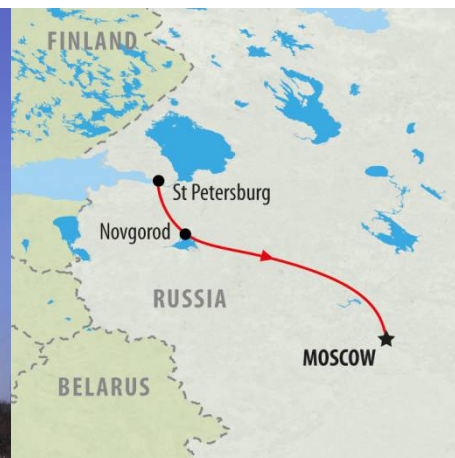
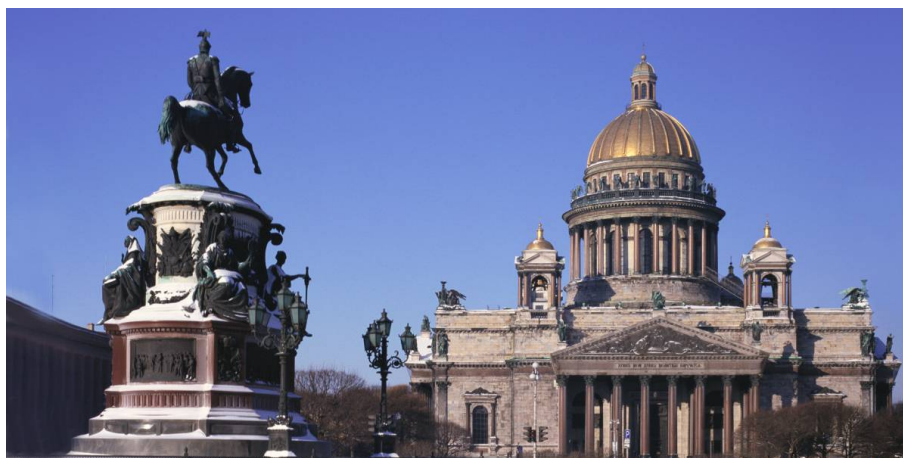


# The Big Chill

## 9 days | St Petersburg to Moscow



*Christmas & New Year Tour: Seasons greetings from Russia! Enjoy a relaxed yuletide in St Petersburg - northern city of the tsars, relax and defrost in a traditional banya (sauna) in ancient Novgorod and frost up for New Year in hedonistic Moscow, Russia's mighty capital city.*

### HIGHLIGHTS AND INCLUSIONS

#### Trip Highlights

- Take in the highlights of St Petersburg including a guided tour of the exquisite Church on Spilled Blood, Peter & Paul Fortress and Cathedral
- Take a guided tour of the remarkable Hermitage Museum at the Winter Palace
- Visit Catherine Palace at Tsarkoe Selo on Christmas Day and marvel at the incredible Amber Room
- Spend a night in Novgorod, an ancient city by the Volkhov River - explore the kremlin, cathedral and other sights and enjoy a traditional Russian banya (sauna)
- Discover Moscow's UNESCO-listed Red Square, home to spectacular St Basil's Cathedral, Lenin's Mausoleum and the historic GUM Department store
- Explore the grounds of Moscow's mighty Kremlin, with its numerous government

buildings, gold-domed cathedrals and the giant tsar bell

- Ring in the New Year in Moscow, Russia's hedonistic capital

#### What's Included

- 8 breakfasts, 1 lunch and 3 dinners (including a Welcome Dinner on day 1)
- 1 overnight train from Novgorod - Moscow in an 4-berth cabin including bed linen
- 7 nights 3-4 star hotels
- Escorted by an English speaking Russian tour guide
- Specialist Russian guides at local sights
- Guided sightseeing - St Petersburg, Novgorod and Moscow
- Airport arrival transfer on day 1
- All relevant transfers and transportation on tour
- Moscow Metro travel card - 6 journeys
- Russian banya (sauna) experience

#### What's Not Included

- Entrance Fees: USD\$40-50pp, paid in local currency
- International flights and visa
- Laundry, drinks and items of a personal nature
- Tip for your tour guide. We recommend you allow USD\$3 - 5 per day, per traveller. Tipping your guide is an entirely personal gesture

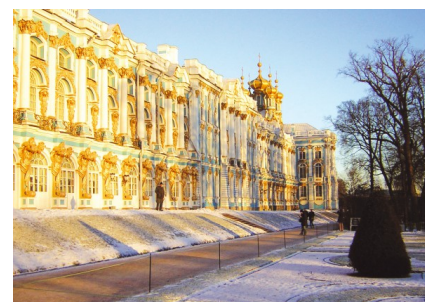
### DETAILED ITINERARY

#### Day 1 : St Petersburg

24 December 2020. Welcome to St Petersburg and the start of your winter holiday! Upon arrival you will be met at St Petersburg Pulkovo Airport and transferred to your hotel for check-in. This evening meet at 8pm for a group dinner at the hotel, followed by an informative welcome meeting. Remainder of the evening at leisure - your tour guide can recommend some local bars for you to try out.

Please note: the meeting point for your welcome meeting and dinner this evening will be noted on a flip chart beside the hotel reception desk. Please refer to this when you check-in. **Overnight - St Petersburg (D)**

#### Day 2 : Christmas at Catherine Palace



Merry Christmas! St Petersburg is known as the city of the tsars and this morning we

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head out of city to explore beautiful Catherine Palace at Tsarskoe Selo. At Catherine Palace the exterior and the interior of this lavishly decorated building really catch the eye - particularly the spectacular Amber room.

The rest of the day is free for you to relax and independently explore the city. Most of the city sights are dotted along and just off the main thoroughfare - Nevsky Prospekt. It's an easy city to find your bearings and get around. St Petersburg has a spirited restaurant, bar and jazz club scene, plus some of Russia's best beers.

During our time in St Petersburg there will be the chance to book optional excursions such as a night at the Russian Ballet or a traditional Cossack Show. Today there will also be an optional dinner at a local restaurant. All optional excursions are subject to availability - book and pay locally. **Overnight - St Petersburg (B)**

## Day 3 : St Pete's Sightseeing



St Petersburg is an enchanting city with a rich and fascinating history. It was from here that the tsars ruled over Russia for two centuries until the Russian Revolution in 1917. Today remnants of the city's grandiose past can be seen in its beautiful historic centre; made up of a series of canals this UNESCO World Heritage site is dotted with elegant baroque bridges, impressive rococo architecture and spectacular palaces. Modern-day St Petersburg is thriving city of culture, with fabulous museums, art galleries and world-class museums, offering plenty to keep visitors entertained.

This morning we get a wonderful overview of the city as we drive along the famed Nevsky Prospekt, past the museum and university districts and a few photo stops will be made along the way at places such as

the magnificent St Isaac's Cathedral and The Bronze Horseman. Our city tour this morning includes the impressive Peter & Paul Fortress which was built on the orders of Peter the Great and was at one time at political prison. Within the compound is the beautiful Peter & Paul Cathedral, which houses the tombs of the Romanov monarchs. We also visit the exquisite Church on Spilled Blood.

After a hearty traditional lunch we take a guided tour of the remarkable Hermitage Museum in the Winter Palace - which houses one of the biggest and best art collections on earth. **Overnight - St Petersburg (B, L)**

## Day 4 : Time to Explore

St Petersburg – Novgorod. Today gives you the opportunity to shop for some last minute souvenirs, maybe some traditional nesting dolls or Russian memorabilia found at the canal side market near the striking Church on Spilled Blood. Alternatively a walk along St Petersburg's main street - Nevsky Prospekt. Later we travel on to ancient Novgorod, where we will enjoy a steamy Russian banya (sauna) and hearty dinner (remember to pack your swimwear). **Overnight - Novgorod (B, D)**

## Day 5 : Novgorod



Novgorod – Moscow. Novgorod is one of Russia's oldest cities, located within reach of the Volkhov River and Lake Ilmen that was formed as a town in the middle of the 10th century. A guided tour of Novgorod takes in the riverside fortified Kremlin, cathedral and other sights of interest. The Kremlin fortress was mentioned in chronicles as early as in 1044, whilst today's walls and towers, despite being re-built in 15th century, are impressive all the same. Tonight we have dinner before travelling by overnight sleeper train from Novgorod to Moscow. Be sure

to buy some snacks before the journey!  
**Overnight - Overnight Sleeper Train (B, D)**

## Day 6 : Moscow City Tour



Early this morning, we arrive into Moscow - the capital that spawned dozens of spy novels! Today we will ride on the capital's efficient Metro to Red Square. From here, we'll take in the jewels of Russia's capital on a guided walking tour, taking in sights such as the epitome of Russian power – the Kremlin, Lenin's Mausoleum and the ritzy GUM department store. At the south end of the square, feast your eyes on the wildly coloured, turban domed St Basil's Cathedral, an enduring Russian symbol commissioned by Ivan IV (also known as Ivan the terrible) in 1555.

Spend the remainder of the day at your own leisure. During our stay in Moscow there will be the chance to join our optional Moscow by Night coach tour (book and pay locally). **Overnight - Moscow (B)**

## Day 7 : The Kremlin



This morning we head back to Red Square to pay our respects to Lenin - the grandfather of Communism, at his eerie mausoleum. It is here that his embalmed body has lain in state since his death in 1924. Later we will continue to the Kremlin - Russia's bastion of political might, where we enjoy a guided walk through the grounds, seeing numerous government

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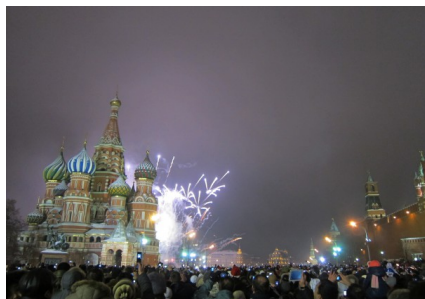
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buildings, gold-domed cathedrals and the tsar bell.

The rest of the day is free for you to independently explore the city. As well as boasting some of the country's most recognizable landmarks, Moscow is also home to internationally acclaimed museums and art galleries, respectable retail havens in the form of malls, markets and boutique-style shops, and hundreds of restaurants and cafes serving a wide variety of cuisine. **Overnight - Moscow (B)**

## Day 8 : New Year's Eve in Moscow



Today is free for you to explore Moscow on your own. For souvenirs, Izmailova Market is the place to go. Behind its whimsically decorated walls you'll find one of the best markets in Moscow, whether you want to pick up some tacky souvenirs, genuine fur hats or some traditional handmade crafts.

Alternatively we offer an optional guided tour of a formerly top secret Cold War bunker today. Up until recently this Stalinist-era Soviet Bunker was a secret symbol of Soviet Power. Hidden beneath an ordinary two storey apartment building in Moscow, 18 floors below ground level, this 75,000 square foot facility was constructed covertly, in the 1950s, to protect against the threat of a US nuclear attack. In the 1990s, this bunker came off the top secret list and is now open to the public.

This evening we head into the city to ring in the New Year among the crowds and offer an optional New Year's Eve dinner (book and pay locally). While Red Square is certainly one of the most popular places to count down to midnight, it can also get extremely busy

making it often difficult to find a place. But fear not, there are plenty of other exciting activities happening around Moscow' capital city, whether it's watching the fireworks as they light up the night sky over Christ the Savior Cathedral from Patriarchy Bridge or dancing in the New Year in one of the city's trendy bars or clubs. **Overnight - Moscow (B)**

## Day 9 : New Year's Day

01 January 2021. Happy New Year! Our tour comes to an end after breakfast and hotel check-out at 12 noon. **(B)**

### HOTELS

Highlighted below are some of the hotels which we frequently use on this tour, though we reserve the right to substitute these hotels to ones of a similar standard.

**Please refer to your Tour Voucher for your confirmed arrival hotel and further arrival information.**

#### Harbor Club Hotel

Well-located in St Petersburg, the Harbor Club Hotel can be found on a quiet street, yet only a short walk from the bustling city centre. Its guestrooms feature modern décor, with spacious ensuite bathrooms and modern amenities including air conditioning. You'll also find a shared lounge and bar, as well as an on-site restaurant serving tasty European cuisine. Here, guests can enjoy a continental or buffet breakfast or, if you'd prefer, there is also the option of dining in the comfort of your hotel room.



#### Yurievskoe Podvorie Boutique Hotel

Yurievskoe Podvorie is a traditional Russian farmstead hotel, located in one of the most picturesque corners of Novgorod, surrounded by lush forest. This charming boutique property has 20 guest rooms,

which are spacious and comfortable, with ensuite bathrooms, tv and mini bar. Guests can enjoy hearty Russian cuisine at the hotel's two restaurant halls and let off some steam in the traditional Russian banya (sauna).



#### Izmailovo Delta Hotel

The 4 star Izmailovo Delta Hotel forms part of the huge Izmailovo Gamma Delta complex, which was built to accommodate guests and participants of the 1980 Olympic Games in Moscow. Offering comfortable guest rooms with modern amenities, the complex also boasts 16 restaurants and bars serving Russian and international cuisine, a SPA, gym and swimming pool, in addition to shops, a bank and post office. Conveniently located with the Partizanskaya Metro Station just 350 yards away, it's a quick 10 minute metro ride to Red Square where you can take in the highlights of the capital. The hotel is also ideally located for souvenir shopping, with the famous Izmailovo Market just a short stroll away.



### KNOW BEFORE YOU GO

#### Optional Excursions

We offer a range of optional evening excursions which are bookable locally. The optional excursions that are offered change each week dependent upon what is on in St Petersburg and Moscow at the time and the group size. Some of the excursions only operate a specific times of year and have a minimum group size.

At the welcome meeting on day 1 your tour leader will give you a list of the optional

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excursions that are available during your tour and the cost of them in Roubles. Please note that the price of the optional excursions is dependent upon the number of people who choose to book and if the excursion is escorted by the guide and includes transportation. Below are some of our most popular optional excursions that can be booked and paid for locally in Russian Roubles (cash) on the morning of day 2.

- Watch a wonderful Russian ballet in St Petersburg. We offer performances in the Mikhailovsky Theatre or the Royal Hermitage Theatre depending on availability. Prices vary from USD\$100-200
- Located across 42 islands, Saint-Petersburg is a perfect place to explore by water and enjoy the stunning architecture that this city boasts. Have a wonderful journey by boat along the rivers and canals and feel the atmosphere of the biggest Northern port of Russia. (Offered 15 May - 15 Sept). The rates are subject to a minimum of 6 participants. From USD\$45
- Experience Moscow by night on a panoramic coach tour and river cruise (minimum of 6 people are required for this trip to run). From USD\$60
- Watch the world-class national dance show 'Kostroma' in Moscow, which offers an aesthetic journey into Russia's deep history, with a varied mix of national dances and contemporary ballet pieces. From USD\$60

## Entrance Fees Not Included

Moscow and St Petersburg entrance fees are not included in the cost of our Russia group tours\*, these need to be paid to your tour leader on day 2 in local currency - Roubles. You will find the cost of entrance fees noted under 'What's Not Included' on page 1 of this document.

Please note that entrance fee amounts do change and thus upon your arrival to Russia your leader will give an exact total and breakdown. Please note that we do not include a guided tour of the interior of St Basil's Cathedral, should you wish to go inside please budget approx USD\$8.

## Tipping

As in many countries tipping is becoming the norm in Russia. In better restaurants it is suggested that you tip 10% of the bill if you were pleased with the food/service.

If you would like to express your appreciation to your tour guide, we've made suggestion as to the appropriate amount on page 1 (under the heading 'Exclusions') of these Trip Notes. Tipping is an entirely personal gesture.

## Visas

Most travellers require a visa to visit Russia. In order to obtain your visa a Russia Letter of Invitation is required (endorsed by the Russian Ministry of Foreign Affairs) which we will procure for you. We will provide a Letter of Invite for the duration of the tour and any pre or post night's accommodation that you have booked through On The Go Tours. If you book your own pre or post tour accommodation you will need to request a separate Letter Of Invite from the hotel for these nights.

South African passport holders are granted visa free entry to Russia for a duration of up to 90 days when travelling without the intention of living, working or studying in Russia.

If you're a resident of the UK and would like someone to handle your visa application for you then we recommend CIBTvisas. Please visit <http://www.cibtvisas.co.uk/onthego> to start your visa application with them.

If you reside overseas or are departing the UK more than 3 months prior to arrival in Russia, we can provide you with the necessary invitation letter for entry into Russia in order for you to procure the visa independently from a Russian Embassy/consulate in your region. Please note independent applications are your own responsibility.

Further information is available online at [onthegotours.com/Russia/Visas](http://onthegotours.com/Russia/Visas). It is your responsibility to ensure you procure your visa in a timely fashion. We recommend you apply for your visa at least 1 month before departure.

## Arrival Transfer

An arrival transfer is included for all those arriving on day 1 or those arriving earlier who have booked pre tour accommodation through On The Go. Our transfer representatives wait 90 minutes from the time your flight has landed and they will be holding a visible On The Go sign. If you are delayed please contact our Moscow or St Petersburg office (as detailed on your tour voucher) to advise that you have been delayed for whatever reason. If your luggage has been misplaced, head to 'Information' or your airline's desk prior to exiting Customs to find out how you may lodge a 'lost luggage' report.

## Overnight Trains

Russian Revolution, Route of the Romanovs and The Big Chill include a comfortable overnight train journey. Russian trains are solid, utilitarian and reliable. All our passengers are reserved in 4-berth closed cabins with freshly laundered bed linen provided. Though not air conditioned, trains are indeed heated during the winter season. We recommend stocking up on some snacks and drinks before you board the train.

We book train tickets 65 days in advance of travel, and once they have been purchased they are non-refundable and non-changeable. Should you wish to upgrade to a 2 berth cabin you will need inform us 65 days prior to departure, otherwise you will have to pay a cancellation fee on top of the upgrade price.

Please note for any train journeys - if you book your tour less than 65 days before departure then it is unlikely you will be in the same carriage as the others in the group as their tickets will have already been purchased.

## Fitness

There may be a lot of walking involved on your tour, particularly in Moscow where we explore most of the sites on foot, therefore please be aware that a reasonable level of fitness is required.

## Health Requirements

It is recommended that you be vaccinated for Diphtheria, Polio and Tetanus. Food and

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waterborne diseases are more common than in the UK, so Typhoid and Hepatitis A are recommended. If visiting Yekaterinburg and undertaking outdoor activities between May and August, a vaccination for tick-born Encephalitis may be recommended. This information is only intended as a guide and recommendations can change so please consult with your local healthcare provider.

Drink bottled water only, pack some anti-diarrhoea medication, mosquito repellent and sun cream if visiting in summer.

## Currency

While the Russian Rouble is no longer a closed currency, it can sometimes be difficult to buy in advance or to exchange upon your return. As such we recommend exchanging Pound Sterling, US Dollars and other major currencies in Russia, plus you may receive a better exchange rate in destination. To avoid issues, exchange only clean, unmarked bank notes. Bureau de Change and ATM machines exist in Moscow and St Petersburg (to a lesser extent in the provinces). Changing traveller's cheques is a real hassle. Credit cards are readily accepted.

## Climate

Russia is a destination that offers year-round appeal. Certainly summer is appealing for many travellers. Devoid of snow-covered landscapes, Russia positively blooms in spring and summer. The snow melts to reveal beautifully coloured flowers and manicured lawns at many of Russia's most famous palaces, parks and gardens and previously spindly birch trees heaving with green foliage. Russia is pleasantly warm in summer. In July and August temperatures have been known to rival the Mediterranean. During mid-summer in the northern city of St Petersburg there is no real darkness and this wonderful phenomenon is known as 'the white nights'.

Autumn (September - October) is brief but also a good time to travel to Russia, when there are less crowds and the country is swathed in golden autumnal hues. From November through to February winter sets in and the country is usually blanketed in crisp white snow. Despite the freezing temperatures, this

is a magical time to visit if you like snow - think fluffy hats, warm coats, picturesque snowy landscapes and a very high chance of experiencing a white Christmas!

## Time

Russia (European Russia west of the Urals) is 3 hours ahead of Greenwich Meantime (GMT). From the last Sunday in March to the last Sunday in October, summertime is in force in the UK and time reverts to 4 hours ahead of GMT.

## Voltage

Standard voltage in Russia is 220V, 50Hz AC. Sockets require a Continental or European plug with two round pins. Remember to pack a travel adaptor.

## Victory Day - 9 May

On 9 May every year Russia celebrates Victory Day, which commemorates the Soviet victory over Nazi Germany in World War II. On this special day the streets fill up with revellers to witness the country's biggest military parade. Please be aware that if you are travelling during or around this time certain sites may be closed due to parade preparation.

## What to Pack

- A frameless backpack or small suitcase on wheels is recommended for your tour. Complimentary portage is not offered at hotels or train stations. Often we need to walk some distance from where we're dropped off/picked up at train station
- Smaller day bag for your camera and i-Pod etc
- Summer - Russia can get very hot during the summer months of July/August. Pack lightweight cottons and warmer clothes for the evening
- Winter - Russia is bitterly cold from October through to March. Pack a scarf, quality gloves, hat, thermal leggings and longer length coat. You'll also need a warm pair of boots/shoes with a good grip
- Personal first aid kit (see 'Health precautions')
- Sunglasses and an umbrella
- Swim wear and a towel (for the banya/sauna)

- Mosquito repellent & sunscreen (if visiting in summer)
- Money belt and a universal adapter
- Flat pack toilet paper and anti-bacterial wipes
- Spare camera batteries, especially if you possess a digital camera which requires specialist high-power batteries
- Two spare passport photos/passport photocopy in case of loss/theft
- Your luggage should not exceed 20kg (44pounds). Pack as light as possible to leave room for the souvenirs!

## Food & Drink

### Food

Russia produces a very diverse culinary repertoire. Beyond Moscow, St Petersburg and other big cities, the choice is far more limited. Which is why we include meals on provincial Russia on our group tours.

Caviar, smoked sausage, pickles, field mushrooms, cheese and soured cream are the basis of zakuski (hors d'oeuvres or appetisers) - a popular dish. Also try savoury piroshki (a stuffed pastry) and blini (savoury stuffed pancakes). The Russians excel at hearty meat and vegetable-based soups. The tsar of all soups is Borsch and Solyanka is also good.

Well-loved classic mains include - beef Stroganoff (invented in Russia, as was chicken Kiev), pelmeny (Siberian-style dumplings) and spicy Georgian cuisine such as shashlyk. Russian rye bread is flavoursome and most often eaten without butter. Fish varieties include - omul (similar to salmon and from Lake Baikal) and sturgeon - often poached and served with a sauce or mushrooms. Russians also excel at the art of ice-cream making. St Petersburg is particularly renowned for its ices.

### Drink

Russians consume an average 12 litres of pure alcohol a year, which is three times the average for the rest of the developed world and also testament to how good the vodka really is! Vodka is one of Russia's most famous exports. Supermarket & liquor store prices range from USD\$3.00 for a half litre up to USD \$20.00 for connoisseur brands.

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Russian beer (pivo) is also inexpensive and very good. The market leader is Baltika who produce 9 excellent brews, appropriately labelled 1 through 9 and sold on tap and in bottles.

Drink only bottled water in Russia. It is inexpensive and available everywhere. Locally, the water is considered drinkable, but it contains undesirable levels of heavy metals and Giardia, an annoying little stomach bug. If you do pick up Giardia, it can be treated with antibiotics.

## Moscow Metro

The Moscow Metro is the easiest and quickest way to get around and your tour (if incorporating time in Moscow) will include a Moscow Metro travelcard (for 6 journeys/rides). A Stalinist gift to the people of Moscow, this is one Stalinist project Muscovites are proud of. Graffiti-free stations offer an air of elegance with granite and marble-clad surrounds. Many of the stations boast chandeliers, huge mosaic freezes depict the power of good Soviet workers banding together to help the state and strikingly elaborate sculptures cast in bronze offer a study of people from an age where collectivism was at the forefront of the Communism dream. Art Nouveau style lamps illuminate the long escalator arches.

Riding the Moscow Metro is a sightseeing excursion in itself. Meanwhile, although St Petersburg has an equally fine Metro transportation system, as the city is more walker-friendly you'll be able to get to most inner-city sights often without the need to board the Metro.

**SPECIAL NOTE:** Mind your purses and bags aboard the Metro. Pickpockets are as prevalent here as elsewhere.

## Trading Hours

As a rule shops are open from 9.30am to 7pm or later and generally closed on Sunday. Banks are usually open weekdays from 9am to 5pm in Moscow and St Petersburg, with a break for lunch. Restaurants, cafes and bars

trade until late. In Moscow and St Petersburg, many grocers trade 24/7.

## Shopping

Since the fall of the Soviet Union, Russia has embraced the free market. Souvenirs are authentic, inexpensive and usually well-made. The trademark souvenir is the brightly decorated wooden Matryoshka doll - a set of dolls within dolls. Enamelled wooden boxes known as palekh are also popular. Perhaps the most curious hangover of Communist times is the quantity of surplus Red Army and military souvenirs. The ubiquitous 'fluffy brown hat', so common an image of Russia, is also a must-buy. The Russians themselves wear similar hats but theirs are often made of real mink, ermine or fox fur. A great place to shop for reasonably priced souvenirs is the Izmailovsky Market in Moscow, which is conveniently located, just a short walk from our hotel.

## A Russian Banya

If your tour visits Novgorod or Suzdal there's the opportunity to sample an invigorating Russian banya (sauna) with veniki (birch twigs). In the public baths of ancient Rome - Romans employed strigule, a curved, scraping instrument to remove dirt and stimulate their skin. The Turks use a kese - best described as a rough cloth - massaging mitt. For their banya - Russians use bundles of very thin birch twigs, with and without leaves. These bundles are known as 'veniki' in Russian. Why birch twigs? Birch relieves pain in the muscles and joints and lifts the mood of the banya user. Once prepared and in the sauna, the twigs (which need to be softened in a bowl of water for around 10 minutes) are employed in a sort of light massaging 'thrashing' motion across the body. It's best to get someone else to do this. Although it sounds painful on bare skin - it isn't and it's something you should try! The massage with the veniki stimulates blood circulation and the overall experience will leave you feeling clean, exhilarated and fresh! In winter, it's fun to get all hot and sweaty and then run outside and roll around in the snow. Give it a whirl, if you dare!

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