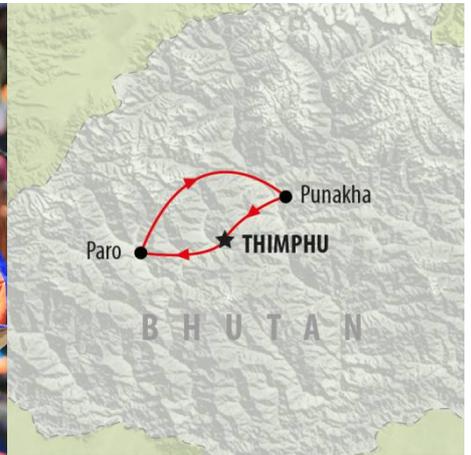


# The Thimphu Festival 2020

8 Days | Starts/Ends: Paro



Take your place at the famed mask dance performances at the Thimphu Tshechu Festival in 2020, whilst discovering the best of Bhutan. Hike to Tiger's Nest Monastery, see the world's biggest Buddha Dordenma statue and explore the Punakha Valley before sitting back to watch the unique and colourful displays of traditional culture performed at the city's most popular event.

## HIGHLIGHTS AND INCLUSIONS

### Trip Highlights

- Thimphu Tshechu Festival - see the colourful masked dance performances and other cultural displays at the city's most popular event
- Paro - Enjoy a guided tour of the city, including the National Museum and Rinpung Dzong
- Punakha Valley - Hike up to Chimi Lhakhand Temple (the temple of Divine Madman) and camp next to scenic Mo Chu River
- Picturesque villages of Talo or Nobgang - where we explore the ancestral home of the Queen Mothers of Bhutan

- Dochula Pass - Himalayan peaks - Masagang, Tsendagang, Terigang, Jejegangphugang, Gangkar Punsum
- Thimphu - Explore Bhutan's capital city including, the Memorial Chorten, Kuenselphodrang, a handmade paper factory and Drubthob Nunnery
- Handicraft Emporium - Browse through beautiful hand-woven and crafted products in Thimphu
- Tiger's Nest Monastery - Hike up to this famous Buddhist monastery perched on a cliff face

### What's Included

- 7 breakfasts, 7 lunches and 7 dinners
- 6 nights 3-4 star hotels and 1 night camping near the banks of scenic Mo Chu River
- Airport arrival and departure transfer on day 1 & day 8 (only)
- Guided sightseeing of Paro, Thimphu, Punakha and the Punakha Valley
- Traditional Bhutanese dinner at a farm house, giving you the opportunity to interact with a local family
- Escorted by a licensed English-speaking local tour guide
- All relevant transfers and transportation in private A/C vehicles
- Entrance fees to all included sightseeing
- All Bhutan government royalties and taxes

- Bhutan Visa fee and travel Permit (excludes visa admin fee of USD\$20 pp, payable upon arrival)

### What's Not Included

- International flights, Bhutan visa administration fee payable upon arrival USD\$20
- Tipping - an entirely personal gesture

## ITINERARY

### Day 1 : Paro

Wednesday 23 September 2020. Welcome to Bhutan! Upon arrival to Paro Airport you'll be met and transferred to our hotel. The remainder of today is free for you to independently explore. **Overnight - Paro** (L, D)

### Day 2 : Punakha, Chimi Lhakhang Temple & Camp by the Mo Chu River



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Paro – Punakha. It's an early start as we travel the road to Punakha, climbing up through pine, oak and rhododendron forest to reach Dochu La Pass (3050m). After a short break we continue onto the spectacular Punakha Valley, where we enjoy a scenic 1.5 - 2 hour walk up to Chimi Lhakhang Temple - dedicated to Lama Drukpa Kunley (also known as the Divine Mad Monk). After, we visit the impressive Punakha Dzong an exemplary masterpiece of Bhutanese architecture built at the confluence of the Pho Chu and Mo Chu Rivers.

Later this afternoon we head to our campsite on the banks of the Mo Chu River, where there's free time to relax and explore the natural surrounds. In the early evening you can opt for a hot stone bath served with local drinks, followed by dinner.

**Overnight - Punakha (B, L, D)**

## Day 3 : Punakha Valley



Punakha Valley – Thimphu. After an early breakfast, we drive along the shores of the Mo Chu River and hike (approximately 2 - 2.5 hours) up through rice fields to the Khamsum Yuelley Namgyal Chorten, a stunning temple located on a hill with impressive views of the valley below. After exploring the area, we drive to the picturesque villages of Talo scattered along a ridge above the Punakha Valley. This afternoon, we stop for a picnic lunch before visiting Sangchen Dorji Lhendrup Nunnery, perched on a ridge with spectacular views of the Punakha and Wangdue Valleys. In addition to religious training, the nuns are also taught skills such as embroidery, tailoring and statue making. After our visit to the nunnery we drive to Thimphu.

**Overnight - Thimphu (B, L, D)**

## Day 4 : Masked dances of the Thimphu Tshechu (Festival)



The Tshechu Festival of Thimphu is a 3 day religious event which marks the tenth day of the lunar calendar and honours the birthday of Guru Rimpoche Padmasambhava, an Indian Saint who spread Buddhism in the country in the 8th century. Tshechus are grand occasions where entire communities come together to witness religious mask dances, receive blessings and socialise. It is said that anyone who attends a Tshechu and witnesses the colourful masked dances is profusely blessed. Every mask dance performed has a special meaning or a story behind it and many are based on stories of the life of the Guru.

Today, we drive to Tendrelthang at Tashichho Dzong and mingle with the residents of Thimphu and nearby districts of Paro, Punakha, whom are dressed in their best attire to witness the unique spectacle that is - the famed masked dances, and other colourful and exciting displays of traditional culture performed on this very special day. **Overnight - Thimphu (B, L, D)**

## Day 5 : Memorial Chorten & Handicrafts



Thimphu is the political, social and spiritual heart of the nation and although this is Bhutan's most modern city, it has retained the unique character of a Bhutanese town.

Today we discover the city's sites with visits to, the Memorial Chorten - a beautiful stupa built in the memory of Bhutan's third King, Kuenselphodrang (Buddha point) - to see the world's biggest Buddha Dordenma statue and enjoy the views of Thimphu Valley, a handmade paper factory where the age old tradition of paper making is still followed.

For those that appreciate local crafts, we'll be stopping at various workshops to see a wide assortment of beautifully hand-woven textiles, paper, jewellery and artwork.

**Overnight - Thimphu (B, L, D)**

## Day 6 : National Museum and Kichu Lhakhang



Thimphu - Paro. Today we drive to Paro with sightseeing en route. We'll stop at Chuzom, the confluence of Paro (Pachu) and Thimphu (Wangchu) rivers which provides incredible views of three different types of Stupas – Bhutanese, Tibetan and Nepalese.

We continue, to Tachogang Iron chain bridge and Lhakhang (Temple) which was built by Thangthong Gyalpo in the fifteenth century. The temple was likely constructed in 1420. While the Tibetan master was meditating here, he had a vision of an emanation of Avalokiteshvara and decided to build a temple, as well as an iron suspension bridge at this location. A new temple at Tachogang was built in the seventeenth century by the Fourth Druk Desi (local leader) Tenzin Rabgye as the original was destroyed after it served as the main seat for the Five Groups of Lamas, a coalition of local leaders who had opposed Zhabdrung Ngawang Namgyel (a Buddhist teacher who unified Bhutan).

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Arriving into Paro we visit the National Museum, housed within the old watch tower Ta Dzong and perched on of a hilltop, overlooking the city. We continue to the famed Rinphung Dzong, the backdrop for the Hollywood film, Little Buddha. After lunch, we tour Kichu Lhakhang - one of the oldest temples in the Kingdom built in the 7th century, and lastly Duntse Lhakhang Temple. **Overnight - Paro** (B, L, D)

## Day 7 : Tiger's Nest Monastery



Tiger's Nest Monastery, officially Taktshang Pelphung Monastery is regarded as one of the most venerated and famous of Bhutan's monasteries. It is located on the face of a sheer 900m cliff above the floor of Paro Valley. Today, we embark on a scenic hike (approx. 4 -6 hours) to view this spectacular and unmissable sight. The monastery is only accessible by foot (you can ride a pony part of the way, but this must be arranged in advance by your guide). Once inside the Monastery, there are a temples to see and the monks that reside. After exploring the monastery, we retrace our steps and return to Paro.

This evening we enjoy a traditional Bhutanese dinner at a farm house, giving you the opportunity to interact with a local family and learn about the local cuisine of Bhutan.

**Overnight - Paro** (B, L, D)

## Day 8 : Paro



Wednesday 30 September 2020. Today, our holiday sadly concludes after breakfast. Bidding farewell to your fellow travellers, a departure transfer will take you to Paro airport to meet your onward flight.(B)

### HOTELS

Highlighted below are some of the hotels which we frequently use on this tour, though we reserve the right to substitute these hotels to ones of a similar standard.

**Please refer to your Tour Voucher for your confirmed arrival hotel and further arrival information.**

### Nak-Sel Boutique Hotel & Spa

The eco friendly and community based Naksel Boutique Hotel and Spa tastefully combines traditional Bhutanese design with the comforts of modern living. Guest rooms include queen size beds, hard wood flooring and delightful en suite facilities with under floor heating. The hotel is home to Olive restaurant which serves up a mouth watering array of Bhutanese, Indian, Asian and Western cuisine. The onsite bar - Chabchu is great for relaxing at in the evenings. For the adventurous try a glass of the local favourite, Ara, Bhutanese rice wine.



### Tashi Namgay Resort

Set amidst 5 acres of lush foliage, overlooking the beautiful Paro River, Tashi Namgay is a picturesque and peaceful resort

with an authentic Bhutanese ambience. The hotel offers 47 uniquely designed, spacious guest rooms, a modern gym, bar and spa where the traditional Bhutanese hot stone bath is not to be missed! Tashi Namgay is just 10 minutes drive from Paro Airport.



### Mo Chu River Camp

A short drive from Punakha, the Mo Chu River Premium Camp sit on the banks of the River Mo Chu. Our accommodation tonight is set up 8 kilometres from the centre of Punakha on the banks of the Mo Chu River. We camp in two man walk in tents (twin/double sharing), which include thick mattresses, all bedding and towels. A toilet tent is built for the evenings stay, as is a shower tent (with hot water!) and there is also the option to try out a traditional hot stone bath. There is a central area with space to relax around a camp fire and the cook team will create traditional Bhutanese meals which will be served in the dining tent.



### Hotel Migmar

Opened in 2010, Hotel Migmar is designed in classic Bhutanese style. Guest rooms are very colourful with wooden flooring and free wi-fi access. The hotel also has an onsite restaurant serving up a range of Asian cuisines, including Bhutanese and Indian. Those wishing to really relax whilst visiting should take advantage of the steam bath and meditation rooms that are available to guests. Located in the southern suburbs of Thimphu in a quiet neighbourhood.

# The Thimphu Festival 2020



## Ramada Valley Thimphu

Boasting an idyllic location on the banks of the Wang Chu River, Ramada Valley Thimphu is the perfect base for exploring Thimphu. Each spacious guestroom is tastefully decorated with elements of the local culture and features free WiFi and other modern amenities alongside large windows offering stunning views of the surrounding landscape. The guestrooms are complemented by a range of facilities including a spa and sauna, fitness centre, bar and riverside restaurant. Dine indoors or al fresco and enjoy a range of local Bhutanese and international dishes.



### PRICES / DATES 2020

Date	Twin Share	Single
23 Sep	ZAR 50,900	ZAR 64,800

### PRICES / DATES INFO

Departure dates noted with a 'G' are guaranteed to operate. All other departure dates are guaranteed with a minimum of 2 persons. Prices shown are per person when there are 2 persons sharing a room. The 'Single supplement' applies for single travellers who require their own room and needs to be added to the 'Per Person' price. If you are happy to be paired up with another single traveller of the same sex on your tour, this can be arranged provided there is another single traveller booked on the tour date of your choosing. If a roommate cannot be found the single room supplement will apply.

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