

# Cruise Saigon to Angkor Wat

## 11 Days | Ho Chi Minh City to Siem Reap



*Cruise the Mekong River on this 11 day journey through Vietnam and Cambodia. Experience the hustle and bustle of Ho Chi Minh City before taking in colourful floating markets and local communities of the Mekong Delta. Crossing into Cambodia travel on to the capital Phnom Penh, marvel at Tonle Sap and gaze in wonder at spectacular Angkor Wat.*

### HIGHLIGHTS AND INCLUSIONS

#### Trip Highlights

- Saigon - independently explore the city
- Cruise the Mekong and Tonle rivers for seven nights on board one of the finest River Cruisers
- Cai Be - visit Cai Be's colourful floating market and cottage industries
- Practice Tai Chi at sunrise on the sun deck
- Sa Dec - take a traditional sampan to Binh Thanh island
- Tan Chau - explore the town on a traditional xelois, visit a local market and take a boat ride around floating houses and a fish farm
- Learn to cook tasty local cuisine at a culinary class on board

- Angkor Temple Complex - explore Ta Prohm, legendary Angkor Wat and the temples of Angkor Thom
- Phnom Penh - visit the National Museum of Fine Arts, the Royal Palace and Silver Pagoda, Toul Sleng (Security Prison - S21) and the Killing Fields
- Tonle Sap Lake - cruise across Asia's largest fresh water lake (High water season only)
- Kampong Chhnang - discover Cambodia's wonderful "water world" with its floating villages
- Angkor Ban village - step back in time on a visit to this unspoiled rural community
- Mekong - meet the children at a local school, visit the pre-Angkorian temple of Wat Hanchey and the colourful monastery of Wat Nokor

#### What's Included

- 10 breakfasts, 7 lunches and 7 dinners
- 7 nights on board the Jahan or Jayavarman River Cruiser, on a full board basis with drinking water, coffee/tea included, taxes, fuel, river pilots and port dues
- 3 nights 4 star hotels
- Group shore-excursions to Cai Be floating market, Sa Dec, sampan tour of Binh Thanh, Tan Chau, Phnom Penh, Angkor Ban, Koh Oknha Tey Island
- Full day tour of Angkor Temples in Siem Reap.

- Airport arrival transfer on day 1 and departure transfer on day 11
- All transfers and transportation in air-conditioned vehicles
- English speaking local guides for scheduled sightseeing
- All entrance fees

#### What's Not Included

- International flights and visas.
- Tipping - is an entirely personal gesture. For the River Cruiser gratuities we recommend budgeting 8-10 USD per passenger per day.

### DETAILED ITINERARY

#### Day 1 : Ho Chi Minh City



Arrive in Ho Chi Minh City and transfer to your hotel. The rest of the day is free for you to explore at your own pace. **Overnight - Ho Chi Minh City**

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## Day 2 : Mekong River Cruise



Ho Chi Minh City - Mekong River Cruising. This morning travel 70km south to My Tho to board the luxurious Jahan or Jayavarman river cruiser for your seven night cruise along the mighty Mekong River. Whilst the boat plies the Mekong you can admire the views from the deck, sip cocktails in the bar or opt for a dip in the pool. A sumptuous lunch and dinner will be served on board before the cruiser docks near Cai Be this evening. Cai Be is a charming small town, famous for its floating market and manufacturing of traditional crafts and food products. **Overnight - River Cruise** (B, L, D)

## Day 3 : Cai Be & Sa Dec



Start the day with an invigorating Tai Chi class on the sun deck, a past time enjoyed by many in Asia. After breakfast head on to land to visit the famous Cai Be floating market. From here you'll visit a workshop to learn how rice paste, rice paper and rice wine is made. Returning to your cruiser, journey onward to Sa Dec, from here you'll transfer on to a traditional sampan to tour Binh Thanh Island. One of the larger Mekong Islands, Binh Thanh is home to communities who have settled and make their living by growing water hyacinths. Wander through the village and gain an insight into rural life in the Mekong.

This afternoon you can opt to pamper yourself with a spa treatment or take a dip in our pool on the sun deck. A presentation will be offered

this evening about life on the Mekong Delta. Tonight the cruiser moors near Tan Chau. After dinner tonight you can join an evening cinema session (offered each night) featuring some classic movies. **Overnight - River Cruise** (B, L, D)

## Day 4 : Tan Chau



Mekong River Cruising - Phnom Penh. This morning start the day with a visit to sleepy town of Tan Chau, which you'll explore from the back of 'xelois' - a local vehicle used as taxis in the region. Here you'll visit the colourful local market near one of the ancient temples, try your hand at bartering with some of the local vendors. Next, board a local boat to see the floating houses located here before reaching a floating fish farm. This area is a large source of fish production which is sold all over the world.

Back on board the cruiser your journey continues to the Vietnamese-Cambodian border. Relax and enjoy a fascinating and leisurely cruise through the deep Cambodia countryside towards Phnom Penh. A culinary class is offered this afternoon, where you can learn to cook tasty local cuisine. Dinner is served before the cruiser docks in Phnom Penh and this evening you're free to head out and explore the Cambodian capital. **Overnight - River Cruise** (B, L, D)

## Day 5 : Phnom Penh



Nestled on the banks of the Mekong River, the vibrant capital of Cambodia is famed for its impressive colonial architecture and historic sites. Enjoy the highlights of Phnom Penh as you embark on a full day of sightseeing today. This morning you will learn about the horrors that were faced by Cambodians during the brutal regime of the 'Khmer Rouge' and their leader Pol Pot. First stop is the Killing Fields, where over 100,000 victims were executed, before continuing to Toul Sleng (Security Prison - S21), a school that was gruesomely transformed into a torture chamber.

This afternoon visit the National Museum of Fine Arts, with its impressive collection of Khmer sculptures, continue to the Royal Palace and Silver Pagoda, gaze upon the lavishly decorated buildings – with floors paved with silver tiles and statues of Buddha encrusted with thousands of diamonds, a true sight to behold. **Overnight - River Cruise** (B, L, D)

## Day 6 : Kampong Chhnang

LOW WATER SEASON (mid-November - end of July)

Phnom Penh - Kampong Chhnang - Tonle River. The ship will depart early this morning as you sail towards Kampong Tralach on Cambodia's narrow Tonle River through much jungle like scenery. Reaching the shore by boat you'll visit the local Green School.

Back on board a hearty lunch is served as the ship cruises towards Kampong Chhnang - the water world of Cambodia. Everything here is built on sticks - balanced on the water rich soil. Later you will head back on land and take a mini bus to a nearby village for a walking tour and introduction into Khmer style pottery and

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the production of palm sugar. Tonight the ship will moor mid-river in the Tonle area.

**HIGH WATER SEASON** (August to mid-November)

Phnom Penh - Kampong Cham. The cruiser will depart early this morning as you travel towards the small village of Angkor Ban. Famed for its unspoiled community, having escaped the destruction of the Khmer Rouge, you'll have a sense of being transported back in time as you explore this warm and welcoming village.

This afternoon, continue down the Mekong before paying a visit to a local school to understand more about the education of Cambodian children. Next, visit Wat Hanchey, built in the 7th century this small complex sits upon hill with breathtaking views down the Mekong. Another temple is located nearby, the colourful monastery of Wat Nokor will showcase the life and worship of the local monks. Return to the boat this evening for dinner. **Overnight - River Cruise** (B, L, D)

## Day 7 : Koh Oknha Tey Island



**LOW WATER SEASON** (mid-November - end of July)

Tonle River - Kampong Cham. This morning you'll sail from towards the mighty Mekong passing the confluence at Phnom Penh. Arriving at Koh Oknha Tey in the centre of the Mekong - a tuk tuk takes you around the island - famous for its manufacture of high class silk and you'll stop at a silk making workshop. Back on board before lunch your expert guides will teach you about the Geography of the Mekong and the Tonle Sap' giving you an insightful presentation of your current location.

After lunch the ship continues to the quaint village of Angkor Ban - famous for beautiful

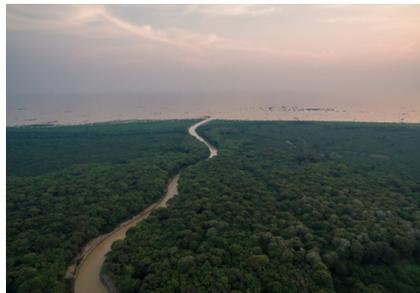
traditional houses. Later on you'll enjoy a cocktail party on the riverbank. Dinner is served onboard as your ship cruises to Kampong Cham for the night.

**HIGH WATER SEASON** (August to mid-November)

Kampong Cham - Kampong Chhnang. Enjoy the views of the Mekong at breakfast this morning as you voyage to the island of Koh Oknha Tey. Renowned for its high quality silk products, explore the island by tuk tuk and learn the fascinating process of silk production, from silkworm to final garment.

After lunch a monks blessing will take place on board the boat, with the intention of casting away the bad spirits and delivering prosperity. Later, the boat will reach the confluence of the Mekong and Tonle River before heading through the jungle like landscape on the way to Kampong Chhnang. On the banks of the river see people going about their daily lives and you may be greeted by excitable and friendly local children. The last point of call for the day is the local Green School. **Overnight - River Cruise** (B, L, D)

## Day 8 : Kampong Cham



**LOW WATER SEASON** (mid-November - end of July)

The first stop of the day is Wat Hanchey - a per-Angkorian temple built back in the 7th century - sitting on top of a hill it offers spectacular views across the Mekong. This afternoon you'll visit the colourful monastery of Wat Nokor. Whilst here there is the opportunity to see the bamboo bridge that connects the island to the mainland. This is only possible in the low water season and the bridge is rebuilt every year when the water level drops again.

Next up there is a visit to a local school to learn more about the new young generation of Cambodian children. This evening is out last night onboard and it is celebrated with a farewell dinner and dancing with the crew.

**HIGH WATER SEASON** (August to mid-November)

Kampong Chhnang - Tonle Lake. After a morning Tai Chi class the boat will sail into Kampong Chhnang, an incredible village of houses and businesses perched on sticks in the river. Joining a smaller boat, cruise around this fascinating floating village before embarking on a tour of a local community which specialises in Khmer pottery.

This afternoon enjoy lunch on board as the boat meanders down the Tonle River before reaching the Great Tonle Sap Lake. This awe-inspiring mass of water is the largest fresh water lake in Asia and provides the setting for a relaxing high tea this afternoon. **Overnight - River Cruise** (B, L, D)

## Day 9 : Siem Reap



**LOW WATER SEASON** (mid-November - end of July)

Kampong Cham - Siem Reap. After your last breakfast on board it is time to disembark. Your next stop is Siem Reap and a transfer (4.5 hours approx) takes you there and arrival into the town is expected in the early afternoon. The remainder of the day is at leisure.

**HIGH WATER SEASON** (August to mid-November)

Tonle Lake - Siem Reap. This morning the river cruise makes its final journey through Tonle Sap Lake before arriving into Siem Reap. Tonle Sap Lake is the life blood for many Cambodians and reportedly has more fish than any other lake in the world. As you disembark the cruise boat in Siem Reap you'll

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be met and transferred to your hotel. The rest of the day is at leisure to explore this pretty town. **Overnight - Siem Reap (B)**

## Day 10 : Angkor Wat



Today enjoy a full day of sightseeing at the incredible Angkor Complex. The first stop is the ancient city of Angkor Thom, the centre piece, the Bayon temple, was constructed in the 12th century and is an amazing example of bas-reliefs, particularly in the east and south gallery. At Angkor Thom you'll also visit Baphuon Temple and the Terraces of the Elephants & the Leper King. Next continue to Ta Prohm temple, also known as 'Tomb-Raider Temple', which is a maze of atmospheric temples, with trees and other foliage intertwined with the crumbling walls.

This afternoon visit spectacular Angkor Wat, a temple that needs little introduction. One of the most iconic temples in the world it was built by Suryavarman II and was completed during the 12th century. It is one of the most phenomenal devotions to a god ever conceived. **Overnight - Siem Reap (B)**

## Day 11 : Siem Reap

Arrangements conclude after breakfast and onward departure transfer to the airport.(B)

### HOTELS

Highlighted below are some of the hotels which we frequently use on this tour, though we reserve the right to substitute these hotels to ones of a similar standard.

**Please refer to your Tour Voucher for your confirmed arrival hotel and further arrival information.**

### Liberty Central Hotel

The brilliantly located Liberty Central is a modern hotel with stylish, well-appointed rooms and suites and a good range of facilities and amenities. The Central Restaurant offers Western, Asian and Vietnamese specialities and the hotel's health centre, spa and pool are ideal for a spot of rest and relaxation. Guests can enjoy coffee and freshly baked pastries at the Bistro Bar.



### RV Jahan Cruise

Named after the former Indian emperor Shah Jahan, the Jahan is one of the Heritage Line's most romantic cruisers. The superior staterooms are designed with warming red tones complimented with stunning white furnishings. All staterooms have private balconies and queen size beds. The Jahan cruise boat benefits from a whole host of excellent amenities on board including the stylish East India Club, a great place to relax and sip a delicious beverage and the elegant Observatory. The boat also has an onsite Apsara Spa and outdoor pool.



### RV Jayavarman Cruise

Named after Angkor's most highly respected kings, the Jayavarman tastefully combines the art deco charm of France in the 1930s with the enchantment of Indochina. The en suite cabins are beautifully designed with traditional wooden carvings, stunning artwork as well as full length windows opening onto private balconies. The boat itself benefits from a number of bars, restaurants and onboard Apsara Spa as well as an outdoor pool to relax by as the boat

cruises along. The friendly and professional staff look forward to greeting you on board.



### Saem Siemreap Hotel

Just a short walk from the famous Pub Street of Siem Reap, the Saem Siemreap Hotel offers beautiful accommodation in a tranquil setting. Guest rooms are tastefully decorated with hard wood floors and contemporary en suite facilities. The hotel benefits from complimentary Wi-Fi as well as an outdoor pool and a number of restaurants and bars including the Silver Restaurant serving up a delicious array of Asian and Continental dishes. The Saem is located just a 5 minute drive from the famous Old Market in the garden village of Sala Kanseng.



### Health Requirements - Cambodia

You should seek medical advice before travelling to Cambodia from your local health practitioner and ensure that you receive all of the appropriate vaccinations. As a guide Tetanus, Typhoid, Hep A, Diphtheria and Polio are recommended.

There is the risk of malaria in parts of Cambodia so it is very important to check with your doctor before you go, to see whether malarial medication is required for the areas you are visiting. Yellow fever is not present in Cambodia but a yellow fever vaccination certificate is required from those travelling from an infected region.

#### Water

Tap water in Cambodia is not considered safe to drink. It's recommended to only

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drink bottled mineral water, which is readily available in hotels, shops and restaurants.

## Health Requirements - Vietnam

You should seek medical advice before travelling to Vietnam from your local health practitioner and ensure that you receive all of the appropriate vaccinations. As a guide Diphtheria, Hepatitis A, Typhoid and Tetanus are strongly recommended.

### Malaria in Vietnam

Areas with malaria: Rural only, except none in the Red River Delta and the coast north of Nha Trang. Rare cases in the Mekong Delta. None in Da Nang, Haiphong, Hanoi, Ho Chi Minh City (Saigon), Nha Trang, and Qui Nhon. Estimated relative risk of malaria for travellers: Low

### Water

The tap water in Vietnam is generally considered safe to drink, but as a precaution against stomach upsets you may want to drink bottled mineral water, which is readily available from shops, hotels and restaurants.

## Climate

Cambodia has a tropical monsoon climate with two seasons; Rainy season from May to November, when the countryside is lush and green, and dry season from late November to April, when there are long days of glorious sunshine and clear skies. Temperatures in Cambodia remain fairly constant and warm throughout the year, apart from in the north, when winters (December to March) are generally colder.

Vietnam has a varied climate due to its geography. The south is hot year round and has two seasons: The wet season lasts from May to October, with brief, daily showers. The dry season from November to April is generally sunny and humid. In the north, the summer months (May to October) are hot and there is the occasional burst of heavy rain. In the winter (December to February) temperatures drop in the north and it can be damp. The coastal region of central Vietnam is blessed with long months of sunshine, although there is rainfall in November and December. At this time there can also be

some typhoon activity in the central coastal region.

## Time & Voltage

Cambodia and Vietnam are 7 hours ahead of Greenwich Mean Time(GMT).

The voltage in Cambodia is 230v. In Cambodia 3 types of plugs are commonly accepted: 2 flat prong plugs (type A), the 2 round pin european plug (type C) and many of the new 4 and 5 star hotels use the British standard 3-pin plug (type G). To cover all bases, it is best to pack an international travel adaptor!

The voltage in Vietnam is 220v. In Vietnam 3 types of plugs are commonly accepted: 2 flat prong plugs (type A), the 2 round pin plug (type C) and many of the new 4 and 5 star hotels use the British standard 3-pin plug (type G). To cover all bases, it is best to pack an international travel adaptor!

## Currency - Vietnam

The official currency in Vietnam is the Vietnamese Dong.

Euro, British Pounds, US Dollars and other major currencies can be exchanged locally at the airport, bureau de changes or banks. US Dollar notes are widely accepted and shopkeepers use both currencies interchangeably. You can often pay for items in USD and receive your change in USD notes and coins in VND. Make sure that your USD bills are crisp and clean and you will have no problem using or exchanging these throughout your stay. ATM machines can be found in all major cities though it is not common to pay with credit card in restaurants, cafes or shops for purchases. It's advisable to request bank notes in smaller denominations, as it can sometimes be hard to get change from large notes and smaller notes are handy for smaller purchases and gratuities.

Traveller's Cheques are not recommended as they're often difficult to exchange and incur high fees.

## Currency - Cambodia

The official currency of Cambodia is the Cambodia Riel but USD is also widely

accepted and sometimes preferred in larger stores and supermarkets.

Pound Sterling, US Dollars, Euro and other major currencies can be exchanged in Cambodia at various bureau de changes in major cities and towns. However foreign currency is also widely accepted and often desired more so it can give the shopper more buying power. ATMs can be found in all larger towns and cities and some five star hotels. We recommend you take a mixture of cash (preferably USD) and credit/ debit cards for ATM's. It's advisable to request bank notes in smaller denominations, as it can sometimes be hard to get change from large notes and smaller notes are handy for smaller purchases and gratuities.

Traveller's Cheques are not recommended as they're often difficult to exchange and incur high fees.

## Essential Packing

- Lightweight cotton garments. Ladies will need to have their shoulders and legs (to below the knee) covered when visiting the Royal Palace in Phnom Penh and Angkor Wat. Please pack accordingly
- Comfortable walking shoes in addition to flip flops/ thongs
- DEET based mosquito repellent & antihistamine cream
- Bring a 2 flat prong (type A) and a 2 round pin (type C) electrical adaptors. A universal adaptor will cover all bases
- Lightweight, fold up raincoat/ poncho/ umbrella
- Two spare passport photos & a photocopy of your passport
- A small daypack for your day-to-day needs
- Sunglasses, hat, sunscreen, swim costume and torch

## KNOW BEFORE YOU GO

### Entrance Fees

Entrance fees to most sites are not included, although reasonably priced. The entrance fee amount is noted under exclusions on page one of this document and a breakdown of the entrance fees is provided upon arrival on the Welcome Letter.

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For tours starting in Vietnam we collect entrance fees on Day 2 of the tour. All funds collected in Vietnam are payable in either US dollars (USD) or Vietnamese dong (VND).

Multi country tours starting in Laos - please note if you are travelling on our Laos to Vietnam, Inside Indochina or Indochina Discovery tour your entrance fees will be split into two separate payments. Entrance fees for Laos will be collected on day 2 of the tour in Vientiane and entrance fees for Vietnam/Cambodia/Thailand will be collected on day 8 in Hanoi.

## Tipping Kitty

At the start of your tour, we take a small tipping kitty (the amount is noted under exclusions) from all tour participants to cover tips throughout your holiday. This saves you the hassle of knowing when and how much to tip bellhops, luggage handlers, bus drivers, train conductors and other support staff throughout the tour.

This amount does not include a tip for your tour guides. For a job well done, we would suggest USD \$3 - 6 per person per day. Tipping your guide is an entirely personal gesture and ultimately the amount is up to you.

Multi country tours starting in Laos - please note if you are travelling on our Laos to Vietnam, Inside Indochina or Indochina Discovery tour your tipping kitty will be split into two separate payments. Tips for Laos will be collected on day 2 of the tour in Vientiane and tips for Vietnam/Cambodia/Thailand will be collected on day 8 in Hanoi.

## Groups & Guides

The longest Signature Tour we offer in Southeast Asia is our Indochina Discovery 23 day tour. All other Signature Tours we offer (with the exception of the family tours) are sectors of this larger tour. The longest Budget Tour we offer in Southeast Asia is our Hanoi to Bangkok Tour 19 day tour, all other Budget Tours are sectors of this longer tour. As our tours are modular you may have travellers join you part way through your holiday (in Hanoi, Ho Chi Minh City or Phnom Penh on Signature Tours or in Ho Chi Minh City our

Budget Tours). There will also be travellers who end their tour when you continue on.

### Guides:

In Laos a Lao national guide escorts our tours from Vientiane through to Luang Prabang and in Vietnam a Vietnamese national guide escorts our tours from Hanoi through to Ho Chi Minh City.

In Cambodia our tours have two guides - a Cambodian national guide in Phnom Penh and a specialist regional guide in Siem Reap.

Our tours that end in Bangkok are not fully escorted for the Thailand sector. On our Signature Tours there is a local Thai guide for the Bangkok city tour. If you are travelling on a Budget Tour a local guide will meet you at the Cambodia border and escort you to our hotel, then you will be unescorted for the rest of your stay in Bangkok.

## What to Pack

- Lightweight cotton garments. Ladies may need to have their shoulders and legs (to below the knee) covered when visiting certain sites, so please pack accordingly.
- Comfortable walking shoes in addition to flip flogs/ thongs
- DEET based mosquito repellent & antihistamine cream
- Electrical adaptors. A universal adaptor will cover all bases
- Lightweight, fold up raincoat/ poncho/ umbrella
- Two spare passport photos & a photocopy of your passport
- A small daypack for your day-to-day needs
- Sunglasses, hat, sunscreen, swimming costume and torch
- Sleep sheet if taking an overnight sleeper train in Vietnam. These also can be easily purchased in Hanoi at a cost of USD\$5
- An overnight bag, if your tour includes a night board a Junk boat in Halong Bay. As we will be returning to Hanoi it is not essential that you take your big bag/ suitcase with you.

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