

- Machu Picchu - take a scenic train journey to the spectacular Inca citadel with included guided tour
- Amazon Jungle – spend three nights in a jungle lodge and explore the mighty Amazon, with guided walks and river cruises available

What's Included

- 15 nights STANDARD accommodation. Upgrading to SUPERIOR or DELUXE accommodation options are also available upon request. Accommodation rating – See Trip Notes for details
- 1 overnight homestay on Lake Titicaca
- 16 breakfasts, 11 lunches and 4 dinners
- Airport arrival and departure transfer on day 1 and day 17
- Services of local English-speaking specialist guides
- Entrance fees to all sites included in the itinerary
- Touring and excursions as per itinerary on a private basis unless otherwise stated
- Optional jungle activities available in your jungle lodge on a shared basis
- Public bus from Puno to Cusco
- Return train from Cusco to Machu Picchu (Vistadome coach)
- All relevant transfers and transportation on a private basis unless otherwise stated

- Boat trip on Lake Titicaca

What's Not Included

- International flights and visas
- Laundry, drinks and items of a personal nature
- Tipping – an entirely personal gesture
- Domestic flights – South American airpasses are available with LATAM and other airline carriers when booked in conjunction with international flights, offering significant savings on domestic flights. Please ask a member of the team for more information.

DETAILED ITINERARY

Days 1-2 : Lima

Day 1 marks the beginning of your incredible adventure through Peru. Arrival airport transfer is included and our representative will assist with hotel check in and spend time with you discussing your upcoming holiday. On day 2 discover why Lima has historically been such an important city with a scheduled sightseeing tour that covers Lima's most impressive colonial buildings as well as a number of fascinating museums. The afternoon is free for you to explore Lima further. **Overnight - Lima (B:1)**

Peru, Canyon & Jungle - 17 days

www.onthegotours.com
 UK 020 7371 1113 info@onthegotours.com
 AUS 1300 855 684 aus-info@onthegotours.com
 NZ 0800 44 77 69 CAN 1 866 890 7038
 USA 1 866 606 2960 SA 0800 990 311

This information has been compiled with care and good faith. They give an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. Any costs shown are subject to change, though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of On The Go Tours.

Peru, Canyon & Jungle

Day 3 : Arequipa

Lima – Arequipa. After breakfast transfer to the airport for your flight to the attractive city of Arequipa. Later in the day embark on a scheduled tour of Arequipa and marvel at the spectacular scenery. From the Carmen Alto lookout enjoy the views of the three volcanoes surrounding the city before heading to the countryside to visit Inca terraces, famous temples and colonial houses. The day concludes with a visit to the Santa Catalina Convent. Practically an entire city within Arequipa, the convent comprises numerous streets and plazas, as well as cloisters that have remained intact despite the passing of centuries. **Overnight - Arequipa (B)**

Days 4-6 : Colca Canyon



Arequipa – Colca - Puno. Today head towards the Colca Valley, passing a number of traditional towns, natural lagoons, volcanic peaks and a national reserve along the way, for a three day scheduled excursion. This is a great place to see many species of birds and South American camelids in their natural habitat. Stop for an invigorating coca tea at Patahuasy and ascend to a pass 4800m above sea level before reaching your final destination, the town of Chivay.

On day 5 visit the village of Yanque to enjoy the typical dances of the region before continuing towards Cruz del Condor. Here you can observe the majestic flight of the Condor – the largest bird in the world - as it soars over the Colca Canyon. To best admire the canyon you will make a number of stops at various lookout points. The Colca Canyon is one of the world's deepest and photo opportunities abound. Heading back to Chivay the remainder of the day is free for you to explore Chivay's artisan shops and

markets or for the more adventurous, head to Río Colca for white-water rafting.

On day 6 you will be transferred to Puno, a boxed lunch is provided. Upon arrival check into your hotel and spend the rest of the day at leisure. **Overnight - Colca Canyon (2), Puno (1) (B:3, L:3)**

Days 7-8 : Lake Titicaca



Puno – Amantani – Puno. After breakfast board a yacht from Puno port for a shared cruise and tour around the floating islands of Uros. Inhabited by fishermen and hunters, these beautiful islands are made from totora reeds and were built in order to escape the imposition of invading cultures. Your cruise continues to the genuine island of Amantani, renowned for the fine crafts made by inhabitants. Enjoy lunch in the community before visiting the hilltop sanctuaries of Pachatata and Pachamama. You then settle in to your home stay, meeting the family who will be your host for the night and enjoying home-cooked meals. It's a fantastic opportunity to learn about these peoples' lifestyle and culture.

After breakfast the next morning bid fond farewell to your home stay family and continue to the neighbouring island of Taquile. The peasant community of this island has kept intact the customs and traditions of their ancestors and a visit here is like taking a step back in time. After lunch visit archaeological ruins and soak up the immensity of Lake Titicaca – the world's highest navigable lake – from the beautiful beaches that line Taquile's shore. Later return to Puno. **Overnight - Amantani (1) Puno (1) (B:2, L:2, D:1)**

Days 9-10 : Cusco



Puno – Cusco. Today travel by bus to historic Cusco. Passing the gentle, rolling Andean Plains where vicuña and alpacas roam freely, with incredible views of the towering, snow-capped Andean mountains. During the journey you'll make stops en route. Arriving into Cusco you will be transferred to your hotel.

On day 10 explore the 'navel of the world' and discover why it's considered the archaeological capital of South America. Your scheduled city tour takes in the Incan streets of Loreto and Ahuajpinta where you'll find the remains of impressive Incan palaces, as well as old colonial buildings such as the Cathedral. Later in the day, head to the impressive fortress of Sacsayhuaman and the ruins of Kenko, Tambomachay and the Tambo de Puca Pukara. Afternoon at leisure. **Overnight - Cusco (B:2, L:1)**

Day 11 : Sacred Valley

Cusco – Sacred Valley – Cusco. Known as the Sacred Valley, the area between Cusco and Machu Picchu is littered with traditional Andean villages and fascinating Inca ruins. Today you explore the region on a scheduled excursion, starting with the textile centre of Awanacancha where the art of Incan textile is kept alive.

Continue to the archaeological complex of Pisac, formed of a collection of remains of Incan dwellings, temples and terracing. Practice your bartering skills at the local market before stopping for lunch then continue to the impressive fortress and citadel of Ollantaytambo. **Overnight - Cusco (B, L)**

Peru, Canyon & Jungle - 17 days

www.onthegotours.com
 UK 020 7371 1113 info@onthegotours.com
 AUS 1300 855 684 aus-info@onthegotours.com
 NZ 0800 44 77 69 CAN 1 866 890 7038
 USA 1 866 606 2960 SA 0800 990 311

This information has been compiled with care and good faith. They give an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. Any costs shown are subject to change, though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of On The Go Tours.

Peru, Canyon & Jungle

Day 12 : Machu Picchu



Cusco – Machu Picchu – Cusco. This morning a scenic train journey followed by a bus ride brings you to the legendary ‘Lost City’ of Machu Picchu on a scheduled excursion. Set on a mountainous peak overlooking a deep canyon on the Urubamba River, the ancient Inca city is indeed one of South America’s most impressive sights. Be amazed by the incredibly well-preserved plazas, towers and temples as you enjoy a guided tour of Machu Picchu. Lunch at a local hotel follows before returning to Cusco by train **Overnight - Cusco** (B, L)

Days 13-15 : Puerto Maldonado and the Amazon



Cusco – Puerto Maldonado. Early this morning board a flight to the remote jungle settlement of Puerto Maldonado - the starting point for a scheduled excursion into the Amazon Jungle. A boat ride along the Madre de Dios River brings you to your jungle lodge where you will spend the next three nights in a beautiful cabaña. A wide variety of excursions are on offer from guided walks through the jungle to twilight river cruises. Sail in small wooden canoes or test your vertigo on a canopy walkway. Over the next three days you will learn much about the Amazonian wildlife and its most colourful characters with excursions available to the Tambopata National Reserve, Gamitana Creek and the Inkatererra Ecological

Reserve. As daylight wanes share your daily experience of life in the rainforest with your fellow guests with the captivating sounds of the jungle your soundtrack. **Overnight - Amazon Jungle Lodge** (B:3, L:3, D:3)

Day 16 : Lima

Puerto Maldonado – Lima. Bidding farewell to the jungle head back to Puerto Maldonado by boat for your flight to Lima. If there is time be sure to visit the Inkatererra Butterfly House located close to the airport. Peru boasts the greatest variety of butterflies in the world, many of which can be seen at the Butterfly House. Upon arrival in Lima you will be transferred to your hotel where the rest of the day is free. Perhaps head to the local markets for a spot of bargain hunting or mark your final night in Peru in style at one of Lima’s trendy salsa clubs. **Overnight - Lima** (B)

Day 17 : Lima

Your amazing adventure concludes with hotel check out and a departure airport transfer for your onward journey. (B)

Tipping

Tipping is an essential part of the culture. For a job well done, we would suggest for your tour guide: USD\$5-6 per traveller, for each day of sightseeing.

For your driver and On The Go Representative we'd recommend USD\$2-3 per traveller for each day of service. Tipping is an entirely personal gesture and ultimately the amount is up to you.

Accommodation ratings

On our Private trips, you can often choose your style of accommodation. The price quoted on our website is reflective of the included accommodation, please see the “included” section on the first page of this document for details. Should you opt for an alternative hotel category, this will be confirmed in writing with the respective price on your invoice.

For further details about the indicative hotels, please see the “hotels” tab on our website. Here we rank hotel’s in their respective country (REGIONAL CATEGORY) - but we also

tell you how it ranks by Western standards (OUR CATEGORY).

STANDARD - Equates to a Western 3-star standard, always featuring en-suite rooms and usually a restaurant.

SUPERIOR - Equates to a Western 4-star standard, featuring en-suite rooms and usually a restaurant and often a swimming pool and/or a fitness centre.

DELUXE - Equates to a Western 5-star standard, usually featuring spacious, en-suite rooms, a restaurant, swimming pool and fitness centre and an array of amenities, excellent service and customer care.

LUXURY - Equates to a Western 5-star plus standard - the creme de la creme. Featuring spacious, en-suite rooms, a restaurant, swimming pool and fitness centre and an array of amenities, this accommodation is a cut above the rest. Sheer opulence!

KNOW BEFORE YOU GO

Peru Country Guide

Peru - Fact File

- Official Name: Republic of Peru
- Capital: Lima
- Population: 30 million
- Total Area: 1.285 million square kilometres (twice the size of France)
- Official Language: Spanish, Quechua and Aymara also spoken in places
- Religions: Roman Catholic 90%
- Voltage: 220 volts. Sockets are a mixture of the European, two-pronged round variety and US flat-pin.
- Dialling Code: +51
- Time Difference: GMT/UTC -5. For other time differences please visit www.timeanddate.com
- Airport Departure Tax: US\$31

Peru - Visas

Currently, EU, US, Canadian, Australian and New Zealand citizens can enter Peru without a visa for up to 90 days (on arrival ask for 90 days as the standard issued is 30 days). As this situation changes periodically, we advise you check with your local Peruvian embassy prior to departure. All tourists will be presenting

Peru, Canyon & Jungle - 17 days

www.onthegotours.com
 UK 020 7371 1113 info@onthegotours.com
 AUS 1300 855 684 aus-info@onthegotours.com
 NZ 0800 44 77 69 CAN 1 866 890 7038
 USA 1 866 606 2960 SA 0800 990 311

This information has been compiled with care and good faith. They give an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. Any costs shown are subject to change, though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of On The Go Tours.

Peru, Canyon & Jungle

with a tourist card to enter Peru, which will be issued to you by your airline before landing and will be stamped by an official upon arrival where you will also be asked to present a return ticket or proof of funds for your stay and return ticket. This must always be kept with you throughout your stay in South America (as per Peruvian law, everyone must carry some form of ID at all times) – especially when travelling outside of main towns and cities. You must also retain this card for when you exit Peru (this is a big deal, if you lose it, you can't leave & must go through all sorts of bureaucracy - which takes days). Take a copy or a digital photograph copy.

Peru - Climate

Peru is split into three main zones – the coast, the mountains and the jungle, all boasting different climates. From the driest hottest desert in the Americas, to the Andean peaks, to the lowland Amazon Jungle, each zone offers different seasons.

It rarely rains along the coast; however, the capital does experience a substantial amount of smog, coastal fogs and even drizzle, particularly between the months of May and November.

The mountains and the jungle regions can be divided into wet season between November and April and dry season between May and October. During dry season there can be some showers however it is not as heavy or as frequent. Rainy season normally means a few downpours a day rather than continuous rain.

Peru - Money

Local currency

The monetary unit in Peru is the Nuevo Sol. For up-to-date exchange rates with your own currency visit www.xe.com.

Changing money, credit cards & ATMs

US dollars are used and accepted for payment in Peru, especially in tourist areas however we recommend you always carry some local currency where you can as you are more likely to get preferable exchange rates. There is no restriction on the amount of foreign currency you can bring into Peru however large sums must be declared on arrival. We recommend keeping a small supply of small denomination

notes and coins as there is usually a lack of small change.

Traveller cheques are also better exchanged in US dollars. Banks will usually accept and exchange traveller's cheques however it can be trickier and a much slower process than when in Lima.

We recommend you change enough money to get through the first few days of your trip – especially over a weekend. Please note you can change cash at the Cambio or withdraw money from an ATMs in the capital (as well as Arequipa, Cuzco and Puno) where ATMs are open 24 hours a day.

Important

Please note that ATMs in Peru do not always automatically release your credit or debit card at the time when you receive your money. Please be aware that you sometimes must push a button to request your card to be returned. Many ATMs in main towns have instructions in English.

Peru - Local Transport

We recommend using local taxis for your journeys in Peru, especially outside of main cities. Taxis do not usually have meters, so the fare must be agreed with the driver beforehand. Be sure to ask the hotel reception or your tour leader for a rough guide of the price so when you start your negotiation with the drivers you know how much the fare should be. It also helps if you speak some Spanish to help you however please expect to pay more than the locals do.

Local buses are also available and cheap to use however you really do need to speak reasonable Spanish to get by. There are also bus stops, especially in the capital where tourists are recommended to avoid.

Peru - Food & Drink

Peruvian cuisine is known for its hot and spicy nature which comes from the classic mix of garlic and hot pepper that we have come to celebrate abroad. Due to the diversity of the Peruvian landscapes, the country enjoys a wide variety of fruits and vegetables.

The basic diet focuses around chicken, beef or seafood, (however be prepared to see some exotic meats such as guinea pig on offer) accompanied by rice, chips and salad. Specialities along the coastal regions include 'Cerviche', raw fish marinated in lemon juice, with onion and hot chillies. Another local speciality is 'Cuy', roasted guinea pig served whole and accompanied with yucca and potatoes.

In the highlands, diets focus on potatoes and vegetables, with the country producing over 2000 kinds of cultivated and indigenous potatoes there is an array of variety. 'Causa', a dish made from yellow potatoes, lemons, eggs, sweet potato, cheese and onion sauce. 'Tamales' boiled corn dumplings wrapped in banana leaves and filled with meat are another local favourite.

In most larger cities and towns, you will find an array of restaurants offering international cuisine. Chifas (Chinese restaurants) are very common in Peru, as well as Italian pizzerias, Japanese and Indian restaurants have begun to open however we also recommend trying the 'menu del dia' in local restaurants for a cheap authentic meal.

Vegetarians

If you are a strict vegetarian you may experience a distinct lack of variety in the food available, especially in small towns. However vegetarian alternatives are becoming more popular. Our tour leaders will do their best to provide interesting vegetarian alternatives for included meals, but your patience and understanding is requested.

Drink

Please note that drinks will be at your own expense throughout the duration of the tour. Most hotels we use will either have a bar onsite or within walking distance. Imported spirits and beers are available but at a higher price. There are also local drinks available including 'Pisco' clear brandy distilled from grapes.

'Inca Kola' is the country's soft drink of choice, so popular that MacDonaldis had to allow it to be sold in Peruvian branches due to exceptionally high demand.

Peru, Canyon & Jungle - 17 days

www.onthegotours.com

UK 020 7371 1113 info@onthegotours.com

AUS 1300 855 684 aus-info@onthegotours.com

NZ 0800 44 77 69 CAN 1 866 890 7038

USA 1 866 606 2960 SA 0800 990 311

This information has been compiled with care and good faith. They give an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. Any costs shown are subject to change, though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of On The Go Tours.

Peru, Canyon & Jungle

You should be wary of drinking the local tap water. Bottled water, carbonated soft drinks and fruit juices are widely available and much safer.

Peru - Bugs

If your tour includes a visit to the jungle region, we advise that you prepare yourself to encounter an array of wildlife including insects and bugs etc. Most creepy crawlies are harmless and will not cause problems at all. If you do find any in your room, it doesn't mean that the room is unclean, just that you are in the jungle and its completely normal – if anything it's part of the jungle experience. If you do not like creepy crawlies we recommend plenty of repellent spray and coils to place in your room.

Peru, Canyon & Jungle - 17 days

updated on 23-05-2022 02:31:06

www.onthegotours.com

UK 020 7371 1113 info@onthegotours.com

AUS 1300 855 684 aus-info@onthegotours.com

NZ 0800 44 77 69 CAN 1 866 890 7038

USA 1 866 606 2960 SA 0800 990 311

This information has been compiled with care and good faith. They give an accurate illustration of the proposed arrangements for this holiday. Circumstances beyond our control such as changes in local conditions, inclement weather or other reasons could force us to make changes to this itinerary. Any costs shown are subject to change, though are an accurate reflection of costs at time of writing. Please also note that visa requirements are subject to change and are the responsibility of the traveller and not that of On The Go Tours.